

Grosse Schanze | SNVF Generalversammlung SFNV-Generalversammlung 24. to 30.07.2023

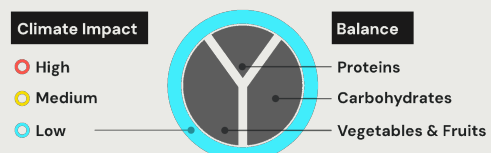
For the digital meal plan with further details, scan the QR-Code!



	Monday	Tuesday	Wednesday	Thursday	Friday
Menu	SFNV-Generalver-sammlung ○ 🌿 🍷 🚫🥛	SFNV-Generalver-sammlung ○ 🌿 🍷 🚫🥛	SFNV-Generalver-sammlung ○ 🌿 🍷 🚫🥛	SFNV-Generalver-sammlung ○ 🌿 🍷 🚫🥛	SFNV-Generalver-sammlung ○ 🌿 🍷 🚫🥛
Tarte flambée I Uma-mi Micro-greens (vegan)	Tarte flambée I Uma-mi Micro-greens (vegan) ○ 🌱 🍷 🚫🥛	Tarte flambée I Uma-mi Micro-greens (vegan) ○ 🌱 🍷 🚫🥛	Tarte flambée I Uma-mi Micro-greens (vegan) ○ 🌱 🍷 🚫🥛	Tarte flambée I Uma-mi Micro-greens (vegan) ○ 🌱 🍷 🚫🥛	Tarte flambée I Uma-mi Micro-greens (vegan) ○ 🌱 🍷 🚫🥛
NewRoots Cheese Pie (vegetarian)	NewRoots Chäsküechli ○	NewRoots Chäsküechli ○	NewRoots Chäsküechli ○	NewRoots Chäsküechli ○	NewRoots Chäsküechli ○
Luya Bites I Daikon I New Roots Jalapeno Ketchup I Fermented Vegetables	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiertes Gemüse ○ 🌿 🍷 🚫🥛	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiertes Gemüse ○ 🌿 🍷 🚫🥛	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiertes Gemüse ○ 🌿 🍷 🚫🥛	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiertes Gemüse ○ 🌿 🍷 🚫🥛	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiertes Gemüse ○ 🌿 🍷 🚫🥛
Miso Cauliflower soup (vegan)	Miso Blumenkohlsuppe (vegan) ○ 🌱 🍷 🚫🥛	Miso Blumenkohlsuppe (vegan) ○ 🌱 🍷 🚫🥛	Miso Blumenkohlsuppe (vegan) ○ 🌱 🍷 🚫🥛	Miso Blumenkohlsuppe (vegan) ○ 🌱 🍷 🚫🥛	Miso Blumenkohlsuppe (vegan) ○ 🌱 🍷 🚫🥛
Tzatziki I Fennel I Pinsa Bread (vegan)	Tzatziki, Fenchel, Pinsa Bread (vegan) ○ 🌿 🍷 🚫🥛	Tzatziki, Fenchel, Pinsa Bread (vegan) ○ 🌿 🍷 🚫🥛	Tzatziki, Fenchel, Pinsa Bread (vegan) ○ 🌿 🍷 🚫🥛	Tzatziki, Fenchel, Pinsa Bread (vegan) ○ 🌿 🍷 🚫🥛	Tzatziki, Fenchel, Pinsa Bread (vegan) ○ 🌿 🍷 🚫🥛

Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.

**Discover the
climate impact
of meals...**



**...and
identify
balanced
nutrition.**

Grosse Schanze | SNVF Generalversammlung

SFNV-Generalversammlung

24. to 30.07.2023

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Menu
Tarte flambée I Umami Micro-greens (vegan)
NewRoots Chäsküechli
Luya Bites I Daikon I NewRoots Cheese Pie (vegan)
Jalapeno Ketchup I Fermented Vegetables
Miso I Cauliflower soup (vegan)
Tzatziki I Fennel I Pilsa Bread (vegan)

Saturday

Sunday

SFNV-Generalversammlung	SFNV-Generalversammlung
Tarte flambée I Umami Micro-greens (vegan)	Tarte flambée I Umami Micro-greens (vegan)
NewRoots Chäsküechli	NewRoots Chäsküechli
Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiertes Gemüse	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiertes Gemüse
Miso Blumenkohlsuppe (vegan)	Miso Blumenkohlsuppe (vegan)
Tzatziki, Fenchel, Pinsa Bread (vegan)	Tzatziki, Fenchel, Pinsa Bread (vegan)

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Discover the climate impact of meals...

Climate Impact

- High
- Medium
- Low



Balance

- Proteins
- Carbohydrates
- Vegetables & Fruits

...and identify balanced nutrition.

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Sauce
Baked potatoes | Mixed Salads | Breadcrumbs
Autumn vegetables...
Yumame | Knoblauch | Spätzli | Miso-Würstchen
Seitangulasch (vegan) | Spätzli | Miso-Würstchen
Dattel Snicker (vegan) | Spätzli | Miso-Würstchen
Brownie | hemp

Monday	Tuesday	Wednesday	Thursday	Friday
Salatvariation 	Salatvariation 	Salatvariation 	Salatvariation 	Salatvariation
Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan) 	Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan) 	Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan) 	Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan) 	Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan)
Fusilli Yumame 	Fusilli Yumame 	Fusilli Yumame 	Fusilli Yumame 	Fusilli Yumame
Seitangulasch Spätzli Miso-Würstchen (vegan) 	Seitangulasch Spätzli Miso-Würstchen (vegan) 	Seitangulasch Spätzli Miso-Würstchen (vegan) 	Seitangulasch Spätzli Miso-Würstchen (vegan) 	Seitangulasch Spätzli Miso-Würstchen (vegan)
Dattel Snicker (vegan) 	Dattel Snicker (vegan) 	Dattel Snicker (vegan) 	Dattel Snicker (vegan) 	Dattel Snicker (vegan)
Hanfsamen Brownie 	Hanfsamen Brownie 	Hanfsamen Brownie 	Hanfsamen Brownie 	Hanfsamen Brownie

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Brembeesauce | Mixed Salads | Baked potatoes | Autumn vegetables...
 Yumame | Yumame | Kürbis (vegan) | Kürbis (vegan) | Miso-Wirsing
 Spätzli | Spätzli | Dattel Snicker (vegan) | Dattel Snicker (vegan) | Hanfsamen Brownie

Saturday

Sunday

Salatvariation



Planted steak | Baked Potatoes | Autumn vegetables | Con-nies Ketchup (vegan)



Fusilli Yumame



Seitangulasch | Spätzli | Miso-Wirsing (vegan)



Dattel Snicker (vegan)



Hanfsamen Brownie



Salatvariation



Planted steak | Baked Potatoes | Autumn vegetables | Con-nies Ketchup (vegan)



Fusilli Yumame



Seitangulasch | Spätzli | Miso-Wirsing (vegan)



Dattel Snicker (vegan)



Hanfsamen Brownie



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New Roots white cheese variations incl. Swiss-Miso +...

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NewRoots Cheese + Swiss Miso (vegan)	NewRoots Cheese + Swiss Miso (vegan)	NewRoots Cheese + Swiss Miso (vegan)	NewRoots Cheese + Swiss Miso (vegan)	NewRoots Cheese + Swiss Miso (vegan)
   	   	   	   	   

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New Roots white cheese variations incl. Swiss-Miso +...

Saturday

NewRoots Cheese + Swiss Miso (vegan)



Sunday

NewRoots Cheese + Swiss Miso (vegan)

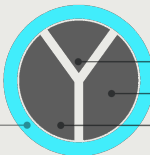


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