

Grosse Schanze | SNVF Generalversammlung

SFNV-Generalversammlung

05. to 11.03.2057

For the digital meal plan with further details, scan the QR-Code!



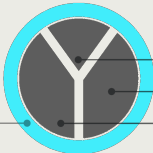
	Monday	Tuesday	Wednesday	Thursday	Friday
Menu	SFNV-Generalversammlung	SFNV-Generalversammlung	SFNV-Generalversammlung	SFNV-Generalversammlung	SFNV-Generalversammlung
Tarte flambée I Umami Micro-greens (vegan)	Tarte flambée I Umami Micro-greens (vegan)	Tarte flambée I Umami Micro-greens (vegan)	Tarte flambée I Umami Micro-greens (vegan)	Tarte flambée I Umami Micro-greens (vegan)	Tarte flambée I Umami Micro-greens (vegan)
NewRoots Chäsküechli	NewRoots Chäsküechli	NewRoots Chäsküechli	NewRoots Chäsküechli	NewRoots Chäsküechli	NewRoots Chäsküechli
Luya Bites I Daikon I New Roots Cheese Pie (vegan)	Luya Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse	Luya Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse	Luya Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse	Luya Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse	Luya Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse
Miso soup (vegan)	Miso Blumenkohlsuppe (vegan)	Miso Blumenkohlsuppe (vegan)	Miso Blumenkohlsuppe (vegan)	Miso Blumenkohlsuppe (vegan)	Miso Blumenkohlsuppe (vegan)
Tzatziki I Fennel I Pinsa Bread (vegan)	Tzatziki, Fenchel, Pinsa Bread (vegan)	Tzatziki, Fenchel, Pinsa Bread (vegan)	Tzatziki, Fenchel, Pinsa Bread (vegan)	Tzatziki, Fenchel, Pinsa Bread (vegan)	Tzatziki, Fenchel, Pinsa Bread (vegan)

Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.

Discover the climate impact of meals...

Climate Impact

- High
- Medium
- Low



Balance

- Proteins
- Carbohydrates
- Vegetables & Fruits

...and identify balanced nutrition.

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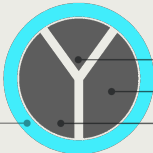
Saturday		Sunday	
Menu	SFNV-Generalversammlung	SFNV-Generalversammlung	
	Tarte flambée I Umami Micro-greens (vegan)		Tarte flambée I Umami Micro-greens (vegan)
	NewRoots Chäsküechli		NewRoots Chäsküechli
Luya Bites I Daikon I New Roots Cheese Pie (vegan) Tarte flambée I Umami Micro-greens (vegan) an) Luya Bites I Daikon I New Roots Cheese Pie (vegan) Jalapeno Ketchup I Fermented Vegetables Miso soup (vegan) Cauliflower Tzatziki I Fennel I PinSwiss Miso I Pilsa Bread (vegan)	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiertes Gemüse		Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiertes Gemüse
	Miso Blumenkohlsuppe (vegan)		Miso Blumenkohlsuppe (vegan)
	Tzatziki, Fenchel, Pinsa Bread (vegan)		Tzatziki, Fenchel, Pinsa Bread (vegan)

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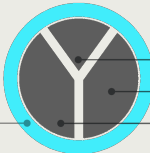
	Monday	Tuesday	Wednesday	Thursday	Friday
Sauce Baked potatoes Mixed Salads I Bremebee Plant ed steak Baked potatoes Autumn vegetables Connies Ketchup (vegan) Fusilli Yumame Seitangulasch Spätzli Miso-Wirsing (vegan) Dattel Snicker (vegan) Brownie hemp	Salatvariation Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan) Fusilli Yumame Seitangulasch Spätzli Miso-Wirsing (vegan) Dattel Snicker (vegan) Hanfsamen Brownie	Salatvariation Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan) Fusilli Yumame Seitangulasch Spätzli Miso-Wirsing (vegan) Dattel Snicker (vegan) Hanfsamen Brownie	Salatvariation Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan) Fusilli Yumame Seitangulasch Spätzli Miso-Wirsing (vegan) Dattel Snicker (vegan) Hanfsamen Brownie	Salatvariation Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan) Fusilli Yumame Seitangulasch Spätzli Miso-Wirsing (vegan) Dattel Snicker (vegan) Hanfsamen Brownie	Salatvariation Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan) Fusilli Yumame Seitangulasch Spätzli Miso-Wirsing (vegan) Dattel Snicker (vegan) Hanfsamen Brownie

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Brembeesauce | Mixed Salads | Baked potatoes | Autumn vegetables...
Yumame | Yumame | Kürbis (vegan) | Kürbis (vegan) | Miso-Wirsing
Spätzli | Spätzli | Dattel Snicker (vegan) | Dattel Snicker (vegan) | Hanfsamen Brownie

Saturday

Sunday

Salatvariation



Planted steak | Baked Potatoes | Autumn vegetables | Con-nies Ketchup (vegan)



Fusilli Yumame



Seitangulasch | Spätzli | Miso-Wirsing (vegan)



Dattel Snicker (vegan)



Hanfsamen Brownie



Salatvariation



Planted steak | Baked Potatoes | Autumn vegetables | Con-nies Ketchup (vegan)



Fusilli Yumame



Seitangulasch | Spätzli | Miso-Wirsing (vegan)



Dattel Snicker (vegan)



Hanfsamen Brownie

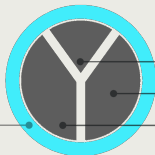


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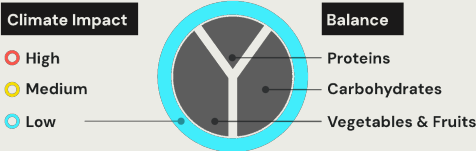


New Roots white cheese variations incl. Swiss-Miso +...

Monday	Tuesday	Wednesday	Thursday	Friday
NewRoots Cheese + Swiss Miso (vegan)	NewRoots Cheese + Swiss Miso (vegan)	NewRoots Cheese + Swiss Miso (vegan)	NewRoots Cheese + Swiss Miso (vegan)	NewRoots Cheese + Swiss Miso (vegan)

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Saturday

Sunday

New Roots white cheese variations incl. Swiss-Miso +...

NewRoots Cheese + Swiss Miso (vegan)



NewRoots Cheese + Swiss Miso (vegan)

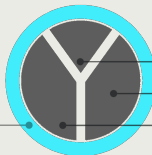


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