

# Grosse Schanze | SNVF Generalversammlung

## SFNV-Generalversammlung

### 04. to 10.08.2008

For the digital meal plan with further details, scan the QR-Code!



|                                                   | Monday                  | Tuesday                 | Wednesday               | Thursday                | Friday                  |
|---------------------------------------------------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|
| Menu                                              | SFNV-Generalversammlung | SFNV-Generalversammlung | SFNV-Generalversammlung | SFNV-Generalversammlung | SFNV-Generalversammlung |
| Tarte flambée I Umami Micro-greens (vegan)        |                         |                         |                         |                         |                         |
|                                                   |                         |                         |                         |                         |                         |
|                                                   |                         |                         |                         |                         |                         |
|                                                   |                         |                         |                         |                         |                         |
|                                                   |                         |                         |                         |                         |                         |
| NewRoots Chäsküechli                              |                         |                         |                         |                         |                         |
| Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiert |                         |                         |                         |                         |                         |
| Gemüse                                            |                         |                         |                         |                         |                         |
| Miso Blumenkohlsuppe (vegan)                      |                         |                         |                         |                         |                         |
| Tzatziki, Fenchel, Pinsa Bread (vegan)            |                         |                         |                         |                         |                         |

Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.

Discover the climate impact of meals...

Climate Impact

- High
- Medium
- Low



Balance

- Proteins
- Carbohydrates
- Vegetables & Fruits

...and identify balanced nutrition.

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| Saturday                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                               | Sunday                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                               |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Menu<br>SFNV-Generalversammlung<br>Tarte flambée I Umami Micro-greens (vegan)<br>NewRoots Chäsküechli<br>Luya Bites I Daikon I New Roots Cheese Pie (vegan)<br>Jalapeno Ketchup I Fermented Vegetables<br>Miso Blumenkohlsuppe (vegan)<br>Tzatziki I Fennel I Pilsa Bread (vegan) | Menu<br>SFNV-Generalversammlung<br>Tarte flambée I Umami Micro-greens (vegan)<br>NewRoots Chäsküechli<br>Luya Bites, Daikon, Jalapeno-Ketchup, fermentiertes Gemüse<br>Miso Blumenkohlsuppe (vegan)<br>Tzatziki, Fenchel, Pinsa Bread (vegan) | Menu<br>SFNV-Generalversammlung<br>Tarte flambée I Umami Micro-greens (vegan)<br>NewRoots Chäsküechli<br>Luya Bites, Daikon, Jalapeno-Ketchup, fermentiertes Gemüse<br>Miso Blumenkohlsuppe (vegan)<br>Tzatziki, Fenchel, Pinsa Bread (vegan) | Menu<br>SFNV-Generalversammlung<br>Tarte flambée I Umami Micro-greens (vegan)<br>NewRoots Chäsküechli<br>Luya Bites, Daikon, Jalapeno-Ketchup, fermentiertes Gemüse<br>Miso Blumenkohlsuppe (vegan)<br>Tzatziki, Fenchel, Pinsa Bread (vegan) |
|                                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                               |
|                                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                               |
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|                                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                               |
|                                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                               |

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Sauce  
Baked potatoes | Mixed Salads | Breadcrumbs  
Autumn vegetables...  
Yumame | Knoblauch | Spätzli | Miso-Würstchen  
Seitangulasch (vegan) | Spätzli | Miso-Würstchen  
Dattel Snicker (vegan) | Spätzli | Miso-Würstchen  
Brownie | hemp

| Monday                                                                           | Tuesday                                                                          | Wednesday                                                                        | Thursday                                                                         | Friday                                                                           |
|----------------------------------------------------------------------------------|----------------------------------------------------------------------------------|----------------------------------------------------------------------------------|----------------------------------------------------------------------------------|----------------------------------------------------------------------------------|
| Salatvariation<br>                                                               | Salatvariation<br>                                                               | Salatvariation<br>                                                               | Salatvariation<br>                                                               | Salatvariation<br>                                                               |
| Planted steak   Baked Potatoes   Autumn vegetables   Connies Ketchup (vegan)<br> | Planted steak   Baked Potatoes   Autumn vegetables   Connies Ketchup (vegan)<br> | Planted steak   Baked Potatoes   Autumn vegetables   Connies Ketchup (vegan)<br> | Planted steak   Baked Potatoes   Autumn vegetables   Connies Ketchup (vegan)<br> | Planted steak   Baked Potatoes   Autumn vegetables   Connies Ketchup (vegan)<br> |
| Fusilli Yumame<br>                                                               | Fusilli Yumame<br>                                                               | Fusilli Yumame<br>                                                               | Fusilli Yumame<br>                                                               | Fusilli Yumame<br>                                                               |
| Seitangulasch   Spätzli   Miso-Würstchen (vegan)<br>                             | Seitangulasch   Spätzli   Miso-Würstchen (vegan)<br>                             | Seitangulasch   Spätzli   Miso-Würstchen (vegan)<br>                             | Seitangulasch   Spätzli   Miso-Würstchen (vegan)<br>                             | Seitangulasch   Spätzli   Miso-Würstchen (vegan)<br>                             |
| Dattel Snicker (vegan)<br>                                                       | Dattel Snicker (vegan)<br>                                                       | Dattel Snicker (vegan)<br>                                                       | Dattel Snicker (vegan)<br>                                                       | Dattel Snicker (vegan)<br>                                                       |
| Hanfsamen Brownie<br>                                                            | Hanfsamen Brownie<br>                                                            | Hanfsamen Brownie<br>                                                            | Hanfsamen Brownie<br>                                                            | Hanfsamen Brownie<br>                                                            |

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Brembeesauce | Mixed Salads | Baked potatoes | Autumn vegetables...  
 Yumame | Knoblau | Fusilli | Miso-Wirsing | Seitangulasch | Spätzli | Dattel Snicker (vegan) | Hanfsamen Brownie |

Saturday

Sunday

Salatvariation



Planted steak | Baked Potatoes | Autumn vegetables | Con-nies Ketchup (vegan)



Fusilli Yumame



Seitangulasch | Spätzli | Miso-Wirsing (vegan)



Dattel Snicker (vegan)



Hanfsamen Brownie



Salatvariation



Planted steak | Baked Potatoes | Autumn vegetables | Con-nies Ketchup (vegan)



Fusilli Yumame



Seitangulasch | Spätzli | Miso-Wirsing (vegan)



Dattel Snicker (vegan)



Hanfsamen Brownie



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New Roots white cheese variations incl. Swiss-Miso +...

| Monday                                                                                                                                                                                                                                                                                                                                  | Tuesday                                                                                                                                                                                                                                                                                                                                 | Wednesday                                                                                                                                                                                                                                                                                                                               | Thursday                                                                                                                                                                                                                                                                                                                                        | Friday                                                                                                                                                                                                                                                                                                                                          |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| NewRoots Cheese + Swiss Miso (vegan)                                                                                                                                                                                                                                                                                                    | NewRoots Cheese + Swiss Miso (vegan)                                                                                                                                                                                                                                                                                                    | NewRoots Cheese + Swiss Miso (vegan)                                                                                                                                                                                                                                                                                                    | NewRoots Cheese + Swiss Miso (vegan)                                                                                                                                                                                                                                                                                                            | NewRoots Cheese + Swiss Miso (vegan)                                                                                                                                                                                                                                                                                                            |
|     |     |     |     |     |

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Saturday

Sunday

New Roots white cheese variations incl. Swiss-Miso +...

NewRoots Cheese + Swiss Miso (vegan)



NewRoots Cheese + Swiss Miso (vegan)



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