

# Grosse Schanze | SNVF Generalversammlung SFNV-Generalversammlung 31.07 to 06.08.2023

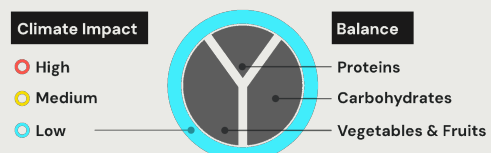
**For the digital meal plan with further details, scan the QR-Code!**



|                                                            | Monday               | Tuesday              | Wednesday            | Thursday             | Friday               |
|------------------------------------------------------------|----------------------|----------------------|----------------------|----------------------|----------------------|
| Menu                                                       | SFNV-Generalsammlung | SFNV-Generalsammlung | SFNV-Generalsammlung | SFNV-Generalsammlung | SFNV-Generalsammlung |
| Tarte flambée I Umami Micro-greens (vegan)                 |                      |                      |                      |                      |                      |
| NewRoots Chäsküechli                                       |                      |                      |                      |                      |                      |
| Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiertes Gemüse |                      |                      |                      |                      |                      |
| Miso Blumenkohlsuppe (vegan)                               |                      |                      |                      |                      |                      |
| Tzatziki I Fennel I Pinsa Bread (vegan)                    |                      |                      |                      |                      |                      |

**Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.**

**Discover the  
climate impact  
of meals...**



**...and  
identify  
balanced  
nutrition.**

# Grosse Schanze | SNVF Generalversammlung

## SFNV-Generalversammlung

### 31.07 to 06.08.2023

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|                                                                                                                                                                                                                                                     | Saturday                                                                                                                                        | Sunday                                                                                                                                          |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|
| Menu<br><br>SFNV-Generalversammlung<br><br>Tarte flambée I Umami Micro-greens (vegan)<br><br>NewRoots Chäsküechli<br><br>Luya Bites I Daikon I New Roots Cheese Pie (vegan)<br><br>Miso soup (vegan)<br><br>Tzatziki I Fennel I Pinsa Bread (vegan) | <div>SFNV-Generalversammlung</div> <div> <div></div> <div> <div></div> <div></div> <div></div> </div> </div>                                    | <div>SFNV-Generalversammlung</div> <div> <div></div> <div> <div></div> <div></div> <div></div> </div> </div>                                    |
|                                                                                                                                                                                                                                                     | <div>Tarte flambée I Umami Micro-greens (vegan)</div> <div> <div></div> <div> <div></div> <div></div> <div></div> </div> </div>                 | <div>Tarte flambée I Umami Micro-greens (vegan)</div> <div> <div></div> <div> <div></div> <div></div> <div></div> </div> </div>                 |
|                                                                                                                                                                                                                                                     | <div>NewRoots Chäsküechli</div> <div> <div></div> </div>                                                                                        | <div>NewRoots Chäsküechli</div> <div> <div></div> </div>                                                                                        |
|                                                                                                                                                                                                                                                     | <div>Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiertes Gemüse</div> <div> <div></div> <div> <div></div> <div></div> <div></div> </div> </div> | <div>Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiertes Gemüse</div> <div> <div></div> <div> <div></div> <div></div> <div></div> </div> </div> |
|                                                                                                                                                                                                                                                     | <div>Miso Blumenkohlsuppe (vegan)</div> <div> <div></div> <div> <div></div> <div></div> <div></div> </div> </div>                               | <div>Miso Blumenkohlsuppe (vegan)</div> <div> <div></div> <div> <div></div> <div></div> <div></div> </div> </div>                               |
|                                                                                                                                                                                                                                                     | <div>Tzatziki, Fenchel, Pinsa Bread (vegan)</div> <div> <div></div> <div> <div></div> <div></div> <div></div> </div> </div>                     | <div>Tzatziki, Fenchel, Pinsa Bread (vegan)</div> <div> <div></div> <div> <div></div> <div></div> <div></div> </div> </div>                     |

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Discover the climate impact of meals...

Climate Impact

- High
- Medium
- Low



Balance

- Proteins
- Carbohydrates
- Vegetables & Fruits

...and identify balanced nutrition.

