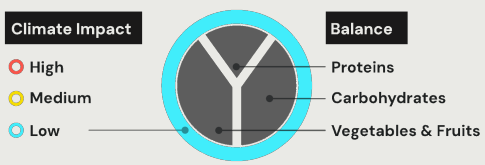
Campus St.-Georgen-Platz | ZHAW Restaurant Grüner Saal
Mittagsverpflegung
19. to 25.01.2026

For the digital meal plan with further details, scan the QR-Code!

	Monday	Tuesday	Wednesday	Thursday	Friday
Plants Adeline	Karamellisiertes Auberginenragout, Blattspinat 2.00 / 2.50 / 3.70	Rosenkohl, Grüne Bohnen 2.00 / 2.50 / 3.70	Wokgemüse, Karotten 2.00 / 2.50 / 3.70	Broccoli, Blumenkohl 2.00 / 2.50 / 3.70	Mais, Erbsen und Karotten 2.00 / 2.50 / 3.70
Exquisite Adeline	Jasmin Reis, Butternudeln 2.00 / 2.50 / 3.70	Bratkartoffeln, Spätzli 2.00 / 2.50 / 3.70	Kartoffelstock, Jasmin Reis 2.00 / 2.50 / 3.70	Basmati Reis, Orecchiette 2.00 / 2.50 / 3.70	Jasmin Reis, Kartoffel Wedges 2.00 / 2.50 / 3.70
Fun Cooking	9.60 / 11.10 / 16.60	9.60 / 11.10 / 16.60	9.60 / 11.10 / 16.60	9.60 / 11.10 / 16.60	9.60 / 11.10 / 16.60
Proteine	Pouletgeschnetzeltes "Zürcher Art", Tofu Geschnetzeltes "Zürcher Art" 2.00 / 2.50 / 3.70	Seitan "Ungarische Art", Poulet "Ungarische Art" 2.00 / 2.50 / 3.70	Boeuf Bourguignon, Pad kra pao 2.00 / 2.50 / 3.70	Poulet-Gemüsecurry, «Pasta ai Funghi» 2.00 / 2.50 / 3.70	Tempura Blumenkohl, Teriyaki Sauce, Chili con Carne 2.00 / 2.50 / 3.70
Exquisite	Pouletgeschnetzeltes "Zürcher Art", Butternudeln, Blattspinat 11.60 / 13.10 / 18.60	Schweins Cordon Bleu, Zitronenschnitz, Bratkartoffeln, Grüne Bohnen 11.60 / 13.10 / 18.60	Boeuf Bourguignon, Kartoffelstock 11.60 / 13.10 / 18.60	Rotes Gemüsecurry, Poulet, Basmati Kurkuma Reis 11.60 / 13.10 / 18.60	Pulled Cheeseburger, Jalapenos, Kartoffel Wedges, Cole Slaw 11.60 / 13.10 / 18.60

Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.

Discover the climate impact of meals...



...and identify balanced nutrition.

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Add on 1	Low Carb Gemüsepfanne, Pouletschenkel 4.50 / 6.00	Schweins Cordon Bleu, Zitronenschnitz 4.50 / 6.00	Frühlingsrollen, Mungobohnen Sprossen, Sweet Chili Sauce 4.50 / 6.00	Currywurst Berliner Art, Züri Bürli 4.50 / 6.00	Pulled Cheeseburger 4.50 / 6.00

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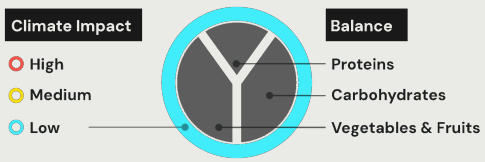

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	Monday	Tuesday	Wednesday	Thursday	Friday
Suppe	Gemüsecreme-suppe 3.80 / 4.80	Gemüsecreme-suppe 3.80 / 4.80	Gemüsecreme-suppe 3.80 / 4.80	Gemüsecreme-suppe 3.80 / 4.80	Gemüsecreme-suppe 3.80 / 4.80
Plants & More	Karamellisiertes Auberginen Ragout, Jasmin Reis, Sesam 7.60 / 9.10 / 14.60	Seitanstreifen, «Ungarische Art», Paprika, la Fraîche, gebratene Spätzli, Rosenkohl, Cipolotti 7.60 / 9.10 / 14.60	«Pad kra pao», Jasminreis, Koriander und Erbsensprossen 7.60 / 9.10 / 14.60	«Pasta ai Funghi», Orecchiette mit Kürbis, Champignons, Wirz, Rucola & gerösteten, Baum-... 7.60 / 9.10 / 14.60	Tempura Blumenkohl, Teriyaki Chilisauce, Jasmin Reis, Wilder Broccoli 7.60 / 9.10 / 14.60
Add on 2	Chefs Choice 4.50 / 6.00	Chefs Choice 4.50 / 6.00	Chefs Choice 4.50 / 6.00	Chefs Choice 4.50 / 6.00	Chefs Choice 4.50 / 6.00

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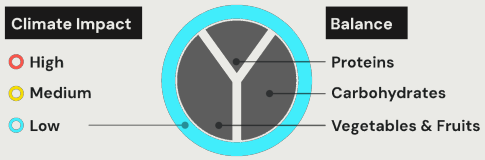

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