

Grosse Schanze | SNVF Generalversammlung

SFNV-Generalversammlung

18. to 24.04.2061

For the digital meal plan with further details, scan the QR-Code!



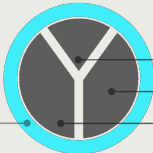
	Monday	Tuesday	Wednesday	Thursday	Friday
Menu	SFNV-Generalversammlung	SFNV-Generalversammlung	SFNV-Generalversammlung	SFNV-Generalversammlung	SFNV-Generalversammlung
	<div><div></div><div></div><div></div><div></div></div>	<div><div></div><div></div><div></div><div></div></div>	<div><div></div><div></div><div></div><div></div></div>	<div><div></div><div></div><div></div><div></div></div>	<div><div></div><div></div><div></div><div></div></div>
Tarte flambée I Umami Micro-greens (vegan)	Tarte flambée I Umami Micro-greens (vegan)	Tarte flambée I Umami Micro-greens (vegan)	Tarte flambée I Umami Micro-greens (vegan)	Tarte flambée I Umami Micro-greens (vegan)	Tarte flambée I Umami Micro-greens (vegan)
	<div><div></div><div></div><div></div><div></div></div>	<div><div></div><div></div><div></div><div></div></div>	<div><div></div><div></div><div></div><div></div></div>	<div><div></div><div></div><div></div><div></div></div>	<div><div></div><div></div><div></div><div></div></div>
NewRoots Chäsküechli	NewRoots Chäsküechli	NewRoots Chäsküechli	NewRoots Chäsküechli	NewRoots Chäsküechli	NewRoots Chäsküechli
	<div><div></div></div>	<div><div></div></div>	<div><div></div></div>	<div><div></div></div>	<div><div></div></div>
Luya Bites I Daikon I New Roots Cheese Pie (vegan)	Luya Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse	Luya Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse	Luya Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse	Luya Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse	Luya Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse
	<div><div></div><div></div><div></div><div></div></div>	<div><div></div><div></div><div></div><div></div></div>	<div><div></div><div></div><div></div><div></div></div>	<div><div></div><div></div><div></div><div></div></div>	<div><div></div><div></div><div></div><div></div></div>
Miso soup (vegan)	Miso Blumenkohlsuppe (vegan)	Miso Blumenkohlsuppe (vegan)	Miso Blumenkohlsuppe (vegan)	Miso Blumenkohlsuppe (vegan)	Miso Blumenkohlsuppe (vegan)
	<div><div></div><div></div><div></div><div></div></div>	<div><div></div><div></div><div></div><div></div></div>	<div><div></div><div></div><div></div><div></div></div>	<div><div></div><div></div><div></div><div></div></div>	<div><div></div><div></div><div></div><div></div></div>
Tzatziki I Fennel I Pinsa Bread (vegan)	Tzatziki, Fenchel, Pinsa Bread (vegan)	Tzatziki, Fenchel, Pinsa Bread (vegan)	Tzatziki, Fenchel, Pinsa Bread (vegan)	Tzatziki, Fenchel, Pinsa Bread (vegan)	Tzatziki, Fenchel, Pinsa Bread (vegan)
	<div><div></div><div></div><div></div><div></div></div>	<div><div></div><div></div><div></div><div></div></div>	<div><div></div><div></div><div></div><div></div></div>	<div><div></div><div></div><div></div><div></div></div>	<div><div></div><div></div><div></div><div></div></div>

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Discover the climate impact of meals...

Climate Impact

- High
- Medium
- Low



Balance

- Proteins
- Carbohydrates
- Vegetables & Fruits

...and identify balanced nutrition.

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Menu
Tarte flambée I Umami Micro-greens (vegan)
NewRoots Chäsküechli
Luya Bites I Daikon I NewRoots Cheese Pie (vegan)
Jalapeno Ketchup I Fermented Vegetables
Miso I Cauliflower soup (vegan)
Tzatziki I Fennel I Pinsa Bread (vegan)

Saturday

Sunday

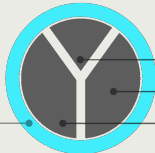
SFNV-Generalversammlung	SFNV-Generalversammlung
   	   
Tarte flambée I Umami Micro-greens (vegan)	Tarte flambée I Umami Micro-greens (vegan)
   	   
NewRoots Chäsküechli	NewRoots Chäsküechli
	
Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiertes Gemüse	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiertes Gemüse
   	   
Miso Blumenkohlsuppe (vegan)	Miso Blumenkohlsuppe (vegan)
   	   
Tzatziki, Fenchel, Pinsa Bread (vegan)	Tzatziki, Fenchel, Pinsa Bread (vegan)
   	   

