




























RTS Ecublens | RTS Ecublens

Menu du midi

25. to 31.05.2026

For the digital meal plan with further details, scan the QR-Code!



	Monday	Tuesday	Wednesday	Thursday	Friday
Urban	<p>Lundi de Pentecôte</p> <p>9.75 / 12.75</p> <p> </p>	<p>Curry de pois chiches, Riz basmati, Brocolis</p> <p>9.75 / 12.75</p> <p>   </p>	<p>Tofu Sweet and Sour, Port. à 310g, Reismnudeln mit Gemüse und Teriyaki Sauce, Edamame (unreife...</p> <p>9.75 / 12.75</p> <p>  </p>	<p>Gemüse Lasagne, Federkohl Salat Mango, roh mariniert</p> <p>9.75 / 12.75</p> <p> </p>	<p>Galette de lentilles, Patates douces cuites au four, Salade d'endives</p> <p>9.75 / 12.75</p> <p>   </p>
Bistro		<p>Boulettes de boeuf, Orge aux fines herbes, Carottes glacées</p> <p>14.60 / 16.60</p> <p></p>	<p>Cuisse de poulet «Tandoori», Griess mit Oregano gekocht, Zucchini grün</p> <p>14.60 / 16.60</p> <p></p>	<p>Penne Nature vegan, Sauce aux champignons (sans crème), Speck Würfel gebraten,...</p> <p>12.75 / 14.75</p> <p></p>	
Global		<p>Doraden Filet, Bratkartoffeln Brätler, Wurzel Gemüse geröstet, Tomaten rot</p> <p>16.00 / 18.00</p> <p>  </p>	<p>Kalbs Haxen geschmort (Osso bucco), Port. 260g, Ecrasée de pomme de terre, Bohnen grün...</p> <p>18.00 / 20.00</p> <p></p>	<p>Filet de saumon, Riz jasmin, Pak Choi / Senfkohl</p> <p>16.00 / 18.00</p> <p>  </p>	<p>Filet de plie, Pommes vapeur, Epinard à la crème</p> <p>16.00 / 18.00</p> <p> </p>

Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.






Discover the climate impact of meals...

Climate Impact

-  High
-  Medium
-  Low



Balance

-  Proteins
-  Carbohydrates
-  Vegetables & Fruits

...and identify balanced nutrition.