

# Grosse Schanze | SNVF Generalversammlung

## SFNV-Generalversammlung

### 17. to 23.07.2006

For the digital meal plan with further details, scan the QR-Code!



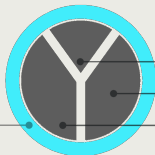
|                                                          | Monday                                                   | Tuesday                                                  | Wednesday                                                | Thursday                                                 | Friday                                                   |
|----------------------------------------------------------|----------------------------------------------------------|----------------------------------------------------------|----------------------------------------------------------|----------------------------------------------------------|----------------------------------------------------------|
| Menu                                                     | SFNV-Generalversammlung                                  | SFNV-Generalversammlung                                  | SFNV-Generalversammlung                                  | SFNV-Generalversammlung                                  | SFNV-Generalversammlung                                  |
|                                                          |                                                          |                                                          |                                                          |                                                          |                                                          |
|                                                          |                                                          |                                                          |                                                          |                                                          |                                                          |
|                                                          |                                                          |                                                          |                                                          |                                                          |                                                          |
|                                                          |                                                          |                                                          |                                                          |                                                          |                                                          |
| Tarte flambée I Umami Micro-greens (vegan)               | Tarte flambée I Umami Micro-greens (vegan)               | Tarte flambée I Umami Micro-greens (vegan)               | Tarte flambée I Umami Micro-greens (vegan)               | Tarte flambée I Umami Micro-greens (vegan)               | Tarte flambée I Umami Micro-greens (vegan)               |
|                                                          |                                                          |                                                          |                                                          |                                                          |                                                          |
|                                                          |                                                          |                                                          |                                                          |                                                          |                                                          |
|                                                          |                                                          |                                                          |                                                          |                                                          |                                                          |
|                                                          |                                                          |                                                          |                                                          |                                                          |                                                          |
| NewRoots Chäsküechli                                     | NewRoots Chäsküechli                                     | NewRoots Chäsküechli                                     | NewRoots Chäsküechli                                     | NewRoots Chäsküechli                                     | NewRoots Chäsküechli                                     |
|                                                          |                                                          |                                                          |                                                          |                                                          |                                                          |
|                                                          |                                                          |                                                          |                                                          |                                                          |                                                          |
|                                                          |                                                          |                                                          |                                                          |                                                          |                                                          |
|                                                          |                                                          |                                                          |                                                          |                                                          |                                                          |
| Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse | Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse | Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse | Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse | Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse | Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse |
|                                                          |                                                          |                                                          |                                                          |                                                          |                                                          |
|                                                          |                                                          |                                                          |                                                          |                                                          |                                                          |
|                                                          |                                                          |                                                          |                                                          |                                                          |                                                          |
|                                                          |                                                          |                                                          |                                                          |                                                          |                                                          |
| Miso Blumenkohlsuppe (vegan)                             | Miso Blumenkohlsuppe (vegan)                             | Miso Blumenkohlsuppe (vegan)                             | Miso Blumenkohlsuppe (vegan)                             | Miso Blumenkohlsuppe (vegan)                             | Miso Blumenkohlsuppe (vegan)                             |
|                                                          |                                                          |                                                          |                                                          |                                                          |                                                          |
|                                                          |                                                          |                                                          |                                                          |                                                          |                                                          |
|                                                          |                                                          |                                                          |                                                          |                                                          |                                                          |
|                                                          |                                                          |                                                          |                                                          |                                                          |                                                          |
| Tzatziki, Fenchel, Pinsa Bread (vegan)                   | Tzatziki, Fenchel, Pinsa Bread (vegan)                   | Tzatziki, Fenchel, Pinsa Bread (vegan)                   | Tzatziki, Fenchel, Pinsa Bread (vegan)                   | Tzatziki, Fenchel, Pinsa Bread (vegan)                   | Tzatziki, Fenchel, Pinsa Bread (vegan)                   |
|                                                          |                                                          |                                                          |                                                          |                                                          |                                                          |
|                                                          |                                                          |                                                          |                                                          |                                                          |                                                          |
|                                                          |                                                          |                                                          |                                                          |                                                          |                                                          |
|                                                          |                                                          |                                                          |                                                          |                                                          |                                                          |

Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.

Discover the climate impact of meals...

Climate Impact

- High
- Medium
- Low



Balance

- Proteins
- Carbohydrates
- Vegetables & Fruits

...and identify balanced nutrition.

