

# Grosse Schanze | SNVF Generalversammlung

## SFNV-Generalversammlung

### 07. to 13.01.2008

For the digital meal plan with further details, scan the QR-Code!



|                                                          | Monday                                                   | Tuesday                                                  | Wednesday                                                | Thursday                                                 | Friday                                                   |
|----------------------------------------------------------|----------------------------------------------------------|----------------------------------------------------------|----------------------------------------------------------|----------------------------------------------------------|----------------------------------------------------------|
| Menu                                                     | SFNV-Generalversammlung                                  | SFNV-Generalversammlung                                  | SFNV-Generalversammlung                                  | SFNV-Generalversammlung                                  | SFNV-Generalversammlung                                  |
|                                                          |                                                          |                                                          |                                                          |                                                          |                                                          |
|                                                          |                                                          |                                                          |                                                          |                                                          |                                                          |
|                                                          |                                                          |                                                          |                                                          |                                                          |                                                          |
|                                                          |                                                          |                                                          |                                                          |                                                          |                                                          |
| Tarte flambée I Umami Micro-greens (vegan)               | Tarte flambée I Umami Micro-greens (vegan)               | Tarte flambée I Umami Micro-greens (vegan)               | Tarte flambée I Umami Micro-greens (vegan)               | Tarte flambée I Umami Micro-greens (vegan)               | Tarte flambée I Umami Micro-greens (vegan)               |
|                                                          |                                                          |                                                          |                                                          |                                                          |                                                          |
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|                                                          |                                                          |                                                          |                                                          |                                                          |                                                          |
|                                                          |                                                          |                                                          |                                                          |                                                          |                                                          |
| NewRoots Chäsküechli                                     | NewRoots Chäsküechli                                     | NewRoots Chäsküechli                                     | NewRoots Chäsküechli                                     | NewRoots Chäsküechli                                     | NewRoots Chäsküechli                                     |
|                                                          |                                                          |                                                          |                                                          |                                                          |                                                          |
|                                                          |                                                          |                                                          |                                                          |                                                          |                                                          |
|                                                          |                                                          |                                                          |                                                          |                                                          |                                                          |
|                                                          |                                                          |                                                          |                                                          |                                                          |                                                          |
| Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse | Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse | Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse | Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse | Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse | Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse |
|                                                          |                                                          |                                                          |                                                          |                                                          |                                                          |
|                                                          |                                                          |                                                          |                                                          |                                                          |                                                          |
|                                                          |                                                          |                                                          |                                                          |                                                          |                                                          |
|                                                          |                                                          |                                                          |                                                          |                                                          |                                                          |
| Miso Blumenkohlsuppe (vegan)                             | Miso Blumenkohlsuppe (vegan)                             | Miso Blumenkohlsuppe (vegan)                             | Miso Blumenkohlsuppe (vegan)                             | Miso Blumenkohlsuppe (vegan)                             | Miso Blumenkohlsuppe (vegan)                             |
|                                                          |                                                          |                                                          |                                                          |                                                          |                                                          |
|                                                          |                                                          |                                                          |                                                          |                                                          |                                                          |
|                                                          |                                                          |                                                          |                                                          |                                                          |                                                          |
|                                                          |                                                          |                                                          |                                                          |                                                          |                                                          |
| Tzatziki, Fenchel, Pinsa Bread (vegan)                   | Tzatziki, Fenchel, Pinsa Bread (vegan)                   | Tzatziki, Fenchel, Pinsa Bread (vegan)                   | Tzatziki, Fenchel, Pinsa Bread (vegan)                   | Tzatziki, Fenchel, Pinsa Bread (vegan)                   | Tzatziki, Fenchel, Pinsa Bread (vegan)                   |
|                                                          |                                                          |                                                          |                                                          |                                                          |                                                          |
|                                                          |                                                          |                                                          |                                                          |                                                          |                                                          |
|                                                          |                                                          |                                                          |                                                          |                                                          |                                                          |
|                                                          |                                                          |                                                          |                                                          |                                                          |                                                          |

Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.

Discover the climate impact of meals...

Climate Impact

- High
- Medium
- Low



Balance

- Proteins
- Carbohydrates
- Vegetables & Fruits

...and identify balanced nutrition.

