

Grosse Schanze | SNVF Generalversammlung

SFNV-Generalversammlung

30.12.13 to 05.01.2014

For the digital meal plan with further details, scan the QR-Code!



Menu

Tarte flambée I Umami Micro-greens (vegan)

New Roots Cheese Pie

Luya Bites I Daikon I New Roots Cheese Pie I Fermented Vegetables

Miso Soup I Cauliflower

Tzatziki I Fennel I Pilsa Bread (vegan)

Monday	Tuesday	Wednesday	Thursday	Friday
SFNV-Generalversammlung	SFNV-Generalversammlung	SFNV-Generalversammlung	SFNV-Generalversammlung	SFNV-Generalversammlung
Tarte flambée I Umami Micro-greens (vegan)	Tarte flambée I Umami Micro-greens (vegan)	Tarte flambée I Umami Micro-greens (vegan)	Tarte flambée I Umami Micro-greens (vegan)	Tarte flambée I Umami Micro-greens (vegan)
NewRoots Chäsküechli	NewRoots Chäsküechli	NewRoots Chäsküechli	NewRoots Chäsküechli	NewRoots Chäsküechli
Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse
Miso Blumenkohlsuppe (vegan)	Miso Blumenkohlsuppe (vegan)	Miso Blumenkohlsuppe (vegan)	Miso Blumenkohlsuppe (vegan)	Miso Blumenkohlsuppe (vegan)
Tzatziki, Fenchel, Pinsa Bread (vegan)	Tzatziki, Fenchel, Pinsa Bread (vegan)	Tzatziki, Fenchel, Pinsa Bread (vegan)	Tzatziki, Fenchel, Pinsa Bread (vegan)	Tzatziki, Fenchel, Pinsa Bread (vegan)

Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.

Discover the climate impact of meals...

Climate Impact

- High
- Medium
- Low



Balance

- Proteins
- Carbohydrates
- Vegetables & Fruits

...and identify balanced nutrition.

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Saturday		Sunday	
Menu SFNV-Generalversammlung Tarte flambée I Umami Micro-greens (vegan) NewRoots Chäsküechli Luya Bites I Daikon I New Roots Cheese Pie (vegan) Luya Bites I Daikon I Jalapeno Ketchup I Fermented Vegetables Miso Blumenkohlsuppe (vegan) Tzatziki I Fennel I Pilsa Bread (vegan)	SFNV-Generalversammlung	SFNV-Generalversammlung	
	Low	Low	Low
	Tarte flambée I Umami Micro-greens (vegan)	Tarte flambée I Umami Micro-greens (vegan)	
	Low	Low	Low
	NewRoots Chäsküechli	NewRoots Chäsküechli	
	Medium	Medium	
	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiertes Gemüse	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiertes Gemüse	
	Medium	Medium	Low
	Miso Blumenkohlsuppe (vegan)	Miso Blumenkohlsuppe (vegan)	
	Low	Low	Low
	Tzatziki, Fenchel, Pinsa Bread (vegan)	Tzatziki, Fenchel, Pinsa Bread (vegan)	
	Low	Low	Low

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Sauce
Baked potatoes | Mixed Salads | Breadcrumbs
Autumn vegetables...
Yumame | Knoblauch | Spätzli | Miso-Würstchen
Fusilli | Miso-Würstchen
Dattel Snicker (vegan)
Brownie | hemp

Monday	Tuesday	Wednesday	Thursday	Friday
Salatvariation    	Salatvariation    	Salatvariation    	Salatvariation    	Salatvariation    
Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan)    	Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan)    	Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan)    	Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan)    	Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan)    
Fusilli Yumame    	Fusilli Yumame    	Fusilli Yumame    	Fusilli Yumame    	Fusilli Yumame    
Seitangulasch Spätzli Miso-Würstchen (vegan)    	Seitangulasch Spätzli Miso-Würstchen (vegan)    	Seitangulasch Spätzli Miso-Würstchen (vegan)    	Seitangulasch Spätzli Miso-Würstchen (vegan)    	Seitangulasch Spätzli Miso-Würstchen (vegan)    
Dattel Snicker (vegan)    	Dattel Snicker (vegan)    	Dattel Snicker (vegan)    	Dattel Snicker (vegan)    	Dattel Snicker (vegan)    
Hanfsamen Brownie    	Hanfsamen Brownie    	Hanfsamen Brownie    	Hanfsamen Brownie    	Hanfsamen Brownie    

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Brembeesauce | Mixed Salads | Baked potatoes | Autumn vegetables...
 Yumame | Yumame | Kürbis (vegan) | Kürbis (vegan) | Miso-Wirsing
 Spätzli | Spätzli | Dattel Snicker (vegan) | Dattel Snicker (vegan) | Hanfsamen Brownie

Saturday

Sunday

Salatvariation



Planted steak | Baked Potatoes | Autumn vegetables | Con-nies Ketchup (vegan)



Fusilli Yumame



Seitangulasch | Spätzli | Miso-Wirsing (vegan)



Dattel Snicker (vegan)



Hanfsamen Brownie



Salatvariation



Planted steak | Baked Potatoes | Autumn vegetables | Con-nies Ketchup (vegan)



Fusilli Yumame



Seitangulasch | Spätzli | Miso-Wirsing (vegan)



Dattel Snicker (vegan)



Hanfsamen Brownie



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New Roots white cheese variations incl. Swiss-Miso +...

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NewRoots Cheese + Swiss Miso (vegan)	NewRoots Cheese + Swiss Miso (vegan)	NewRoots Cheese + Swiss Miso (vegan)	NewRoots Cheese + Swiss Miso (vegan)	NewRoots Cheese + Swiss Miso (vegan)

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Saturday

Sunday

New Roots white cheese variations incl. Swiss-Miso +...

NewRoots Cheese + Swiss Miso (vegan)



NewRoots Cheese + Swiss Miso (vegan)

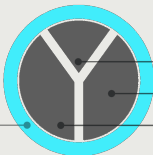


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