

# Untere Mensa

## Lunch

### 04. to 10.11.2024

For the digital meal plan with further details, scan the QR-Code!



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>GARDEN IN DER UNTEREN...</b>	<p><b>Red Thai curry, with tofu and vegetables, Basmati rice, coriander, menu salad or apple sauce</b></p> <p>6.10 / 9.00 / 13.00</p> <p>Icons: Allergy (wheat), No alcohol</p>	<p><b>Antipasti vegetables with mushrooms, curd alternative with chives, tomato roasted, menu salad or ap...</b></p> <p>6.10 / 9.00 / 13.00</p> <p>Icons: Allergy (wheat), No alcohol</p>	<p><b>Vegane Cevapcici, bulgur bell peppers, Ajvar, menu salad or apple sauce</b></p> <p>6.10 / 9.00 / 13.00</p> <p>Icons: No alcohol</p>	<p><b>«Mejadra», rice dish with lentils, and fried onions, soya yoghurt, menu salad or apple sauce</b></p> <p>6.10 / 9.00 / 13.00</p> <p>Icons: Allergy (soya), No alcohol</p>	<p><b>Chickpeas burger black bun, Cole Slaw, BBQ sauce, wedges</b></p> <p>6.10 / 9.00 / 13.00</p> <p>Icons: No alcohol</p>
<b>PURE ASIA IN DER UNTEREN...</b>	<p><b>Tikka Masala with planted and chickpeas, yoghurt, rice noodles, menu salad or apple sauce</b></p> <p>9.00 / 11.00 / 15.00</p> <p>Icons: Allergy (wheat), No alcohol</p>	<p><b>Tikka Masala with planted and chickpeas, yoghurt, rice noodles, menu salad or apple sauce</b></p> <p>9.00 / 11.00 / 15.00</p> <p>Icons: Allergy (wheat), No alcohol</p>	<p><b>Tikka Masala with planted and chickpeas, yoghurt, rice noodles, menu salad or apple sauce</b></p> <p>9.00 / 11.00 / 15.00</p> <p>Icons: Allergy (wheat), No alcohol</p>	<p><b>Tikka Masala with planted and chickpeas, yoghurt, rice noodles, menu salad or apple sauce</b></p> <p>9.00 / 11.00 / 15.00</p> <p>Icons: Allergy (wheat), No alcohol</p>	<p><b>Tikka Masala with planted and chickpeas, yoghurt, rice noodles, menu salad or apple sauce</b></p> <p>9.00 / 11.00 / 15.00</p> <p>Icons: Allergy (wheat), No alcohol</p>
<b>BUTCHER IN DER UNTEREN...</b>	<p><b>Grilled sausage, Pommes frites, leek, mustard</b></p> <p>7.50 / 10.50 / 15.00</p> <p>Icons: Allergy (wheat)</p>	<p><b>Chicken-Tajine with white beans, parsley couscous and raisins, cauliflower</b></p> <p>7.50 / 10.50 / 15.00</p> <p>Icons: Allergy (wheat), No alcohol</p>	<p><b>Sausage meat and puff pastry, mushroom sauce, rice, peas and carrots</b></p> <p>7.50 / 10.50 / 15.00</p> <p>Icons: Allergy (wheat)</p>	<p><b>Chicken wings, garlic dip, bread salad with tomato and onions, menu salad or apple sauce</b></p> <p>7.50 / 10.50 / 15.00</p> <p>Icons: Allergy (wheat), No alcohol</p>	<p><b>Beef Teriyaki with wok vegetables, noodles, Mischgemüse</b></p> <p>7.50 / 10.50 / 15.00</p> <p>Icons: Allergy (wheat), No alcohol</p>

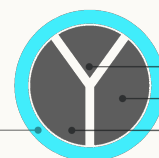
Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.



Discover the climate impact of meals...

#### Climate Impact

- High
- Medium
- Low



#### Balance

- Proteins
- Carbohydrates
- Vegetables & Fruits

...and identify balanced nutrition.