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## SFNV-Generalversammlung

### 31.07 to 06.08.2023

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Brembeesauce | Mixed Salads | Baked potatoes | Autumn vegetables...  
Yumame | Spätzli | Miso-Würstchen | Kürbis (vegan) | Hanfsamen Brownie

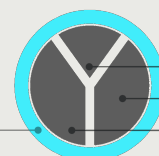
| Monday                                                                                  | Tuesday                                                                                 | Wednesday                                                                               | Thursday                                                                                | Friday                                                                                  |
|-----------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|
| <b>Salatvariation</b><br>                                                               | <b>Salatvariation</b><br>                                                               | <b>Salatvariation</b><br>                                                               | <b>Salatvariation</b><br>                                                               | <b>Salatvariation</b><br>                                                               |
| <b>Planted steak   Baked Potatoes   Autumn vegetables   Connies Ketchup (vegan)</b><br> | <b>Planted steak   Baked Potatoes   Autumn vegetables   Connies Ketchup (vegan)</b><br> | <b>Planted steak   Baked Potatoes   Autumn vegetables   Connies Ketchup (vegan)</b><br> | <b>Planted steak   Baked Potatoes   Autumn vegetables   Connies Ketchup (vegan)</b><br> | <b>Planted steak   Baked Potatoes   Autumn vegetables   Connies Ketchup (vegan)</b><br> |
| <b>Fusilli Yumame</b><br>                                                               | <b>Fusilli Yumame</b><br>                                                               | <b>Fusilli Yumame</b><br>                                                               | <b>Fusilli Yumame</b><br>                                                               | <b>Fusilli Yumame</b><br>                                                               |
| <b>Seitangulasch   Spätzli   Miso-Würstchen (vegan)</b><br>                             | <b>Seitangulasch   Spätzli   Miso-Würstchen (vegan)</b><br>                             | <b>Seitangulasch   Spätzli   Miso-Würstchen (vegan)</b><br>                             | <b>Seitangulasch   Spätzli   Miso-Würstchen (vegan)</b><br>                             | <b>Seitangulasch   Spätzli   Miso-Würstchen (vegan)</b><br>                             |
| <b>Dattel Snicker (vegan)</b><br>                                                       | <b>Dattel Snicker (vegan)</b><br>                                                       | <b>Dattel Snicker (vegan)</b><br>                                                       | <b>Dattel Snicker (vegan)</b><br>                                                       | <b>Dattel Snicker (vegan)</b><br>                                                       |
| <b>Hanfsamen Brownie</b><br>                                                            | <b>Hanfsamen Brownie</b><br>                                                            | <b>Hanfsamen Brownie</b><br>                                                            | <b>Hanfsamen Brownie</b><br>                                                            | <b>Hanfsamen Brownie</b><br>                                                            |

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## SFNV-Generalversammlung

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#### Saturday

#### Sunday

Brembeesauce | Mixed Salads | Baked potatoes | Autumn vegetables...  
Yumame | Yumame | Kürbis (vegan) | Kürbis (vegan) | Miso-Wirsing  
Dattel Snicker (vegan) | Dattel Snicker (vegan) | Hanfsamen Brownie | Hanfsamen Brownie

##### Salatvariation



Planted steak | Baked Potatoes | Autumn vegetables | Con-nies Ketchup (vegan)



##### Fusilli Yumame



Seitangulasch | Spätzli | Miso-Wirsing (vegan)



Dattel Snicker (vegan)



##### Hanfsamen Brownie



##### Salatvariation



Planted steak | Baked Potatoes | Autumn vegetables | Con-nies Ketchup (vegan)



##### Fusilli Yumame



Seitangulasch | Spätzli | Miso-Wirsing (vegan)



Dattel Snicker (vegan)



##### Hanfsamen Brownie



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New Roots white cheese variations incl. Swiss-Miso +...

Monday

NewRoots Cheese + Swiss Miso (vegan)



Tuesday

NewRoots Cheese + Swiss Miso (vegan)



Wednesday

NewRoots Cheese + Swiss Miso (vegan)



Thursday

NewRoots Cheese + Swiss Miso (vegan)



Friday

NewRoots Cheese + Swiss Miso (vegan)



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NewRoots Cheese + Swiss Miso (vegan)



Sunday

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