

# Ecole primaire et secondaire Avenches | Structures pré et parascolaire repas de midi 02. to 08.03.2026

For the digital meal plan with further details, scan the QR-Code!



	Monday	Tuesday	Wednesday	Thursday	Friday
Entrée	Salade du jour et céleri  ○ (High)    (Wheat) (Dairy)	Salade du jour et endives  ○ (High)    (Wheat) (Dairy)	Salade du jour et poivrons  ○ (High)    (Wheat) (Dairy)	Salade d'iceberg  ○ (High)    (Wheat) (Dairy)	Salade de tomate et mozzarella  ○ (High)    (Wheat)
Menu du jour	Tranche de porc, Boulgour, Romanesco  ○ (High)    (Dairy)	Crispy de tofu, Sauce cocktail, Pennes, Courgettes  ○ (Medium)    (Nuts) (Dairy)	Émincé de poulet au curry, Riz basmati, Tomate au four  ○ (High)    (Wheat) (Dairy)	Filet de lieu noir au four, Pommes nature, Carottes  ○ (Medium)    (Wheat) (Dairy)	Cornettes, Sauce bolognaise (pasta), Fromage râpé  ○ (Medium)
Dessert	Crème au chocolat  ○ (Medium)    (Wheat)	Raisin crêches, Donuts au chocolat parascolaire  ○ (Medium)	Yogourt au coulis de grenades  ○ (High)    (Wheat)	Salade d'ananas  ○ (Medium)    (Wheat) (Dairy)	Salade de fruits  ○ (Medium)    (Wheat) (Dairy)

Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.



Discover the climate impact of meals...

#### Climate Impact

- High
- Medium
- Low



#### Balance

- Proteins
- Carbohydrates
- Vegetables & Fruits

...and identify balanced nutrition.