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| Saturday                                                                                                                                                                                                                                                        |                                                  | Sunday                                           |                                                  |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------|--------------------------------------------------|--------------------------------------------------|
| Menu<br><br>SFNV-Generalversammlung<br><br>Tarte flambée I Umami Micro-greens (vegan)<br><br>NewRoots Chäsküechli<br><br>Luya Bites I Daikon I New Roots Cheese Pie (vegan)<br><br>Miso Blumenkohlsuppe (vegan)<br><br>Tzatziki I Fenchel I Pinsa Bread (vegan) | <div> <div></div> <div></div> <div></div> </div> | <div> <div></div> <div></div> <div></div> </div> | <div> <div></div> <div></div> <div></div> </div> |
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|                                                                                                                                                                                                                                                                  | Monday                                                                                                                                                                                                                                                                                                                                                                       | Tuesday                                                                                                                                                                                                                                                                                                                                                                      | Wednesday                                                                                                                                                                                                                                                                                                                                                                    | Thursday                                                                                                                                                                                                                                                                                                                                                                           | Friday                                                                                                                                                                                                                                                                                                                                                                             |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Brewbee<br>Sauce<br>Baked potatoes<br>Mixed Salads<br>I Autumn vegetables...<br>toes I Autumn vegetables...<br>Yumame   Knoblauch<br>Fusilli   Spätzli<br>Miso-Wirsing<br>Seitangulasch   Spätzli<br>Miso-Wirsing<br>Dattel Snicker (vegan)<br>Hanfsamen Brownie | <div>Salatvariation</div> <div><div></div><div></div></div>                                                               | <div>Salatvariation</div> <div><div></div><div></div></div>                                                               | <div>Salatvariation</div> <div><div></div><div></div></div>                                                               | <div>Salatvariation</div> <div><div></div><div></div></div>                                                               | <div>Salatvariation</div> <div><div></div><div></div></div>                                                               |
|                                                                                                                                                                                                                                                                  | <div>Planted steak   Baked Potatoes   Autumn vegetables   Connies Ketchup (vegan)</div> <div><div></div><div></div></div> | <div>Planted steak   Baked Potatoes   Autumn vegetables   Connies Ketchup (vegan)</div> <div><div></div><div></div></div> | <div>Planted steak   Baked Potatoes   Autumn vegetables   Connies Ketchup (vegan)</div> <div><div></div><div></div></div> | <div>Planted steak   Baked Potatoes   Autumn vegetables   Connies Ketchup (vegan)</div> <div><div></div><div></div></div> | <div>Planted steak   Baked Potatoes   Autumn vegetables   Connies Ketchup (vegan)</div> <div><div></div><div></div></div> |
|                                                                                                                                                                                                                                                                  | <div>Fusilli Yumame</div> <div><div></div><div></div></div>                                                         | <div>Fusilli Yumame</div> <div><div></div><div></div></div>                                                         | <div>Fusilli Yumame</div> <div><div></div><div></div></div>                                                         | <div>Fusilli Yumame</div> <div><div></div><div></div></div>                                                         | <div>Fusilli Yumame</div> <div><div></div><div></div></div>                                                         |
|                                                                                                                                                                                                                                                                  | <div>Seitangulasch   Spätzli   Miso-Wirsing (vegan)</div> <div><div></div><div></div></div>                         | <div>Seitangulasch   Spätzli   Miso-Wirsing (vegan)</div> <div><div></div><div></div></div>                         | <div>Seitangulasch   Spätzli   Miso-Wirsing (vegan)</div> <div><div></div><div></div></div>                         | <div>Seitangulasch   Spätzli   Miso-Wirsing (vegan)</div> <div><div></div><div></div></div>                         | <div>Seitangulasch   Spätzli   Miso-Wirsing (vegan)</div> <div><div></div><div></div></div>                         |
|                                                                                                                                                                                                                                                                  | <div>Dattel Snicker (vegan)</div> <div><div></div><div></div></div>                                                 | <div>Dattel Snicker (vegan)</div> <div><div></div><div></div></div>                                                 | <div>Dattel Snicker (vegan)</div> <div><div></div><div></div></div>                                                 | <div>Dattel Snicker (vegan)</div> <div><div></div><div></div></div>                                                 | <div>Dattel Snicker (vegan)</div> <div><div></div><div></div></div>                                                 |
|                                                                                                                                                                                                                                                                  | <div>Hanfsamen Brownie</div> <div><div></div><div></div></div>                                                      | <div>Hanfsamen Brownie</div> <div><div></div><div></div></div>                                                      | <div>Hanfsamen Brownie</div> <div><div></div><div></div></div>                                                      | <div>Hanfsamen Brownie</div> <div><div></div><div></div></div>                                                      | <div>Hanfsamen Brownie</div> <div><div></div><div></div></div>                                                      |

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Brembeesauce | Mixed Salads | Baked potatoes | Autumn vegetables...  
 Yumame | Yumame | Knoblauch | Yumame | Kürbis (vegan) | Kürbis (vegan) | Miso-Wirsing  
 Dattel Snicker (vegan) | Dattel Snicker (vegan) | Hanfsamen Brownie | Hanfsamen Brownie

Saturday

Sunday

Salatvariation



Planted steak | Baked Potatoes | Autumn vegetables | Con-nies Ketchup (vegan)



Fusilli Yumame



Seitangulasch | Spätzli | Miso-Wirsing (vegan)



Dattel Snicker (vegan)



Hanfsamen Brownie



Salatvariation



Planted steak | Baked Potatoes | Autumn vegetables | Con-nies Ketchup (vegan)



Fusilli Yumame



Seitangulasch | Spätzli | Miso-Wirsing (vegan)



Dattel Snicker (vegan)



Hanfsamen Brownie



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New Roots white cheese variations incl. Swiss-Miso +...

Monday

NewRoots Cheese + Swiss Miso (vegan)



Tuesday

NewRoots Cheese + Swiss Miso (vegan)



Wednesday

NewRoots Cheese + Swiss Miso (vegan)



Thursday

NewRoots Cheese + Swiss Miso (vegan)



Friday

NewRoots Cheese + Swiss Miso (vegan)



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