

Grosse Schanze | SNVF Generalversammlung SFNV-Generalversammlung 18. to 24.04.2016

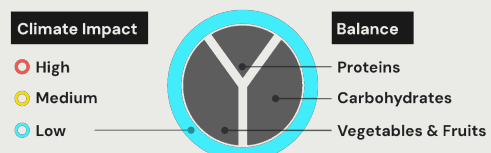
For the digital meal plan with further details, scan the QR-Code!



	Monday	Tuesday	Wednesday	Thursday	Friday
Menu	SFNV-Generalver-sammlung ○ 🌿 🍷 🚫🥛	SFNV-Generalver-sammlung ○ 🌿 🍷 🚫🥛	SFNV-Generalver-sammlung ○ 🌿 🍷 🚫🥛	SFNV-Generalver-sammlung ○ 🌿 🍷 🚫🥛	SFNV-Generalver-sammlung ○ 🌿 🍷 🚫🥛
Tarte flambée I Uma-mi Micro-greens (vegan)	Tarte flambée I Uma-mi Micro-greens (vegan) ○ 🌱 🍷 🚫🥛	Tarte flambée I Uma-mi Micro-greens (vegan) ○ 🌱 🍷 🚫🥛	Tarte flambée I Uma-mi Micro-greens (vegan) ○ 🌱 🍷 🚫🥛	Tarte flambée I Uma-mi Micro-greens (vegan) ○ 🌱 🍷 🚫🥛	Tarte flambée I Uma-mi Micro-greens (vegan) ○ 🌱 🍷 🚫🥛
NewRoots Cheese Pie (vegetarian)	NewRoots Chäsküechli ○	NewRoots Chäsküechli ○	NewRoots Chäsküechli ○	NewRoots Chäsküechli ○	NewRoots Chäsküechli ○
Luya Bites I Daikon I New Roots Jalapeno Ketchup I Fermented Vegetables	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiertes Gemüse ○ 🌿 🍷 🚫🥛	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiertes Gemüse ○ 🌿 🍷 🚫🥛	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiertes Gemüse ○ 🌿 🍷 🚫🥛	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiertes Gemüse ○ 🌿 🍷 🚫🥛	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiertes Gemüse ○ 🌿 🍷 🚫🥛
Miso Cauliflower soup (vegan)	Miso Blumenkohlsuppe (vegan) ○ 🌱 🍷 🚫🥛	Miso Blumenkohlsuppe (vegan) ○ 🌱 🍷 🚫🥛	Miso Blumenkohlsuppe (vegan) ○ 🌱 🍷 🚫🥛	Miso Blumenkohlsuppe (vegan) ○ 🌱 🍷 🚫🥛	Miso Blumenkohlsuppe (vegan) ○ 🌱 🍷 🚫🥛
Tzatziki I Fennel I Pinsa Bread (vegan)	Tzatziki, Fenchel, Pinsa Bread (vegan) ○ 🌿 🍷 🚫🥛	Tzatziki, Fenchel, Pinsa Bread (vegan) ○ 🌿 🍷 🚫🥛	Tzatziki, Fenchel, Pinsa Bread (vegan) ○ 🌿 🍷 🚫🥛	Tzatziki, Fenchel, Pinsa Bread (vegan) ○ 🌿 🍷 🚫🥛	Tzatziki, Fenchel, Pinsa Bread (vegan) ○ 🌿 🍷 🚫🥛

Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.

