

Grosse Schanze | SNVF Generalversammlung

SFNV-Generalversammlung

15. to 21.04.1991

For the digital meal plan with further details, scan the QR-Code!



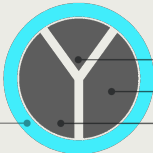
	Monday	Tuesday	Wednesday	Thursday	Friday
Menu	SFNV-Generalversammlung	SFNV-Generalversammlung	SFNV-Generalversammlung	SFNV-Generalversammlung	SFNV-Generalversammlung
	<div><div></div><div></div><div></div><div></div></div>	<div><div></div><div></div><div></div><div></div></div>	<div><div></div><div></div><div></div><div></div></div>	<div><div></div><div></div><div></div><div></div></div>	<div><div></div><div></div><div></div><div></div></div>
Tarte flambée I Umami Micro-greens (vegan)	Tarte flambée I Umami Micro-greens (vegan)	Tarte flambée I Umami Micro-greens (vegan)	Tarte flambée I Umami Micro-greens (vegan)	Tarte flambée I Umami Micro-greens (vegan)	Tarte flambée I Umami Micro-greens (vegan)
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NewRoots Chäsküechli	NewRoots Chäsküechli	NewRoots Chäsküechli	NewRoots Chäsküechli	NewRoots Chäsküechli	NewRoots Chäsküechli
	<div><div></div></div>	<div><div></div></div>	<div><div></div></div>	<div><div></div></div>	<div><div></div></div>
Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse
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Miso Blumenkohlsuppe (vegan)	Miso Blumenkohlsuppe (vegan)	Miso Blumenkohlsuppe (vegan)	Miso Blumenkohlsuppe (vegan)	Miso Blumenkohlsuppe (vegan)	Miso Blumenkohlsuppe (vegan)
	<div><div></div><div></div><div></div><div></div></div>	<div><div></div><div></div><div></div><div></div></div>	<div><div></div><div></div><div></div><div></div></div>	<div><div></div><div></div><div></div><div></div></div>	<div><div></div><div></div><div></div><div></div></div>
Tzatziki, Fenchel, Pinsa Bread (vegan)	Tzatziki, Fenchel, Pinsa Bread (vegan)	Tzatziki, Fenchel, Pinsa Bread (vegan)	Tzatziki, Fenchel, Pinsa Bread (vegan)	Tzatziki, Fenchel, Pinsa Bread (vegan)	Tzatziki, Fenchel, Pinsa Bread (vegan)
	<div><div></div><div></div><div></div><div></div></div>	<div><div></div><div></div><div></div><div></div></div>	<div><div></div><div></div><div></div><div></div></div>	<div><div></div><div></div><div></div><div></div></div>	<div><div></div><div></div><div></div><div></div></div>

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Discover the climate impact of meals...

Climate Impact

- High
- Medium
- Low



Balance

- Proteins
- Carbohydrates
- Vegetables & Fruits

...and identify balanced nutrition.

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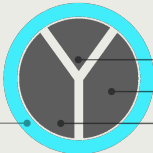
Saturday		Sunday	
Menu	SFNV-Generalversammlung	SFNV-Generalversammlung	
	<div> <div></div> <div> <div></div> <div></div> <div></div> </div> </div>		<div> <div></div> <div> <div></div> <div></div> <div></div> </div> </div>
	Tarte flambée I Umami Micro-greens (vegan)		Tarte flambée I Umami Micro-greens (vegan)
	<div> <div></div> <div> <div></div> <div></div> <div></div> </div> </div>		<div> <div></div> <div> <div></div> <div></div> <div></div> </div> </div>
	NewRoots Chäsküechli		NewRoots Chäsküechli
	<div> <div></div> </div>		<div> <div></div> </div>
Luya Bites I Daikon I New Roots Cheese Pie (vegan) Tarte flambée I Umami Micro-greens (vegan) an) Luya Bites I Daikon I New Roots Cheese Pie (vegan) Jalapeno Ketchup I Fermented Vegetables Cauliflower soup (vegan) Tzatziki I Fennel I PinSwiss Miso I Pilsa Bread (vegan)	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiertes Gemüse		Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiertes Gemüse
	<div> <div></div> <div> <div></div> <div></div> <div></div> </div> </div>		<div> <div></div> <div> <div></div> <div></div> <div></div> </div> </div>
	Miso Blumenkohlsuppe (vegan)		Miso Blumenkohlsuppe (vegan)
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	Tzatziki, Fenchel, Pinsa Bread (vegan)		Tzatziki, Fenchel, Pinsa Bread (vegan)
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Sauce
Baked potatoes | Mixed Salads | Breadcrumbs
Autumn vegetables...
Yumame | Knoblauch | Spätzli | Miso-Würstchen
Fusilli | Spätzli | Miso-Würstchen
Seitangulasch (vegan) | Dattel Snicker (vegan) | Hanfsamen Brownie

