



|             | Monday   | Tuesday  | Wednesday   | Thursday   | Friday  |
|-------------|--|--|---|--|---|
| Frühstück   | Kaffee, Milch, Brot, Konfiture, Butter<br><br>5.10   | Kaffee, Milch, Brot, Konfiture, Butter<br><br>5.10   | Kaffee, Milch, Brot, Konfiture, Butter<br><br>5.10  | Kaffee, Milch, Brot, Konfiture, Butter<br><br>5.10   | Kaffee, Milch, Brot, Konfiture, Butter<br><br>5.10  |
| Vegi Mittag | Karotten Salat, Broccoli Nuggets, Salzkartoffelwürfel, Spinat<br><br>7.25     | Blattsalat, Soja Gemüse Gehacktes, Teigwaren, Reibkäse<br><br>7.25     | Gurken Salat, Quark-Spätzli-Gemüsepfanne<br><br>7.25                        | Blattsalat, Nordafrikanischer Eintopf, Pita Brot<br><br>7.25    | Maissalat, Tikka Masala Sauce, Falafel vegan, Couscous<br><br>7.25                 |
| Abend Vegi  | Tagesfrucht, To-fuwürfel, milde Curry Sauce, Trockenreis<br><br>7.25      | Tagesfrucht, Pflanzliche Bratwurst, Braten Sauce, Trockenreis, Gedünstete Bohnen<br><br>7.25      | Tagesfrucht, Bulgur Gemüse Patty, Salsa, Bulgur, Broccoli<br><br>7.25   | Tagesfrucht, Tomaten Sauce, Teigwaren<br><br>7.25         | Tagesfrucht, Green Mountain Balls, Tomaten Sauce, Trockenreis<br><br>7.25    |

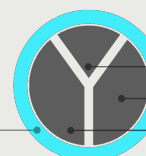
Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.






Discover the climate impact of meals...

#### Climate Impact

-  High
-  Medium
-  Low



#### Balance

-  Proteins
-  Carbohydrates
-  Vegetables & Fruits

...and identify balanced nutrition.



|             | Saturday  | Sunday   |
|-------------|---|--|
| Frühstück   | <p>Kaffee, Milch, Brot, Konfiture, Butter</p> <p>5.10</p>   | <p>Kaffee, Milch, Brot, Konfiture, Butter</p> <p>5.10</p>  |
| Vegi Mittag | <p>Blattsalat, Soja Geschnetzeltes Züri Style, Kartoffelgaletten</p> <p>7.25</p> <p></p> | <p>Randensalat, Äplermaggronen, Apfelmus</p> <p>7.25</p> <p></p>  |
| Abend Vegi  | <p>Tagesfrucht, Cannelloni Ricotta Spinat</p> <p>7.25</p> <p></p>                      | <p>Tagesfrucht, Linseneintopf mit, Kartoffeln, Sojabohnen, Kichererbsen, Kokossauce</p> <p>7.25</p> <p>  </p> |

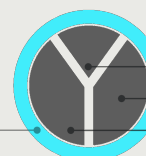
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

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