**Discover the
climate impact
of meals...**



**...and
identify
balanced
nutrition.**

Grosse Schanze | SNVF Generalversammlung

SFNV-Generalversammlung

18. to 24.04.2016

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Menu

SFNV-Generalversammlung

Tarte flambée I Umami Micro-greens (vegan)

NewRoots Chäsküechli

Luya Bites I Daikon I New Roots Cheese Pie (vegan)

Luya Bites I Daikon I New Roots Cheese Pie (vegan)

Miso Blumenkohlsuppe (vegan)

Tzatziki I Fenchel I Pinsa Bread (vegan)

Saturday

Sunday

SFNV-Generalversammlung



Tarte flambée I Umami Micro-greens (vegan)



NewRoots Chäsküechli



Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiertes Gemüse



Miso Blumenkohlsuppe (vegan)



Tzatziki, Fenchel, Pinsa Bread (vegan)



SFNV-Generalversammlung



Tarte flambée I Umami Micro-greens (vegan)



NewRoots Chäsküechli



Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiertes Gemüse



Miso Blumenkohlsuppe (vegan)



Tzatziki, Fenchel, Pinsa Bread (vegan)



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Discover the climate impact of meals...

Climate Impact

- High
- Medium
- Low



Balance

- Proteins
- Carbohydrates
- Vegetables & Fruits

...and identify balanced nutrition.

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Sauce
Baked potatoes | Mixed Salads | Breadcrumbs
Autumn vegetables...
Yumame | Knoblauch | Spätzli | Miso-Würstchen
Fusilli | Miso-Würstchen
Dattel Snicker (vegan)
Brownie | hemp

Monday	Tuesday	Wednesday	Thursday	Friday
Salatvariation 	Salatvariation 	Salatvariation 	Salatvariation 	Salatvariation
Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan) 	Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan) 	Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan) 	Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan) 	Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan)
Fusilli Yumame 	Fusilli Yumame 	Fusilli Yumame 	Fusilli Yumame 	Fusilli Yumame
Seitangulasch Spätzli Miso-Würstchen (vegan) 	Seitangulasch Spätzli Miso-Würstchen (vegan) 	Seitangulasch Spätzli Miso-Würstchen (vegan) 	Seitangulasch Spätzli Miso-Würstchen (vegan) 	Seitangulasch Spätzli Miso-Würstchen (vegan)
Dattel Snicker (vegan) 	Dattel Snicker (vegan) 	Dattel Snicker (vegan) 	Dattel Snicker (vegan) 	Dattel Snicker (vegan)
Hanfsamen Brownie 	Hanfsamen Brownie 	Hanfsamen Brownie 	Hanfsamen Brownie 	Hanfsamen Brownie

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Brembeesauce | Mixed Salads | Baked potatoes | Autumn vegetables...
Yumame | Yumame | Knoblauch | Yumame | Yumame | Yumame | Yumame | Yumame
Fusilli | Fusilli | Miso-Wirsing | Miso-Wirsing | Miso-Wirsing | Miso-Wirsing
Dattel Snicker (vegan) | Dattel Snicker (vegan) | Dattel Snicker (vegan) | Dattel Snicker (vegan)
hemp | hemp | hemp | hemp

Saturday

Salatvariation



Planted steak | Baked Potatoes | Autumn vegetables | Con-nies Ketchup (vegan)



Fusilli Yumame



Seitangulasch | Spätzli | Miso-Wirsing (vegan)



Dattel Snicker (vegan)



Hanfsamen Brownie



Sunday

Salatvariation



Planted steak | Baked Potatoes | Autumn vegetables | Con-nies Ketchup (vegan)



Fusilli Yumame



Seitangulasch | Spätzli | Miso-Wirsing (vegan)



Dattel Snicker (vegan)



Hanfsamen Brownie



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New Roots white cheese variations incl. Swiss-Miso +...

Monday

NewRoots Cheese + Swiss Miso (vegan)



Tuesday

NewRoots Cheese + Swiss Miso (vegan)



Wednesday

NewRoots Cheese + Swiss Miso (vegan)



Thursday

NewRoots Cheese + Swiss Miso (vegan)



Friday

NewRoots Cheese + Swiss Miso (vegan)



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Saturday

Sunday

New Roots white cheese variations incl. Swiss-Miso +...

NewRoots Cheese + Swiss Miso (vegan)



NewRoots Cheese + Swiss Miso (vegan)



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