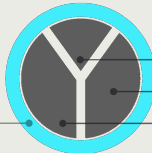
Monday	Tuesday	Wednesday	Thursday	Friday
Salatvariation <div> <div></div> <div></div> <div></div> <div></div> </div>	Salatvariation <div> <div></div> <div></div> <div></div> <div></div> </div>	Salatvariation <div> <div></div> <div></div> <div></div> <div></div> </div>	Salatvariation <div> <div></div> <div></div> <div></div> <div></div> </div>	Salatvariation <div> <div></div> <div></div> <div></div> <div></div> </div>
Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan) <div> <div></div> <div></div> <div></div> <div></div> </div>	Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan) <div> <div></div> <div></div> <div></div> <div></div> </div>	Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan) <div> <div></div> <div></div> <div></div> <div></div> </div>	Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan) <div> <div></div> <div></div> <div></div> <div></div> </div>	Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan) <div> <div></div> <div></div> <div></div> <div></div> </div>
Fusilli Yumame <div> <div></div> <div></div> <div></div> <div></div> </div>	Fusilli Yumame <div> <div></div> <div></div> <div></div> <div></div> </div>	Fusilli Yumame <div> <div></div> <div></div> <div></div> <div></div> </div>	Fusilli Yumame <div> <div></div> <div></div> <div></div> <div></div> </div>	Fusilli Yumame <div> <div></div> <div></div> <div></div> <div></div> </div>
Seitangulasch Spätzli Miso-Würstchen (vegan) <div> <div></div> <div></div> <div></div> <div></div> </div>	Seitangulasch Spätzli Miso-Würstchen (vegan) <div> <div></div> <div></div> <div></div> <div></div> </div>	Seitangulasch Spätzli Miso-Würstchen (vegan) <div> <div></div> <div></div> <div></div> <div></div> </div>	Seitangulasch Spätzli Miso-Würstchen (vegan) <div> <div></div> <div></div> <div></div> <div></div> </div>	Seitangulasch Spätzli Miso-Würstchen (vegan) <div> <div></div> <div></div> <div></div> <div></div> </div>
Dattel Snicker (vegan) <div> <div></div> <div></div> <div></div> <div></div> </div>	Dattel Snicker (vegan) <div> <div></div> <div></div> <div></div> <div></div> </div>	Dattel Snicker (vegan) <div> <div></div> <div></div> <div></div> <div></div> </div>	Dattel Snicker (vegan) <div> <div></div> <div></div> <div></div> <div></div> </div>	Dattel Snicker (vegan) <div> <div></div> <div></div> <div></div> <div></div> </div>
Hanfsamen Brownie <div> <div></div> <div></div> <div></div> <div></div> </div>	Hanfsamen Brownie <div> <div></div> <div></div> <div></div> <div></div> </div>	Hanfsamen Brownie <div> <div></div> <div></div> <div></div> <div></div> </div>	Hanfsamen Brownie <div> <div></div> <div></div> <div></div> <div></div> </div>	Hanfsamen Brownie <div> <div></div> <div></div> <div></div> <div></div> </div>

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Brembeesauce | Mixed Salads | Baked potatoes | Autumn vegetables...
Yumame | Yumame | Kürbis (vegan) | Kürbis (vegan) | Miso-Wirsing
Spätzli | Spätzli | Dattel Snicker (vegan) | Dattel Snicker (vegan) | Hanfsamen Brownie

Saturday

Salatvariation



Planted steak | Baked Potatoes | Autumn vegetables | Con-nies Ketchup (vegan)



Fusilli Yumame



Seitangulasch | Spätzli | Miso-Wirsing (vegan)



Dattel Snicker (vegan)



Hanfsamen Brownie



Sunday

Salatvariation



Planted steak | Baked Potatoes | Autumn vegetables | Con-nies Ketchup (vegan)



Fusilli Yumame



Seitangulasch | Spätzli | Miso-Wirsing (vegan)



Dattel Snicker (vegan)



Hanfsamen Brownie



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New Roots white cheese variations incl. Swiss-Miso +...

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<div><div></div><div></div><div></div><div></div></div>	<div><div></div><div></div><div></div><div></div></div>	<div><div></div><div></div><div></div><div></div></div>	<div><div></div><div></div><div></div><div></div></div>	<div><div></div><div></div><div></div><div></div></div>

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New Roots white cheese variations incl. Swiss-Miso +...

Saturday

NewRoots Cheese + Swiss Miso (vegan)



Sunday

NewRoots Cheese + Swiss Miso (vegan)



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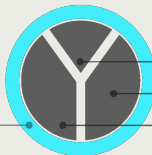
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