# Grosse Schanze | SNVF Generalversammlung

## SFNV-Generalversammlung

17. to 23.07.2006

For the digital meal plan with further details, scan the QR-Code!



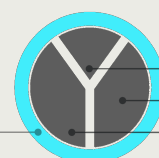
| Saturday                                                                                                                                                                                                                                                      |                                                                                                                                                                                                                                                                                            | Sunday                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                  |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Menu<br><br>s Tsatziki I Fennel I PinSwiss Miso I Cauliflower soup (vegan)<br>sa bread (vegan)<br>Luya Bites I Daikon I New Roots Cheese Pie (vegan)<br>an)<br>Jalapeno Ketchup I Fer-...<br>Tarte flambée I Umami Micro-greens (vegan)<br>cro-greens (vegan) | SFNV-Generalversammlung                                                                                                                                                                                                                                                                    | Menu<br><br>s Tsatziki I Fennel I PinSwiss Miso I Cauliflower soup (vegan)<br>sa bread (vegan)<br>Luya Bites I Daikon I New Roots Cheese Pie (vegan)<br>an)<br>Jalapeno Ketchup I Fer-...<br>Tarte flambée I Umami Micro-greens (vegan)<br>cro-greens (vegan) | SFNV-Generalversammlung                                                                                                                                                                                                                                                                          |
|                                                                                                                                                                                                                                                               | <div><div></div><div></div></div>       |                                                                                                                                                                                                                                                               | <div><div></div><div></div></div>       |
|                                                                                                                                                                                                                                                               | Tarte flambée I Umami Micro-greens (vegan)                                                                                                                                                                                                                                                 |                                                                                                                                                                                                                                                               | Tarte flambée I Umami Micro-greens (vegan)                                                                                                                                                                                                                                                       |
|                                                                                                                                                                                                                                                               | <div><div></div><div></div></div>       |                                                                                                                                                                                                                                                               | <div><div></div><div></div></div>       |
|                                                                                                                                                                                                                                                               | NewRoots Chäsküechli                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                               | NewRoots Chäsküechli                                                                                                                                                                                                                                                                             |
|                                                                                                                                                                                                                                                               | <div><div></div><div></div></div>                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                               | <div><div></div><div></div></div>                                                                                                                                                                                                                                                                |
| Menu<br><br>s Tsatziki I Fennel I PinSwiss Miso I Cauliflower soup (vegan)<br>sa bread (vegan)<br>Luya Bites I Daikon I New Roots Cheese Pie (vegan)<br>an)<br>Jalapeno Ketchup I Fer-...<br>Tarte flambée I Umami Micro-greens (vegan)<br>cro-greens (vegan) | Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiertes Gemüse                                                                                                                                                                                                                                 | Menu<br><br>s Tsatziki I Fennel I PinSwiss Miso I Cauliflower soup (vegan)<br>sa bread (vegan)<br>Luya Bites I Daikon I New Roots Cheese Pie (vegan)<br>an)<br>Jalapeno Ketchup I Fer-...<br>Tarte flambée I Umami Micro-greens (vegan)<br>cro-greens (vegan) | Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiertes Gemüse                                                                                                                                                                                                                                       |
|                                                                                                                                                                                                                                                               | <div><div></div><div></div></div> |                                                                                                                                                                                                                                                               | <div><div></div><div></div></div> |
|                                                                                                                                                                                                                                                               | Miso Blumenkohlsuppe (vegan)                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                               | Miso Blumenkohlsuppe (vegan)                                                                                                                                                                                                                                                                     |
|                                                                                                                                                                                                                                                               | <div><div></div><div></div></div> |                                                                                                                                                                                                                                                               | <div><div></div><div></div></div> |
| Menu<br><br>s Tsatziki I Fennel I PinSwiss Miso I Cauliflower soup (vegan)<br>sa bread (vegan)<br>Luya Bites I Daikon I New Roots Cheese Pie (vegan)<br>an)<br>Jalapeno Ketchup I Fer-...<br>Tarte flambée I Umami Micro-greens (vegan)<br>cro-greens (vegan) | Tzatziki, Fenchel, Pinsa Bread (vegan)                                                                                                                                                                                                                                                     | Menu<br><br>s Tsatziki I Fennel I PinSwiss Miso I Cauliflower soup (vegan)<br>sa bread (vegan)<br>Luya Bites I Daikon I New Roots Cheese Pie (vegan)<br>an)<br>Jalapeno Ketchup I Fer-...<br>Tarte flambée I Umami Micro-greens (vegan)<br>cro-greens (vegan) | Tzatziki, Fenchel, Pinsa Bread (vegan)                                                                                                                                                                                                                                                           |
|                                                                                                                                                                                                                                                               | <div><div></div><div></div></div> |                                                                                                                                                                                                                                                               | <div><div></div><div></div></div> |

Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.

