

Kantonaler Sozialdienst | KSD Aargau

Tagesverpflegung

02. to 08.02.2026

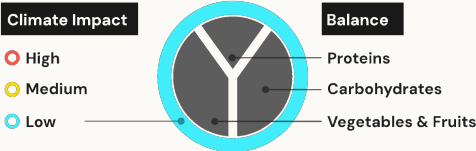
For the digital meal plan with further details, scan the QR-Code!



	Monday	Tuesday	Wednesday	Thursday	Friday
FRÜHSTÜCK	Kaffee, Milch, Brot, Konfiture, Butter	Kaffee, Milch, Brot, Konfiture, Butter	Kaffee, Milch, Brot, Konfiture, Butter	Kaffee, Milch, Brot, Konfiture, Butter	Kaffee, Milch, Brot, Konfiture, Butter
VEGI MITTAG	Tagesfrucht, Pflanzliche Wurst, Braten Sauce, Ofenkartoffeln, Karotten	Tagesfrucht, Pflanzliche Cevapcici, Ratatouille, Trockenreis	Tagesfrucht, Protaneo Streifen, Paprikasauce, Salzkartoffeln, Broccoli	Karotten Salat, Soja Gemüse Gehacktes, Hörnli Teigwaren, Reibkäse	Tagesfrucht, Kichererbsen Gemüse, Tikka Masala, Trockenreis, Blattspinat
MENÜ MITTAG	Tagesfrucht, Geflügel Fleischkäse, Braten Sauce, Ofenkartoffeln, Karotten	Tagesfrucht, Lamm & Rindfleisch, Cevapcici, Ratatouille, Trockenreis	Tagesfrucht, Trutenragout, Paprikasauce, Salzkartoffeln, Broccoli	Karotten Salat, Rinds Gehacktes, Hörnli Teigwaren, Reibkäse	Tagesfrucht, Poulet Schenkel, Tikka Masala, Trockenreis, Blattspinat
ABEND VEGI	Bohnen Salat, Gebackene Gnocchi, Tomaten, Mozzarella, Hartkäse	Blattsalat, Tofu Wurzelgemüse Gulasch, Krawättli Teigwaren	Blattsalat, Aloo Gobi, Kichererbsen, Gemüse Eintopf, Trockenreis	Tagesfrucht, Gemüse, Kräuter, Kartoffel Frittata	Blattsalat, Orecchiette Teigwaren, Broccoli, Erbsen, Alfredo Käse Sauce

Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.

Discover the climate impact of meals...



...and identify balanced nutrition.

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	Saturday	Sunday
FRÜHSTÜCK	Kaffee, Milch, Brot, Konfiture, Butter	Kaffee, Milch, Brot, Konfiture, Butter
VEGI MITTAG	Tagesfrucht, Veganes Burger Patty, Senfsauce, Kartoffelstock, Rotkraut	Tagesfrucht, Tofu Ragout, milde Curry Sauce, Trockenreis, Bohnen Gemüse
MENÜ MITTAG	Tagesfrucht, Geflügel Bratwurst, Senfsauce, Kartoffelstock, Rotkraut	Tagesfrucht, Pangasius Ragout, milde Curry Sauce, Trockenreis, Bohnen Gemüse
ABEND VEGI	Blattsalat, Gemüse Kichererbsen Ragout, Bulgur	Gurken Salat, Farfalle Gemüse Gratin

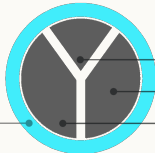
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Discover the climate impact of meals...

Climate Impact

- High
- Medium
- Low



Balance

- Proteins
- Carbohydrates
- Vegetables & Fruits

...and identify balanced nutrition.