

Grosse Schanze | SNVF Generalversammlung

SFNV-Generalversammlung

22. to 28.08.2061

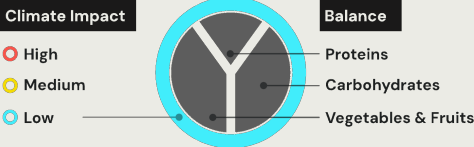
For the digital meal plan with further details, scan the QR-Code!



	Monday	Tuesday	Wednesday	Thursday	Friday
Menu	SFNV-Generalversammlung	SFNV-Generalversammlung	SFNV-Generalversammlung	SFNV-Generalversammlung	SFNV-Generalversammlung
Tarte flambée I Umami Micro-greens (vegan)					
NewRoots Chäsküechli					
Luya Bites I Daikon I NewRoots Cheese Pie (vegan)					
Miso Cauliflower soup (vegan)					
Tzatziki I Fennel I Pinsabrot (vegan)					

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Discover the climate impact of meals...



...and identify balanced nutrition.

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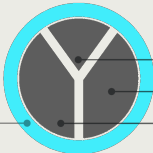
Saturday		Sunday	
Menu s Tsatziki I Fennel I PinSwiss Miso I Cauliflower soup (vegan) sa bread (vegan) Luya Bites I Daikon I New Roots Cheese Pie (vegan) an) Jalapeno Ketchup I Fer-... cro-greens (vegan) Tarte flambée I Umami Micro-greens (vegan)	SFNV-Generalversammlung	SFNV-Generalversammlung	
	<div><div></div><div></div></div>		<div><div></div><div></div></div>
	Tarte flambée I Umami Micro-greens (vegan)		Tarte flambée I Umami Micro-greens (vegan)
	<div><div></div><div></div></div>		<div><div></div><div></div></div>
	NewRoots Chäsküechli		NewRoots Chäsküechli
	<div><div></div><div></div></div>		<div><div></div><div></div></div>
	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiertes Gemüse		Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiertes Gemüse
	<div><div></div><div></div></div>		<div><div></div><div></div></div>
	Miso Blumenkohlsuppe (vegan)		Miso Blumenkohlsuppe (vegan)
	<div><div></div><div></div></div>		<div><div></div><div></div></div>
	Tzatziki, Fenchel, Pinsa Bread (vegan)		Tzatziki, Fenchel, Pinsa Bread (vegan)
	<div><div></div><div></div></div>		<div><div></div><div></div></div>

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Discover the climate impact of meals...

Climate Impact

- High
- Medium
- Low



Balance

- Proteins
- Carbohydrates
- Vegetables & Fruits

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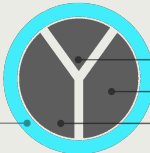
	Monday	Tuesday	Wednesday	Thursday	Friday
<div> <div>Sauce</div> <div>Baked potatoes</div> <div>Mixed Salads</div> <div>I Brembees</div> <div>Plant Potatoes</div> <div>Autumn vegetables</div> <div>Connies</div> <div>Ketchup (vegan)</div> <div>Fusilli</div> <div>Yumame</div> <div>Seitangulasch</div> <div>Spätzli</div> <div>Miso-Wirsing</div> <div>Dattel Snicker (vegan)</div> <div>Hanfsamen Brownie</div> </div>	<div>Salatvariation</div> <div> <div>High</div> <div>Medium</div> <div>Low</div> <div>Proteins</div> <div>Carbohydrates</div> <div>Vegetables & Fruits</div> </div>	<div>Salatvariation</div> <div> <div>High</div> <div>Medium</div> <div>Low</div> <div>Proteins</div> <div>Carbohydrates</div> <div>Vegetables & Fruits</div> </div>	<div>Salatvariation</div> <div> <div>High</div> <div>Medium</div> <div>Low</div> <div>Proteins</div> <div>Carbohydrates</div> <div>Vegetables & Fruits</div> </div>	<div>Salatvariation</div> <div> <div>High</div> <div>Medium</div> <div>Low</div> <div>Proteins</div> <div>Carbohydrates</div> <div>Vegetables & Fruits</div> </div>	<div>Salatvariation</div> <div> <div>High</div> <div>Medium</div> <div>Low</div> <div>Proteins</div> <div>Carbohydrates</div> <div>Vegetables & Fruits</div> </div>
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Brembeesauce | Mixed Salads | Baked potatoes | Autumn vegetables...
Yumame | Yumame | Kürbis (vegan) | Kürbis (vegan) | Miso-Wirsing
Spätzli | Spätzli | Dattel Snicker (vegan) | Dattel Snicker (vegan) | Hanfsamen Brownie

Saturday

Sunday

Salatvariation



Planted steak | Baked Potatoes | Autumn vegetables | Con-nies Ketchup (vegan)



Fusilli Yumame



Seitangulasch | Spätzli | Miso-Wirsing (vegan)



Dattel Snicker (vegan)



Hanfsamen Brownie



Salatvariation



Planted steak | Baked Potatoes | Autumn vegetables | Con-nies Ketchup (vegan)



Fusilli Yumame



Seitangulasch | Spätzli | Miso-Wirsing (vegan)



Dattel Snicker (vegan)



Hanfsamen Brownie

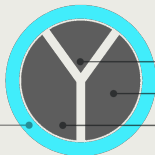


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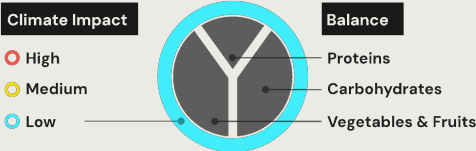


New Roots white cheese variations incl. Swiss-Miso +...

Monday	Tuesday	Wednesday	Thursday	Friday
NewRoots Cheese + Swiss Miso (vegan)	NewRoots Cheese + Swiss Miso (vegan)	NewRoots Cheese + Swiss Miso (vegan)	NewRoots Cheese + Swiss Miso (vegan)	NewRoots Cheese + Swiss Miso (vegan)
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New Roots white cheese variations incl. Swiss-Miso +...

Saturday

NewRoots Cheese + Swiss Miso (vegan)



Sunday

NewRoots Cheese + Swiss Miso (vegan)

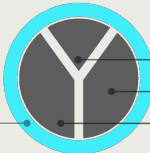


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