

# Grosse Schanze | SNVF Generalversammlung SFNV-Generalversammlung 24. to 30.05.2032

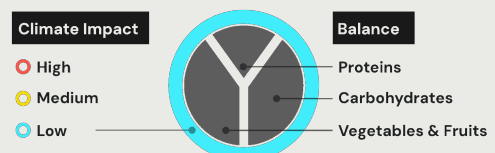
**For the digital meal plan with further details, scan the QR-Code!**



|                                                                         | Monday                                                                       | Tuesday                                                                      | Wednesday                                                                    | Thursday                                                                     | Friday                                                                       |
|-------------------------------------------------------------------------|------------------------------------------------------------------------------|------------------------------------------------------------------------------|------------------------------------------------------------------------------|------------------------------------------------------------------------------|------------------------------------------------------------------------------|
| Menu                                                                    | SFNV-Generalver-sammlung<br><br>○<br>🌿 🍷 🥛                                   | SFNV-Generalver-sammlung<br><br>○<br>🌿 🍷 🥛                                   | SFNV-Generalver-sammlung<br><br>○<br>🌿 🍷 🥛                                   | SFNV-Generalver-sammlung<br><br>○<br>🌿 🍷 🥛                                   | SFNV-Generalver-sammlung<br><br>○<br>🌿 🍷 🥛                                   |
| Tarte flambée I Uma-mi Micro-greens (vegan)                             | Tarte flambée I Uma-mi Micro-greens (vegan)<br><br>○<br>🌱 🍷 🥛                | Tarte flambée I Uma-mi Micro-greens (vegan)<br><br>○<br>🌱 🍷 🥛                | Tarte flambée I Uma-mi Micro-greens (vegan)<br><br>○<br>🌱 🍷 🥛                | Tarte flambée I Uma-mi Micro-greens (vegan)<br><br>○<br>🌱 🍷 🥛                | Tarte flambée I Uma-mi Micro-greens (vegan)<br><br>○<br>🌱 🍷 🥛                |
| NewRoots Cheese Pie (vegetarian)                                        | NewRoots Chäsküechli<br><br>○                                                | NewRoots Chäsküechli<br><br>○                                                | NewRoots Chäsküechli<br><br>○                                                | NewRoots Chäsküechli<br><br>○                                                | NewRoots Chäsküechli<br><br>○                                                |
| Luya Bites I Daikon I New Roots Jalapeno Ketchup I Fermented Vegetables | Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiertes Gemüse<br><br>○<br>🌿 🍷 🥛 | Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiertes Gemüse<br><br>○<br>🌿 🍷 🥛 | Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiertes Gemüse<br><br>○<br>🌿 🍷 🥛 | Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiertes Gemüse<br><br>○<br>🌿 🍷 🥛 | Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiertes Gemüse<br><br>○<br>🌿 🍷 🥛 |
| Miso   Cauliflower soup (vegan)                                         | Miso Blumenkohlsuppe (vegan)<br><br>○<br>🌱 🍷 🥛                               | Miso Blumenkohlsuppe (vegan)<br><br>○<br>🌱 🍷 🥛                               | Miso Blumenkohlsuppe (vegan)<br><br>○<br>🌱 🍷 🥛                               | Miso Blumenkohlsuppe (vegan)<br><br>○<br>🌱 🍷 🥛                               | Miso Blumenkohlsuppe (vegan)<br><br>○<br>🌱 🍷 🥛                               |
| Tzatziki I Fennel I Pinsa Bread (vegan)                                 | Tzatziki, Fenchel, Pinsa Bread (vegan)<br><br>○<br>🌿 🍷 🥛                     | Tzatziki, Fenchel, Pinsa Bread (vegan)<br><br>○<br>🌿 🍷 🥛                     | Tzatziki, Fenchel, Pinsa Bread (vegan)<br><br>○<br>🌿 🍷 🥛                     | Tzatziki, Fenchel, Pinsa Bread (vegan)<br><br>○<br>🌿 🍷 🥛                     | Tzatziki, Fenchel, Pinsa Bread (vegan)<br><br>○<br>🌿 🍷 🥛                     |

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**Discover the  
climate impact  
of meals...**



**...and  
identify  
balanced  
nutrition.**

# Grosse Schanze | SNVF Generalversammlung

## SFNV-Generalversammlung

### 24. to 30.05.2032

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Menu  
Tarte flambée I Umami Micro-greens (vegan)  
NewRoots Chäsküechli  
Luya Bites I Daikon I NewRoots Cheese Pie (vegan)  
Jalapeno Ketchup I Fermented Vegetables  
Miso I PinSwiss Miso I Cauliflower soup (vegan)  
Tzatziki I Fennel I PinSwiss Bread (vegan)

Saturday

Sunday

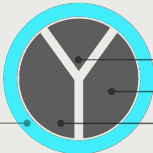
|                                                                           |                                                                           |
|---------------------------------------------------------------------------|---------------------------------------------------------------------------|
| SFNV-Generalversammlung                                                   | SFNV-Generalversammlung                                                   |
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| Tarte flambée I Umami Micro-greens (vegan)                                | Tarte flambée I Umami Micro-greens (vegan)                                |
| <div> <div></div> <div> <div></div> <div></div> <div></div> </div> </div> | <div> <div></div> <div> <div></div> <div></div> <div></div> </div> </div> |
| NewRoots Chäsküechli                                                      | NewRoots Chäsküechli                                                      |
| <div> <div></div> </div>                                                  | <div> <div></div> </div>                                                  |
| Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiertes Gemüse                | Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiertes Gemüse                |
| <div> <div></div> <div> <div></div> <div></div> <div></div> </div> </div> | <div> <div></div> <div> <div></div> <div></div> <div></div> </div> </div> |
| Miso Blumenkohlsuppe (vegan)                                              | Miso Blumenkohlsuppe (vegan)                                              |
| <div> <div></div> <div> <div></div> <div></div> <div></div> </div> </div> | <div> <div></div> <div> <div></div> <div></div> <div></div> </div> </div> |
| Tzatziki, Fenchel, Pinsa Bread (vegan)                                    | Tzatziki, Fenchel, Pinsa Bread (vegan)                                    |
| <div> <div></div> <div> <div></div> <div></div> <div></div> </div> </div> | <div> <div></div> <div> <div></div> <div></div> <div></div> </div> </div> |

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Discover the climate impact of meals...

