

Grosse Schanze | SNVF Generalversammlung

SFNV-Generalversammlung

20. to 26.10.2025

For the digital meal plan with further details, scan the QR-Code!



MENU

TSATZIKI | FENNEL | PIN-
SA BREAD (VEGAN)
MISO | FENNEL | PIN-
SA BREAD (VEGAN)
KETCHUP | FERMENTED VEG...
ROOTS CHEESE PIE (VEGAN)
TARTE FLAMBÉE | UMA-
MI MICRO-GREENS (VEGAN)
CRO-GREENS (VEGAN)

Monday	Tuesday	Wednesday	Thursday	Friday
SFNV-Generalver- sammlung	SFNV-Generalver- sammlung	SFNV-Generalver- sammlung	SFNV-Generalver- sammlung	SFNV-Generalver- sammlung
   	   	   	   	   
Tarte flambée Uma- mi Micro-greens (ve- gan)	Tarte flambée Uma- mi Micro-greens (ve- gan)	Tarte flambée Uma- mi Micro-greens (ve- gan)	Tarte flambée Uma- mi Micro-greens (ve- gan)	Tarte flambée Uma- mi Micro-greens (ve- gan)
   	   	   	   	   
NewRoots Chäsküechli	NewRoots Chäsküechli	NewRoots Chäsküechli	NewRoots Chäsküechli	NewRoots Chäsküechli
				
Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse
   	   	   	   	   
Miso Blu- menkohlsuppe (veg- an)	Miso Blu- menkohlsuppe (veg- an)	Miso Blu- menkohlsuppe (veg- an)	Miso Blu- menkohlsuppe (veg- an)	Miso Blu- menkohlsuppe (veg- an)
   	   	   	   	   
Tzatziki, Fenchel, Pin- sa Bread (vegan)	Tzatziki, Fenchel, Pin- sa Bread (vegan)	Tzatziki, Fenchel, Pin- sa Bread (vegan)	Tzatziki, Fenchel, Pin- sa Bread (vegan)	Tzatziki, Fenchel, Pin- sa Bread (vegan)
   	   	   	   	   

Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.

Discover the
climate impact
of meals...

Climate Impact

- High
- Medium
- Low



Balance

- Proteins
- Carbohydrates
- Vegetables & Fruits

...and
identify
balanced
nutrition.

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MENU

TSATZIKI | FENNEL | PINSA BREAD (VEGAN)

SOUP | MISO | CAULIFLOWER (VEGAN)

ROOTS CHEESE PIE (VEGAN) | KETCHUP | FERMENTED VEG...

UMAMI MICRO-GREENS (VEGAN)

Saturday

Sunday

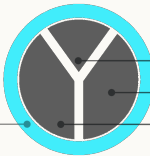
SFNV-Generversammlung	SFNV-Generversammlung
Tarte flambée Umami Micro-greens (vegan)	Tarte flambée Umami Micro-greens (vegan)
NewRoots Chäsküechli	NewRoots Chäsküechli
Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiertes Gemüse	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiertes Gemüse
Miso Blumenkohlsuppe (vegan)	Miso Blumenkohlsuppe (vegan)
Tzatziki, Fenchel, Pinsa Bread (vegan)	Tzatziki, Fenchel, Pinsa Bread (vegan)

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Salatvariation | Baked Potatoes | Autumn vegetables | Connies Ketchup (vegan) | Fusilli Yumame | Seitangulasch | Spätzli | Miso-Wirsing (vegan) | Dattel Snicker (vegan) | Hanfsamen Brownie

Monday

Salatvariation



Planted steak | Baked Potatoes | Autumn vegetables | Connies Ketchup (vegan)



Fusilli Yumame



Seitangulasch | Spätzli | Miso-Wirsing (vegan)



Dattel Snicker (vegan)



Hanfsamen Brownie



Tuesday

Salatvariation



Planted steak | Baked Potatoes | Autumn vegetables | Connies Ketchup (vegan)



Fusilli Yumame



Seitangulasch | Spätzli | Miso-Wirsing (vegan)



Dattel Snicker (vegan)



Hanfsamen Brownie



Wednesday

Salatvariation



Planted steak | Baked Potatoes | Autumn vegetables | Connies Ketchup (vegan)



Fusilli Yumame



Seitangulasch | Spätzli | Miso-Wirsing (vegan)



Dattel Snicker (vegan)



Hanfsamen Brownie



Thursday

Salatvariation



Planted steak | Baked Potatoes | Autumn vegetables | Connies Ketchup (vegan)



Fusilli Yumame



Seitangulasch | Spätzli | Miso-Wirsing (vegan)



Dattel Snicker (vegan)



Hanfsamen Brownie



Friday

Salatvariation



Planted steak | Baked Potatoes | Autumn vegetables | Connies Ketchup (vegan)



Fusilli Yumame



Seitangulasch | Spätzli | Miso-Wirsing (vegan)



Dattel Snicker (vegan)



Hanfsamen Brownie

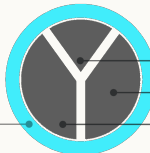


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Saturday

Sunday

Salatvariation | Baked Potatoes | Autumn vegetables | Con-nies Ketchup (vegan) | Fusilli Yumame | Seitangulasch | Spätzli | Miso-Wirsing | Dattel Snicker (vegan) | Hanfsamen Brownie

Salatvariation	   
Planted steak Baked Potatoes Autumn vegetables Con-nies Ketchup (vegan)	   
Fusilli Yumame	   
Seitangulasch Spätzli Miso-Wirsing (vegan)	   
Dattel Snicker (vegan)	   
Hanfsamen Brownie	   

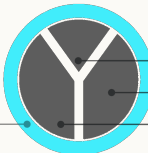
Salatvariation	   
Planted steak Baked Potatoes Autumn vegetables Con-nies Ketchup (vegan)	   
Fusilli Yumame	   
Seitangulasch Spätzli Miso-Wirsing (vegan)	   
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NEW ROOTS WHITE CHEESE VARIATIONS INCL. SWISS-MISO + NEW...

Monday

NewRoots Cheese + Swiss Miso (vegan)



Tuesday

NewRoots Cheese + Swiss Miso (vegan)



Wednesday

NewRoots Cheese + Swiss Miso (vegan)



Thursday

NewRoots Cheese + Swiss Miso (vegan)



Friday

NewRoots Cheese + Swiss Miso (vegan)



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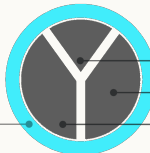
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Saturday

NewRoots Cheese + Swiss Miso (vegan)



Sunday

NewRoots Cheese + Swiss Miso (vegan)



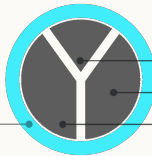
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