



	Monday	Tuesday	Wednesday	Thursday	Friday
Frühstück	Kaffee, Milch, Brot, Konfiture, Butter 5.10 	Kaffee, Milch, Brot, Konfiture, Butter 5.10 	Kaffee, Milch, Brot, Konfiture, Butter 5.10 	Kaffee, Milch, Brot, Konfiture, Butter 5.10 	Kaffee, Milch, Brot, Konfiture, Butter 5.10 
Vegi Mittag	Blattsalat, Luya Stroganoff, Trockenreis 7.25  	Blattsalat, Bohnen Eintopf, Weizentortilla 7.25  	Gurken Salat, Cannelloni Ricotta Spinat 7.25  	Karotten Salat, Linsen Reis Gericht, Joghurt Alternative Pfefferminze Dip, 30g / Port. 7.25    	Tagesfrucht, Pesto-Cremesauce, Teigwaren, Reibkäse 7.25  
Abend Vegi	Tagesfrucht, Linsen Tätschli, Braten Sauce, Kurkumareis, Buntes Gemüse 7.25    	Tagesfrucht, Gemüse Bolognaise, Spiralen Teigwaren, Reibkäse 7.25  	Tagesfrucht, Tofu Sweet & Sour, Trockenreis, Broccoli 7.25   	Tagesfrucht, Falafel Burger Patty, BBQ Sauce, Brätler Kartoffeln, Bohnen 7.25   	Blattsalat, Gebratener Tofu, Gemüse Schnitzel, vegan, Creme Sauce, vegan, Couscous,... 7.25   

Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.



Discover the climate impact of meals...

Climate Impact

-  High
-  Medium
-  Low



Balance

-  Proteins
-  Carbohydrates
-  Vegetables & Fruits

...and identify balanced nutrition.

Kantonaler Sozialdienst | Aarau

Tagesverpflegung

09. to 15.03.2026

For the digital meal plan with further details, scan the QR-Code!



Saturday

Sunday

Frühstück

Kaffee, Milch, Brot, Konfiture, Butter

Kaffee, Milch, Brot, Konfiture, Butter

5.10



5.10



Vegi Mittag

Tagesfrucht, Äplermaggronen, Apfelmus

Tagesfrucht, Broccoli Nuggets, Shakshuka Gemüse, Bulgur

7.25



7.25



Abend Vegi

Tagesfrucht, Green Mountain Balls, vegan, Curry Sauce vegan, Bulgur

Blattsalat, Linseneintopf mit, Kartoffeln, Sojabohnen, Kichererbsen, Kokossauce

7.25



7.25



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