

Grosse Schanze | SNVF Generalversammlung

SFNV-Generalversammlung

02. to 08.03.2037

For the digital meal plan with further details, scan the QR-Code!



	Monday	Tuesday	Wednesday	Thursday	Friday
Menu	SFNV-Generalversammlung	SFNV-Generalversammlung	SFNV-Generalversammlung	SFNV-Generalversammlung	SFNV-Generalversammlung
Tarte flambée I Umami Micro-greens (vegan)	Tarte flambée I Umami Micro-greens (vegan)	Tarte flambée I Umami Micro-greens (vegan)	Tarte flambée I Umami Micro-greens (vegan)	Tarte flambée I Umami Micro-greens (vegan)	Tarte flambée I Umami Micro-greens (vegan)
NewRoots Chäsküechli	NewRoots Chäsküechli	NewRoots Chäsküechli	NewRoots Chäsküechli	NewRoots Chäsküechli	NewRoots Chäsküechli
Luya Bites I Daikon I NewRoots Cheese Pie (vegan)	Luya Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse	Luya Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse	Luya Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse	Luya Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse	Luya Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse
Miso I Cauliflower soup (vegan)	Miso Blumenkohlsuppe (vegan)	Miso Blumenkohlsuppe (vegan)	Miso Blumenkohlsuppe (vegan)	Miso Blumenkohlsuppe (vegan)	Miso Blumenkohlsuppe (vegan)
Tzatziki I Fennel I Pinsabrot (vegan)	Tzatziki, Fenchel, Pinsabrot (vegan)	Tzatziki, Fenchel, Pinsabrot (vegan)	Tzatziki, Fenchel, Pinsabrot (vegan)	Tzatziki, Fenchel, Pinsabrot (vegan)	Tzatziki, Fenchel, Pinsabrot (vegan)

Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.

Discover the climate impact of meals...

Climate Impact

- High
- Medium
- Low



Balance

- Proteins
- Carbohydrates
- Vegetables & Fruits

...and identify balanced nutrition.

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Saturday		Sunday	
Menu SFNV-Generalversammlung Tarte flambée I Umami Micro-greens (vegan) NewRoots Chäsküechli Luya Bites I Daikon I NewRoots Cheese Pie (vegan) Jalapeno Ketchup I Fermented Vegetables Miso Blumenkohlsuppe (vegan) Tzatziki I Fennel I Pilsa Bread (vegan)	SFNV-Generalversammlung	SFNV-Generalversammlung	
	Tarte flambée I Umami Micro-greens (vegan)	Tarte flambée I Umami Micro-greens (vegan)	
	NewRoots Chäsküechli	NewRoots Chäsküechli	
	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiertes Gemüse	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiertes Gemüse	
	Miso Blumenkohlsuppe (vegan)	Miso Blumenkohlsuppe (vegan)	
	Tzatziki, Fenchel, Pinsa Bread (vegan)	Tzatziki, Fenchel, Pinsa Bread (vegan)	

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	Monday	Tuesday	Wednesday	Thursday	Friday
Sauce Baked potatoes Mixed Salads I Breunbee Plant ed steak Baked potatoes Autumn vegetables Connies Ketchup (vegan) Fusilli Yumame Seitangulasch Spätzli Miso-Wirsing (vegan) Dattel Snicker (vegan) Brownie hemp	Salatvariation Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan) Fusilli Yumame Seitangulasch Spätzli Miso-Wirsing (vegan) Dattel Snicker (vegan) Hanfsamen Brownie	Salatvariation Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan) Fusilli Yumame Seitangulasch Spätzli Miso-Wirsing (vegan) Dattel Snicker (vegan) Hanfsamen Brownie	Salatvariation Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan) Fusilli Yumame Seitangulasch Spätzli Miso-Wirsing (vegan) Dattel Snicker (vegan) Hanfsamen Brownie	Salatvariation Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan) Fusilli Yumame Seitangulasch Spätzli Miso-Wirsing (vegan) Dattel Snicker (vegan) Hanfsamen Brownie	Salatvariation Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan) Fusilli Yumame Seitangulasch Spätzli Miso-Wirsing (vegan) Dattel Snicker (vegan) Hanfsamen Brownie

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Brembeesauce | Mixed Salads | Baked potatoes | Autumn vegetables...
Yumame | Yumame | Kürbis (vegan) | Kürbis (vegan) | Miso-Wirsing
Seitangulasch | Spätzli | Dattel Snicker (vegan) | Hanfsamen Brownie

Saturday

Sunday

Salatvariation



Planted steak | Baked Potatoes | Autumn vegetables | Con-nies Ketchup (vegan)



Fusilli Yumame



Seitangulasch | Spätzli | Miso-Wirsing (vegan)



Dattel Snicker (vegan)



Hanfsamen Brownie



Salatvariation



Planted steak | Baked Potatoes | Autumn vegetables | Con-nies Ketchup (vegan)



Fusilli Yumame



Seitangulasch | Spätzli | Miso-Wirsing (vegan)



Dattel Snicker (vegan)



Hanfsamen Brownie



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New Roots white cheese variations incl. Swiss-Miso +...

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NewRoots Cheese + Swiss Miso (vegan)	NewRoots Cheese + Swiss Miso (vegan)	NewRoots Cheese + Swiss Miso (vegan)	NewRoots Cheese + Swiss Miso (vegan)	NewRoots Cheese + Swiss Miso (vegan)

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Saturday

Sunday

New Roots white cheese variations incl. Swiss-Miso +...

NewRoots Cheese + Swiss Miso (vegan)



NewRoots Cheese + Swiss Miso (vegan)



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