Discover the climate impact of meals...

#### Climate Impact

- High
- Medium
- Low



#### Balance

- Proteins
- Carbohydrates
- Vegetables & Fruits

...and identify balanced nutrition.

# Grosse Schanze | SNVF Generalversammlung

## SFNV-Generalversammlung

### 17. to 23.07.2006

For the digital meal plan with further details, scan the QR-Code!



Sauce  
Baked potatoes | Mixed Salads | Breadcrumbs  
Autumn vegetables...  
Yumame | Knoblauch | Spätzli | Miso-Würstchen  
Fusilli | Spätzli | Miso-Würstchen  
Seitangulasch | Spätzli | Miso-Würstchen  
Dattel Snicker (vegan)  
Brownie | hemp

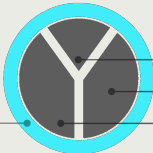
| Monday                                                                                                                                              | Tuesday                                                                                                                                             | Wednesday                                                                                                                                           | Thursday                                                                                                                                            | Friday                                                                                                                                              |
|-----------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Salatvariation</b><br><div> <div></div> <div></div> <div></div> <div></div> </div>                                                               | <b>Salatvariation</b><br><div> <div></div> <div></div> <div></div> <div></div> </div>                                                               | <b>Salatvariation</b><br><div> <div></div> <div></div> <div></div> <div></div> </div>                                                               | <b>Salatvariation</b><br><div> <div></div> <div></div> <div></div> <div></div> </div>                                                               | <b>Salatvariation</b><br><div> <div></div> <div></div> <div></div> <div></div> </div>                                                               |
| <b>Planted steak   Baked Potatoes   Autumn vegetables   Connies Ketchup (vegan)</b><br><div> <div></div> <div></div> <div></div> <div></div> </div> | <b>Planted steak   Baked Potatoes   Autumn vegetables   Connies Ketchup (vegan)</b><br><div> <div></div> <div></div> <div></div> <div></div> </div> | <b>Planted steak   Baked Potatoes   Autumn vegetables   Connies Ketchup (vegan)</b><br><div> <div></div> <div></div> <div></div> <div></div> </div> | <b>Planted steak   Baked Potatoes   Autumn vegetables   Connies Ketchup (vegan)</b><br><div> <div></div> <div></div> <div></div> <div></div> </div> | <b>Planted steak   Baked Potatoes   Autumn vegetables   Connies Ketchup (vegan)</b><br><div> <div></div> <div></div> <div></div> <div></div> </div> |
| <b>Fusilli Yumame</b><br><div> <div></div> <div></div> <div></div> <div></div> </div>                                                               | <b>Fusilli Yumame</b><br><div> <div></div> <div></div> <div></div> <div></div> </div>                                                               | <b>Fusilli Yumame</b><br><div> <div></div> <div></div> <div></div> <div></div> </div>                                                               | <b>Fusilli Yumame</b><br><div> <div></div> <div></div> <div></div> <div></div> </div>                                                               | <b>Fusilli Yumame</b><br><div> <div></div> <div></div> <div></div> <div></div> </div>                                                               |
| <b>Seitangulasch   Spätzli   Miso-Würstchen (vegan)</b><br><div> <div></div> <div></div> <div></div> <div></div> </div>                             | <b>Seitangulasch   Spätzli   Miso-Würstchen (vegan)</b><br><div> <div></div> <div></div> <div></div> <div></div> </div>                             | <b>Seitangulasch   Spätzli   Miso-Würstchen (vegan)</b><br><div> <div></div> <div></div> <div></div> <div></div> </div>                             | <b>Seitangulasch   Spätzli   Miso-Würstchen (vegan)</b><br><div> <div></div> <div></div> <div></div> <div></div> </div>                             | <b>Seitangulasch   Spätzli   Miso-Würstchen (vegan)</b><br><div> <div></div> <div></div> <div></div> <div></div> </div>                             |
| <b>Dattel Snicker (vegan)</b><br><div> <div></div> <div></div> <div></div> <div></div> </div>                                                       | <b>Dattel Snicker (vegan)</b><br><div> <div></div> <div></div> <div></div> <div></div> </div>                                                       | <b>Dattel Snicker (vegan)</b><br><div> <div></div> <div></div> <div></div> <div></div> </div>                                                       | <b>Dattel Snicker (vegan)</b><br><div> <div></div> <div></div> <div></div> <div></div> </div>                                                       | <b>Dattel Snicker (vegan)</b><br><div> <div></div> <div></div> <div></div> <div></div> </div>                                                       |
| <b>Hanfsamen Brownie</b><br><div> <div></div> <div></div> <div></div> <div></div> </div>                                                            | <b>Hanfsamen Brownie</b><br><div> <div></div> <div></div> <div></div> <div></div> </div>                                                            | <b>Hanfsamen Brownie</b><br><div> <div></div> <div></div> <div></div> <div></div> </div>                                                            | <b>Hanfsamen Brownie</b><br><div> <div></div> <div></div> <div></div> <div></div> </div>                                                            | <b>Hanfsamen Brownie</b><br><div> <div></div> <div></div> <div></div> <div></div> </div>                                                            |

Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.

Discover the climate impact of meals...

Climate Impact

- High
- Medium
- Low



Balance

- Proteins
- Carbohydrates
- Vegetables & Fruits

...and identify balanced nutrition.

# Grosse Schanze | SNVF Generalversammlung

## SFNV-Generalversammlung

### 17. to 23.07.2006

For the digital meal plan with further details, scan the QR-Code!



Brembeesauce | Mixed Salads | Baked potatoes | Autumn vegetables...  
Yumame | Yumame | Kürbis (vegan) | Kürbis (vegan) | Miso-Wirsing  
Spätzli | Spätzli | Dattel Snicker (vegan) | Dattel Snicker (vegan) | Hanfsamen Brownie

Saturday

Sunday

Salatvariation



Planted steak | Baked Potatoes | Autumn vegetables | Con-nies Ketchup (vegan)



Fusilli Yumame



Seitangulasch | Spätzli | Miso-Wirsing (vegan)



Dattel Snicker (vegan)



Hanfsamen Brownie



Salatvariation



Planted steak | Baked Potatoes | Autumn vegetables | Con-nies Ketchup (vegan)



Fusilli Yumame



Seitangulasch | Spätzli | Miso-Wirsing (vegan)



Dattel Snicker (vegan)



Hanfsamen Brownie

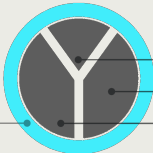


Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.

Discover the climate impact of meals...

Climate Impact

- High
- Medium
- Low



Balance

- Proteins
- Carbohydrates
- Vegetables & Fruits

...and identify balanced nutrition.

# Grosse Schanze | SNVF Generalversammlung

## SFNV-Generalversammlung

17. to 23.07.2006

For the digital meal plan with further details, scan the QR-Code!



New Roots white cheese variations incl. Swiss-Miso +...

| Monday                                                  | Tuesday                                                 | Wednesday                                               | Thursday                                                | Friday                                                  |
|---------------------------------------------------------|---------------------------------------------------------|---------------------------------------------------------|---------------------------------------------------------|---------------------------------------------------------|
| NewRoots Cheese + Swiss Miso (vegan)                    | NewRoots Cheese + Swiss Miso (vegan)                    | NewRoots Cheese + Swiss Miso (vegan)                    | NewRoots Cheese + Swiss Miso (vegan)                    | NewRoots Cheese + Swiss Miso (vegan)                    |
| <div><div></div><div></div><div></div><div></div></div> | <div><div></div><div></div><div></div><div></div></div> | <div><div></div><div></div><div></div><div></div></div> | <div><div></div><div></div><div></div><div></div></div> | <div><div></div><div></div><div></div><div></div></div> |

Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.

Discover the climate impact of meals...



...and identify balanced nutrition.

# Grosse Schanze | SNVF Generalversammlung

## SFNV-Generalversammlung

17. to 23.07.2006

For the digital meal plan with further details, scan the QR-Code!



New Roots white cheese variations incl. Swiss-Miso +...

Saturday

NewRoots Cheese + Swiss Miso (vegan)



Sunday

NewRoots Cheese + Swiss Miso (vegan)

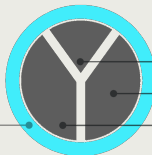


Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.

Discover the climate impact of meals...

Climate Impact

- High
- Medium
- Low



Balance

- Proteins
- Carbohydrates
- Vegetables & Fruits

...and identify balanced nutrition.