

Asyl- und Flüchtlingsbereich Zürich | Albisrieden

Abendverpflegung

20. to 26.10.2025

For the digital meal plan with further details, scan the QR-Code!



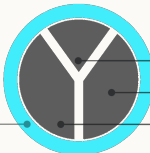
	Monday	Tuesday	Wednesday	Thursday	Friday
VEGI (ABEND)	Tages Frucht & Salat, «Luya- Lime-curry», Okara, Zucchini, Karotten, Blumenkohl, roter Reis	Tages Frucht & Salat, «Tandoori-To-fu», Linsenpfanne, Gemüse, Kartoffeln, Raita Sauce	Tages Frucht & Salat, «Curry Wurst vegan», Vegane Bratwurst, Berliner Currysauce, Kohlraben, Kartoffeln	Tages Frucht & Salat, «Gersten-suppe», Gemüsebrühe, Gerste, Vegan Beef, Gemüse,...	Tages Frucht & Salat, Quorn-schnitzel, mit Hollandaise-, überbacken, Gemüse-Kartof...
MENÜ (ABEND)		Tages Frucht & Salat, «ChickenTandoori», Gebackenes Poulet, Raita, Linsen, Gemüse, Kartoffeln	Tages Frucht & Salat, «Curry Wurst», Pouletbratwurst, Berliner Currysauce, Kohlraben, Kartoffeln	Tages Frucht & Salat, «Bündner Gerstensuppe», Mit Rind, Gemüse, Gersten, Rahm, Griessklöss...	Tages Frucht & Salat, Klieschenfilet, mit Hollandaise-, überbacken, Gemüse-Lyonner-, kartoffeln

Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.

Discover the climate impact of meals...

Climate Impact

- High
- Medium
- Low



Balance

- Proteins
- Carbohydrates
- Vegetables & Fruits

...and identify balanced nutrition.

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Saturday

Sunday

VEGI (ABEND)

Tages Frucht & Salat, «Tofu Sweet and Sour», Tofu, Gemüse, Süss – sauer Sauce, Basmati Reis



Tages Frucht & Salat, «Planted Gyros», Tomatenreis, Grillgemüse, Tzatziki Dip



MENÜ (ABEND)

Tages Frucht & Salat, «Sweet and Sour», Poulet, Gemüse, Süss – sauer Sauce, Basmati Reis



Tages Frucht & Salat, «Gyros», Poulet Gyros, Tomatenreis, Tzatziki, Grillgemüse

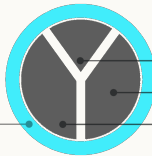


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