

Grosse Schanze | SNVF Generalversammlung

SFNV-Generalversammlung

06. to 12.08.1990

For the digital meal plan with further details, scan the QR-Code!



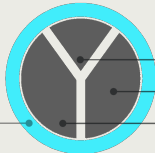
	Monday	Tuesday	Wednesday	Thursday	Friday
Menu	SFNV-Generalversammlung	SFNV-Generalversammlung	SFNV-Generalversammlung	SFNV-Generalversammlung	SFNV-Generalversammlung
Tarte flambée I Umami Micro-greens (vegan)	Tarte flambée I Umami Micro-greens (vegan)	Tarte flambée I Umami Micro-greens (vegan)	Tarte flambée I Umami Micro-greens (vegan)	Tarte flambée I Umami Micro-greens (vegan)	Tarte flambée I Umami Micro-greens (vegan)
NewRoots Chäsküechli	NewRoots Chäsküechli	NewRoots Chäsküechli	NewRoots Chäsküechli	NewRoots Chäsküechli	NewRoots Chäsküechli
Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse
Miso Blumenkohlsuppe (vegan)	Miso Blumenkohlsuppe (vegan)	Miso Blumenkohlsuppe (vegan)	Miso Blumenkohlsuppe (vegan)	Miso Blumenkohlsuppe (vegan)	Miso Blumenkohlsuppe (vegan)
Tzatziki, Fenchel, Pinsa Bread (vegan)	Tzatziki, Fenchel, Pinsa Bread (vegan)	Tzatziki, Fenchel, Pinsa Bread (vegan)	Tzatziki, Fenchel, Pinsa Bread (vegan)	Tzatziki, Fenchel, Pinsa Bread (vegan)	Tzatziki, Fenchel, Pinsa Bread (vegan)

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Discover the climate impact of meals...

Climate Impact

- High
- Medium
- Low



Balance

- Proteins
- Carbohydrates
- Vegetables & Fruits

...and identify balanced nutrition.

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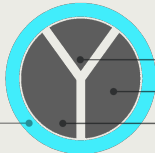
Saturday		Sunday	
Menu SFNV-Generalversammlung Tarte flambée I Umami Micro-greens (vegan) NewRoots Chäsküechli Luya Bites I Daikon I New Roots Cheese Pie (vegan) Miso soup (vegan) Tzatziki I Fennel I Pinsa Bread (vegan)	Menu SFNV-Generalversammlung Tarte flambée I Umami Micro-greens (vegan) NewRoots Chäsküechli Luya Bites I Daikon I New Roots Cheese Pie (vegan) Miso soup (vegan) Tzatziki I Fennel I Pinsa Bread (vegan)	SFNV-Generalversammlung	
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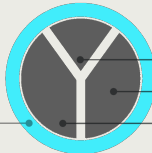
	Monday	Tuesday	Wednesday	Thursday	Friday
Dattel Snicker (vegan) Seitangulasch Spätzli Miso-Wirsing Fusilli Yumame Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan) Salatvariation Sauce	<div>Salatvariation</div> <div><div></div><div></div><div></div><div></div></div>	<div>Salatvariation</div> <div><div></div><div></div><div></div><div></div></div>	<div>Salatvariation</div> <div><div></div><div></div><div></div><div></div></div>	<div>Salatvariation</div> <div><div></div><div></div><div></div><div></div></div>	<div>Salatvariation</div> <div><div></div><div></div><div></div><div></div></div>
	<div>Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan)</div> <div><div></div><div></div><div></div><div></div></div>	<div>Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan)</div> <div><div></div><div></div><div></div><div></div></div>	<div>Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan)</div> <div><div></div><div></div><div></div><div></div></div>	<div>Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan)</div> <div><div></div><div></div><div></div><div></div></div>	<div>Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan)</div> <div><div></div><div></div><div></div><div></div></div>
	<div>Fusilli Yumame</div> <div><div></div><div></div><div></div><div></div></div>	<div>Fusilli Yumame</div> <div><div></div><div></div><div></div><div></div></div>	<div>Fusilli Yumame</div> <div><div></div><div></div><div></div><div></div></div>	<div>Fusilli Yumame</div> <div><div></div><div></div><div></div><div></div></div>	<div>Fusilli Yumame</div> <div><div></div><div></div><div></div><div></div></div>
	<div>Seitangulasch Spätzli Miso-Wirsing (vegan)</div> <div><div></div><div></div><div></div><div></div></div>	<div>Seitangulasch Spätzli Miso-Wirsing (vegan)</div> <div><div></div><div></div><div></div><div></div></div>	<div>Seitangulasch Spätzli Miso-Wirsing (vegan)</div> <div><div></div><div></div><div></div><div></div></div>	<div>Seitangulasch Spätzli Miso-Wirsing (vegan)</div> <div><div></div><div></div><div></div><div></div></div>	<div>Seitangulasch Spätzli Miso-Wirsing (vegan)</div> <div><div></div><div></div><div></div><div></div></div>
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	<div>Hanfsamen Brownie</div> <div><div></div><div></div><div></div><div></div></div>	<div>Hanfsamen Brownie</div> <div><div></div><div></div><div></div><div></div></div>	<div>Hanfsamen Brownie</div> <div><div></div><div></div><div></div><div></div></div>	<div>Hanfsamen Brownie</div> <div><div></div><div></div><div></div><div></div></div>	<div>Hanfsamen Brownie</div> <div><div></div><div></div><div></div><div></div></div>

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Brembeesauce | Mixed Salads | Baked potatoes | Autumn vegetables...
Yumame | Yumame | Kürbis (vegan) | Kürbis (vegan) | Miso-Wirsing
Spätzli | Spätzli | Dattel Snicker (vegan) | Dattel Snicker (vegan) | Hanfsamen Brownie

Saturday

Sunday

Salatvariation



Planted steak | Baked Potatoes | Autumn vegetables | Con-nies Ketchup (vegan)



Fusilli Yumame



Seitangulasch | Spätzli | Miso-Wirsing (vegan)



Dattel Snicker (vegan)



Hanfsamen Brownie



Salatvariation



Planted steak | Baked Potatoes | Autumn vegetables | Con-nies Ketchup (vegan)



Fusilli Yumame



Seitangulasch | Spätzli | Miso-Wirsing (vegan)



Dattel Snicker (vegan)



Hanfsamen Brownie



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New Roots white cheese variations incl. Swiss-Miso +...

Monday

NewRoots Cheese + Swiss Miso (vegan)



Tuesday

NewRoots Cheese + Swiss Miso (vegan)



Wednesday

NewRoots Cheese + Swiss Miso (vegan)



Thursday

NewRoots Cheese + Swiss Miso (vegan)



Friday

NewRoots Cheese + Swiss Miso (vegan)

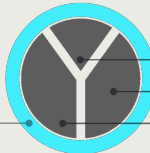


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Saturday

Sunday

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NewRoots Cheese + Swiss Miso (vegan)



NewRoots Cheese + Swiss Miso (vegan)

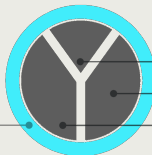


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