Climate Impact

- High
- Medium
- Low



Balance

- Proteins
- Carbohydrates
- Vegetables & Fruits

...and identify balanced nutrition.

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## SFNV-Generalversammlung

### 24. to 30.05.2032

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Sauce  
Baked potatoes | Autumn vegetables...  
Miso-Wirsing  
Dattel Snicker (vegan)  
Brownie | hemp

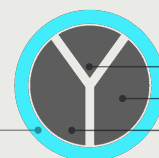
| Monday                                                                                                                                                                                                                                                                                                                                                                                                                  | Tuesday                                                                                                                                                                                                                                                                                                                                                                                                                 | Wednesday                                                                                                                                                                                                                                                                                                                                                                                                               | Thursday                                                                                                                                                                                                                                                                                                                                                                                                                        | Friday                                                                                                                                                                                                                                                                                                                                                                                                                          |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Salatvariation<br>                                                                  | Salatvariation<br>                                                                  | Salatvariation<br>                                                                  | Salatvariation<br>                                                                  | Salatvariation<br>                                                                  |
| Planted steak   Baked Potatoes   Autumn vegetables   Connies Ketchup (vegan)<br>    | Planted steak   Baked Potatoes   Autumn vegetables   Connies Ketchup (vegan)<br>    | Planted steak   Baked Potatoes   Autumn vegetables   Connies Ketchup (vegan)<br>    | Planted steak   Baked Potatoes   Autumn vegetables   Connies Ketchup (vegan)<br>    | Planted steak   Baked Potatoes   Autumn vegetables   Connies Ketchup (vegan)<br>    |
| Fusilli Yumame<br>                                                          | Fusilli Yumame<br>                                                          | Fusilli Yumame<br>                                                          | Fusilli Yumame<br>                                                          | Fusilli Yumame<br>                                                          |
| Seitangulasch   Spätzli   Miso-Wirsing (vegan)<br>                          | Seitangulasch   Spätzli   Miso-Wirsing (vegan)<br>                          | Seitangulasch   Spätzli   Miso-Wirsing (vegan)<br>                          | Seitangulasch   Spätzli   Miso-Wirsing (vegan)<br>                          | Seitangulasch   Spätzli   Miso-Wirsing (vegan)<br>                          |
| Dattel Snicker (vegan)<br>                                                  | Dattel Snicker (vegan)<br>                                                  | Dattel Snicker (vegan)<br>                                                  | Dattel Snicker (vegan)<br>                                                  | Dattel Snicker (vegan)<br>                                                  |
| Hanfsamen Brownie<br>                                                       | Hanfsamen Brownie<br>                                                       | Hanfsamen Brownie<br>                                                       | Hanfsamen Brownie<br>                                                       | Hanfsamen Brownie<br>                                                       |

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Brembeesauce | Mixed Salads | Baked potatoes | Autumn vegetables...  
Yumame | Yumame | Kürbis (vegan) | Kürbis (vegan) | Miso-Wirsing  
Seitangulasch | Spätzli | Spätzli | Dattel Snicker (vegan) | Hanfsamen Brownie

Saturday

Sunday

Salatvariation



Planted steak | Baked Potatoes | Autumn vegetables | Con-nies Ketchup (vegan)



Fusilli Yumame



Seitangulasch | Spätzli | Miso-Wirsing (vegan)



Dattel Snicker (vegan)



Hanfsamen Brownie



Salatvariation



Planted steak | Baked Potatoes | Autumn vegetables | Con-nies Ketchup (vegan)



Fusilli Yumame



Seitangulasch | Spätzli | Miso-Wirsing (vegan)



Dattel Snicker (vegan)



Hanfsamen Brownie

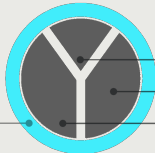


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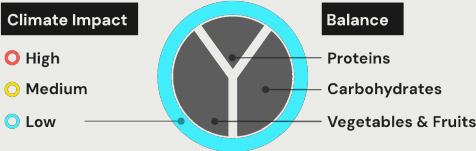


New Roots white cheese variations incl. Swiss-Miso +...

| Monday                                                  | Tuesday                                                 | Wednesday                                               | Thursday                                                | Friday                                                  |
|---------------------------------------------------------|---------------------------------------------------------|---------------------------------------------------------|---------------------------------------------------------|---------------------------------------------------------|
| NewRoots Cheese + Swiss Miso (vegan)                    | NewRoots Cheese + Swiss Miso (vegan)                    | NewRoots Cheese + Swiss Miso (vegan)                    | NewRoots Cheese + Swiss Miso (vegan)                    | NewRoots Cheese + Swiss Miso (vegan)                    |
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Sunday

New Roots white cheese variations incl. Swiss-Miso +...

NewRoots Cheese + Swiss Miso (vegan)



NewRoots Cheese + Swiss Miso (vegan)

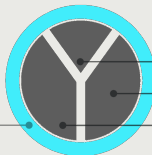


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