

Kantonaler Sozialdienst | KSD Aargau

Tagesverpflegung

23. to 28.03.2026

For the digital meal plan with further details, scan the QR-Code!



	Monday	Tuesday	Wednesday	Thursday	Friday
Frühstück	Kaffee, Milch, Brot, Konfiture, Butter 	Kaffee, Milch, Brot, Konfiture, Butter 	Kaffee, Milch, Brot, Konfiture, Butter 	Kaffee, Milch, Brot, Konfiture, Butter 	Kaffee, Milch, Brot, Konfiture, Butter 
Vegi Mittag	Karotten Salat, Couscous mit Gemüse   	Tagesfrucht, Nordafrikanischer Eintopf, Pita Brot   	Tagesfrucht, Süsskartoffel Tätschli, Bohnen Gemüse Chili   	Blattsalat, Luya Stroganoff, Trockenreis   	Tagesfrucht, Tomaten-Paprika-Sugo, Teigwaren  
Menü Abend	Blattsalat, Nasi Goreng Poulet  	Tagesfrucht, Rind Meatballs, Tomaten Sauce, Trockenreis   	Karotten Salat, Rinds Gehacktes, Teigwaren, Reibkäse 	Tagesfrucht, Lachscremesauce, Teigwaren  	Tagesfrucht, Geflügel Bratkügel, Creme Sauce, Trockenreis, Erbsen & Karotten   
Vegi Abend	Blattsalat, Canneloni Ricotta Spinat  	Tagesfrucht, Green Mountain Balls, Tomaten Sauce, Trockenreis   	Karotten Salat, Soja Gemüse Gehacktes, Teigwaren, Reibkäse  	Tagesfrucht, Vegane Lachscremesauce, Teigwaren   	Tagesfrucht, Quorn Geschnetzeltes Creme Sauce, Trockenreis, Erbsen & Karotten    

Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.



Discover the climate impact of meals...

Climate Impact

-  High
-  Medium
-  Low



Balance

-  Proteins
-  Carbohydrates
-  Vegetables & Fruits

...and identify balanced nutrition.

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Saturday

Sunday

Frühstück

Kaffee, Milch, Brot, Konfiture, Butter



Kaffee, Milch, Brot, Konfiture, Butter



Vegi Mittag

Gurken Salat, Spätzli Gemüse Pfanne



Äplermagronen, Randen Hüttenkäse Apfel Salat, Port. a 120g



Menü Abend

Tagesfrucht, Poulet Ragout, Rosmarinsauce, Bratkartoffeln, Broccoli



Tagesfrucht, Kalbs Hacksteak, Paprikasauce, Trockenreis, Bohnen



Vegi Abend

Tagesfrucht, Bulgur Gemüse Patty, Rosmarinsauce, Bratkartoffeln, Broccoli



Tagesfrucht, Linsen Tätschli, Paprika Sauce, Trockenreis, Bohnen



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