

# Kantonaler Sozialdienst | KSD Aargau

## Tagesverpflegung

02. to 08.03.2026

For the digital meal plan with further details, scan the QR-Code!



	Monday	Tuesday	Wednesday	Thursday	Friday
Frühstück	Kaffee, Milch, Brot, Konfiture, Butter	Kaffee, Milch, Brot, Konfiture, Butter	Kaffee, Milch, Brot, Konfiture, Butter	Kaffee, Milch, Brot, Konfiture, Butter	Kaffee, Milch, Brot, Konfiture, Butter
Vegi Mittag	Blattsalat, Linsen Dal Tarka, Trockenreis  	Tagesfrucht, Gemüse Kichererbsen Ragout, Pita Brot  	Tagesfrucht, Süsskartoffel Tätschli, Bohnen Gemüse Chili  	Blattsalat, Luya Stroganoff, Trockenreis  	Blattsalat, Orecchiette Teigwaren, Broccoli, Erbsen, Alfredo Käse Sauce  
Menü Abend	Tagesfrucht, Lamm & Rindfleisch, Cevapcici, Ratatouille, Trockenreis  	Bohnen Salat, Thon Tomaten Sauce, Penne Teigwaren  	Karotten Salat, Rinds Gehacktes, Hörnli Teigwaren, Reibkäse  	Tagesfrucht, Geglügel Fleischkäse, Braten Sauce, Ofenkartoffeln,...  	Tagesfrucht, Poulet Schenkel, Tikka Masala, Trockenreis, Blattspinat  
Vegi Abend	Tagesfrucht, Pflanzliche Cevapcici, Ratatouille, Trockenreis  	Bohnen Salat, Tomaten Sauce, Penne Teigwaren  	Karotten Salat, Soja Gemüse Gehacktes, Hörnli Teigwaren, Reibkäse  	Tagesfrucht, Pflanzliche Wurst, Braten Sauce, Ofenkartoffeln, Karotten  	Tagesfrucht, Kichererbsen Gemüse, Tikka Masala, Trockenreis, Blattspinat  

Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.



Discover the climate impact of meals...

### Climate Impact

- High
- Medium
- Low



### Balance

- Proteins
- Carbohydrates
- Vegetables & Fruits

...and identify balanced nutrition.



#### Saturday

#### Sunday

Frühstück

Kaffee, Milch, Brot, Konfiture, Butter

Kaffee, Milch, Brot, Konfiture, Butter

Vegi Mittag

Gurken Salat, Farfalle Gemüse Gratin

Blattsalat, Aloo Gobi, Kichererbsen, Gemüse Eintopf, Trockenreis



Menü Abend

Tagesfrucht, Geflügel Bratwurst, Senfsauce, Kartoffelstock, Rotkraut

Tagesfrucht, Lasagne Rind Bolognese



Vegi Abend

Tagesfrucht, Veganes Burger Patty, Senfsauce, Kartoffelstock, Rotkraut

Tagesfrucht, Lasagne Gemüse



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