

Grosse Schanze | SNVF Generalversammlung

SFNV-Generalversammlung

13. to 19.01.2025

For the digital meal plan with further details, scan the QR-Code!



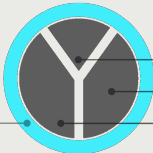
	Monday	Tuesday	Wednesday	Thursday	Friday
Menu	SFNV-Generalversammlung 	SFNV-Generalversammlung 	SFNV-Generalversammlung 	SFNV-Generalversammlung 	SFNV-Generalversammlung
Tarte flambée I Umami Micro-greens (vegan)	Tarte flambée I Umami Micro-greens (vegan) 	Tarte flambée I Umami Micro-greens (vegan) 	Tarte flambée I Umami Micro-greens (vegan) 	Tarte flambée I Umami Micro-greens (vegan) 	Tarte flambée I Umami Micro-greens (vegan)
NewRoots Chäsküechli	NewRoots Chäsküechli 	NewRoots Chäsküechli 	NewRoots Chäsküechli 	NewRoots Chäsküechli 	NewRoots Chäsküechli
Luya Bites I Daikon I New Roots Cheese Pie (vegan)	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse 	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse 	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse 	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse 	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse
Miso I Cauliflower soup (vegan)	Miso Blumenkohlsuppe (vegan) 	Miso Blumenkohlsuppe (vegan) 	Miso Blumenkohlsuppe (vegan) 	Miso Blumenkohlsuppe (vegan) 	Miso Blumenkohlsuppe (vegan)
Tzatziki I Fennel I Pinsa Bread (vegan)	Tzatziki, Fenchel, Pinsa Bread (vegan) 	Tzatziki, Fenchel, Pinsa Bread (vegan) 	Tzatziki, Fenchel, Pinsa Bread (vegan) 	Tzatziki, Fenchel, Pinsa Bread (vegan) 	Tzatziki, Fenchel, Pinsa Bread (vegan)

Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.

Discover the climate impact of meals...

Climate Impact

- High
- Medium
- Low



Balance

- Proteins
- Carbohydrates
- Vegetables & Fruits

...and identify balanced nutrition.

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Menu
Tarte flambée I Umami Micro-greens (vegan)
NewRoots Chäsküechli
Luya Bites I Daikon I NewRoots Cheese Pie (vegan)
Jalapeno Ketchup I Fermented Vegetables
Miso I PinSwiss Miso I Cauliflower soup (vegan)
Tzatziki I Fennel I Pinsa Bread (vegan)

Saturday

Sunday

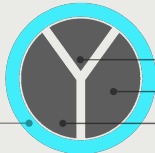
SFNV-Generalversammlung	SFNV-Generalversammlung
   	   
Tarte flambée I Umami Micro-greens (vegan)	Tarte flambée I Umami Micro-greens (vegan)
   	   
NewRoots Chäsküechli	NewRoots Chäsküechli
	
Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiertes Gemüse	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiertes Gemüse
   	   
Miso Blumenkohlsuppe (vegan)	Miso Blumenkohlsuppe (vegan)
   	   
Tzatziki, Fenchel, Pinsa Bread (vegan)	Tzatziki, Fenchel, Pinsa Bread (vegan)
   	   

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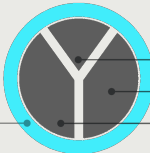
	Monday	Tuesday	Wednesday	Thursday	Friday
Sauce Baked potatoes Mixed Salads I Breunbees	Salatvariation	Salatvariation	Salatvariation	Salatvariation	Salatvariation
	Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan)	Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan)	Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan)	Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan)	Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan)
	Fusilli Yumame	Fusilli Yumame	Fusilli Yumame	Fusilli Yumame	Fusilli Yumame
	Seitangulasch Spätzli Miso-Wirsing (vegan)	Seitangulasch Spätzli Miso-Wirsing (vegan)	Seitangulasch Spätzli Miso-Wirsing (vegan)	Seitangulasch Spätzli Miso-Wirsing (vegan)	Seitangulasch Spätzli Miso-Wirsing (vegan)
	Dattel Snicker (vegan)	Dattel Snicker (vegan)	Dattel Snicker (vegan)	Dattel Snicker (vegan)	Dattel Snicker (vegan)
	Hanfsamen Brownie	Hanfsamen Brownie	Hanfsamen Brownie	Hanfsamen Brownie	Hanfsamen Brownie

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Brembeesauce | Mixed Salads | Baked potatoes | Autumn vegetables...
 Yumame | Knoblau | Fusilli | Spätzli | Miso-Wirsing
 Dattel Snicker (vegan) | Hanfsamen Brownie

Saturday

Salatvariation



Planted steak | Baked Potatoes | Autumn vegetables | Con-nies Ketchup (vegan)



Fusilli Yumame



Seitangulasch | Spätzli | Miso-Wirsing (vegan)



Dattel Snicker (vegan)



Hanfsamen Brownie



Sunday

Salatvariation



Planted steak | Baked Potatoes | Autumn vegetables | Con-nies Ketchup (vegan)



Fusilli Yumame



Seitangulasch | Spätzli | Miso-Wirsing (vegan)



Dattel Snicker (vegan)



Hanfsamen Brownie

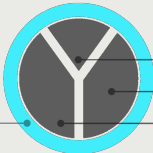


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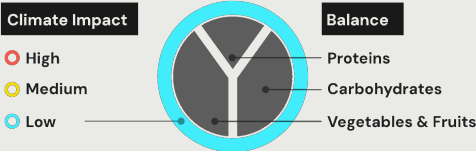


New Roots white cheese variations incl. Swiss-Miso +...

Monday	Tuesday	Wednesday	Thursday	Friday
NewRoots Cheese + Swiss Miso (vegan)	NewRoots Cheese + Swiss Miso (vegan)	NewRoots Cheese + Swiss Miso (vegan)	NewRoots Cheese + Swiss Miso (vegan)	NewRoots Cheese + Swiss Miso (vegan)
   	   	   	   	   

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New Roots white cheese variations incl. Swiss-Miso +...

Saturday

NewRoots Cheese + Swiss Miso (vegan)



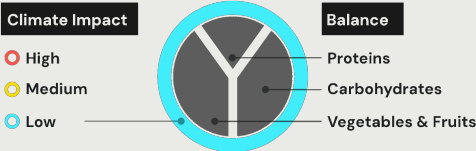
Sunday

NewRoots Cheese + Swiss Miso (vegan)



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