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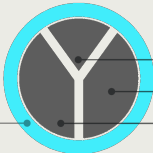
	Monday	Tuesday	Wednesday	Thursday	Friday
<div> <div>Sauce</div> <div>Baked potatoes</div> <div>Mixed Salads</div> <div>I Breunbees</div> <div>Plant Potatoes</div> <div>Autumn vegetables</div> <div>Connies</div> <div>Ketchup (vegan)</div> <div>Fusilli</div> <div>Yumame</div> <div>Seitangulasch</div> <div>Spätzli</div> <div>Miso-Wirsing</div> <div>Dattel Snicker (vegan)</div> <div>Hanfsamen Brownie</div> </div>	<div>Salatvariation</div> <div> <div></div> <div></div> <div></div> <div></div> </div> <div> Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan) </div> <div> <div></div> <div></div> <div></div> <div></div> </div> <div>Fusilli Yumame</div> <div> <div></div> <div></div> <div></div> <div></div> </div> <div>Seitangulasch Spätzli Miso-Wirsing (vegan)</div> <div> <div></div> <div></div> <div></div> <div></div> </div> <div>Dattel Snicker (vegan)</div> <div> <div></div> <div></div> <div></div> <div></div> </div> <div>Hanfsamen Brownie</div> <div> <div></div> <div></div> <div></div> <div></div> </div>	<div>Salatvariation</div> <div> <div></div> <div></div> <div></div> <div></div> </div> <div> Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan) </div> <div> <div></div> <div></div> <div></div> <div></div> </div> <div>Fusilli Yumame</div> <div> <div></div> <div></div> <div></div> <div></div> </div> <div>Seitangulasch Spätzli Miso-Wirsing (vegan)</div> <div> <div></div> <div></div> <div></div> <div></div> </div> <div>Dattel Snicker (vegan)</div> <div> <div></div> <div></div> <div></div> <div></div> </div> <div>Hanfsamen Brownie</div> <div> <div></div> <div></div> <div></div> <div></div> </div>	<div>Salatvariation</div> <div> <div></div> <div></div> <div></div> <div></div> </div> <div> Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan) </div> <div> <div></div> <div></div> <div></div> <div></div> </div> <div>Fusilli Yumame</div> <div> <div></div> <div></div> <div></div> <div></div> </div> <div>Seitangulasch Spätzli Miso-Wirsing (vegan)</div> <div> <div></div> <div></div> <div></div> <div></div> </div> <div>Dattel Snicker (vegan)</div> <div> <div></div> <div></div> <div></div> <div></div> </div> <div>Hanfsamen Brownie</div> <div> <div></div> <div></div> <div></div> <div></div> </div>	<div>Salatvariation</div> <div> <div></div> <div></div> <div></div> <div></div> </div> <div> Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan) </div> <div> <div></div> <div></div> <div></div> <div></div> </div> <div>Fusilli Yumame</div> <div> <div></div> <div></div> <div></div> <div></div> </div> <div>Seitangulasch Spätzli Miso-Wirsing (vegan)</div> <div> <div></div> <div></div> <div></div> <div></div> </div> <div>Dattel Snicker (vegan)</div> <div> <div></div> <div></div> <div></div> <div></div> </div> <div>Hanfsamen Brownie</div> <div> <div></div> <div></div> <div></div> <div></div> </div>	<div>Salatvariation</div> <div> <div></div> <div></div> <div></div> <div></div> </div> <div> Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan) </div> <div> <div></div> <div></div> <div></div> <div></div> </div> <div>Fusilli Yumame</div> <div> <div></div> <div></div> <div></div> <div></div> </div> <div>Seitangulasch Spätzli Miso-Wirsing (vegan)</div> <div> <div></div> <div></div> <div></div> <div></div> </div> <div>Dattel Snicker (vegan)</div> <div> <div></div> <div></div> <div></div> <div></div> </div> <div>Hanfsamen Brownie</div> <div> <div></div> <div></div> <div></div> <div></div> </div>

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Brembeesauce | Mixed Salads | Baked potatoes | Autumn vegetables...
Yumame | Yumame | Kürbis (vegan) | Kürbis (vegan) | Miso-Wirsing
Spätzli | Spätzli | Dattel Snicker (vegan) | Dattel Snicker (vegan) | Hanfsamen Brownie

Saturday

Sunday

Salatvariation



Planted steak | Baked Potatoes | Autumn vegetables | Con-nies Ketchup (vegan)



Fusilli Yumame



Seitangulasch | Spätzli | Miso-Wirsing (vegan)



Dattel Snicker (vegan)



Hanfsamen Brownie



Salatvariation



Planted steak | Baked Potatoes | Autumn vegetables | Con-nies Ketchup (vegan)



Fusilli Yumame



Seitangulasch | Spätzli | Miso-Wirsing (vegan)



Dattel Snicker (vegan)



Hanfsamen Brownie

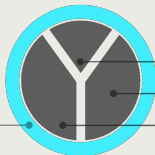


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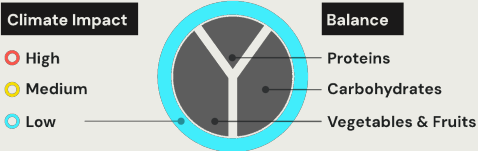


New Roots white cheese variations incl. Swiss-Miso +...

Monday	Tuesday	Wednesday	Thursday	Friday
NewRoots Cheese + Swiss Miso (vegan)	NewRoots Cheese + Swiss Miso (vegan)	NewRoots Cheese + Swiss Miso (vegan)	NewRoots Cheese + Swiss Miso (vegan)	NewRoots Cheese + Swiss Miso (vegan)
   	   	   	   	   

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New Roots white cheese variations incl. Swiss-Miso +...

Saturday

NewRoots Cheese + Swiss Miso (vegan)



Sunday

NewRoots Cheese + Swiss Miso (vegan)

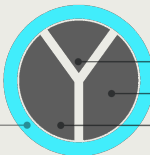


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