

# Grosse Schanze | SNVF Generalversammlung

## SFNV-Generalversammlung

### 18. to 24.09.2006

For the digital meal plan with further details, scan the QR-Code!



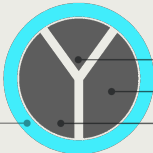
|                                                   | Monday                  | Tuesday                 | Wednesday               | Thursday                | Friday                  |
|---------------------------------------------------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|
| Menu                                              | SFNV-Generalversammlung | SFNV-Generalversammlung | SFNV-Generalversammlung | SFNV-Generalversammlung | SFNV-Generalversammlung |
| Tarte flambée I Umami Micro-greens (vegan)        |                         |                         |                         |                         |                         |
| NewRoots Chäsküechli                              |                         |                         |                         |                         |                         |
| Luya Bites I Daikon I NewRoots Cheese Pie (vegan) |                         |                         |                         |                         |                         |
| Jalapeno Ketchup I Fermented Vegetables           |                         |                         |                         |                         |                         |
| Miso Cauliflower soup (vegan)                     |                         |                         |                         |                         |                         |
| Tzatziki I Fennel I Pilsa Bread (vegan)           |                         |                         |                         |                         |                         |

Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.

Discover the climate impact of meals...

Climate Impact

- High
- Medium
- Low



Balance

- Proteins
- Carbohydrates
- Vegetables & Fruits

...and identify balanced nutrition.

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Menu  
Tarte flambée I Umami Micro-greens (vegan)  
NewRoots Chäsküechli  
Luya Bites I Daikon I NewRoots Cheese Pie (vegan)  
Jalapeno Ketchup I Fermented Vegetables  
Miso I Cauliflower soup (vegan)  
Tzatziki I Fennel I Pilsa Bread (vegan)

Saturday

Sunday

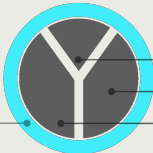
|                                                                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                                                                                  |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| SFNV-Generalversammlung                                                                                                                                                                                                                                                                    | SFNV-Generalversammlung                                                                                                                                                                                                                                                                          |
| <div><div></div><div></div></div>       | <div><div></div><div></div></div>       |
| Tarte flambée I Umami Micro-greens (vegan)                                                                                                                                                                                                                                                 | Tarte flambée I Umami Micro-greens (vegan)                                                                                                                                                                                                                                                       |
| <div><div></div><div></div></div>       | <div><div></div><div></div></div>       |
| NewRoots Chäsküechli                                                                                                                                                                                                                                                                       | NewRoots Chäsküechli                                                                                                                                                                                                                                                                             |
| <div><div></div><div></div></div>                                                                                                                                                                                                                                                          | <div><div></div><div></div></div>                                                                                                                                                                                                                                                                |
| Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiertes Gemüse                                                                                                                                                                                                                                 | Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiertes Gemüse                                                                                                                                                                                                                                       |
| <div><div></div><div></div></div> | <div><div></div><div></div></div> |
| Miso Blumenkohlsuppe (vegan)                                                                                                                                                                                                                                                               | Miso Blumenkohlsuppe (vegan)                                                                                                                                                                                                                                                                     |
| <div><div></div><div></div></div> | <div><div></div><div></div></div> |
| Tzatziki, Fenchel, Pinsa Bread (vegan)                                                                                                                                                                                                                                                     | Tzatziki, Fenchel, Pinsa Bread (vegan)                                                                                                                                                                                                                                                           |
| <div><div></div><div></div></div> | <div><div></div><div></div></div> |

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Sauce  
Baked potatoes | Mixed Salads | Breadcrumbs  
Autumn vegetables...  
Yumame | Knoblauch | Spätzli | Miso-Würstchen  
Fusilli | Spätzli | Miso-Würstchen  
Seitangulasch (vegan) | Dattel Snicker (vegan) | Hanfsamen Brownie

Monday

Salatvariation



Planted steak | Baked Potatoes | Autumn vegetables | Connies Ketchup (vegan)



Fusilli Yumame



Seitangulasch | Spätzli | Miso-Würstchen (vegan)



Dattel Snicker (vegan)



Hanfsamen Brownie



Tuesday

Salatvariation



Planted steak | Baked Potatoes | Autumn vegetables | Connies Ketchup (vegan)



Fusilli Yumame



Seitangulasch | Spätzli | Miso-Würstchen (vegan)



Dattel Snicker (vegan)



Hanfsamen Brownie



Wednesday

Salatvariation



Planted steak | Baked Potatoes | Autumn vegetables | Connies Ketchup (vegan)



Fusilli Yumame



Seitangulasch | Spätzli | Miso-Würstchen (vegan)



Dattel Snicker (vegan)



Hanfsamen Brownie



Thursday

Salatvariation



Planted steak | Baked Potatoes | Autumn vegetables | Connies Ketchup (vegan)



Fusilli Yumame



Seitangulasch | Spätzli | Miso-Würstchen (vegan)



Dattel Snicker (vegan)



Hanfsamen Brownie



Friday

Salatvariation



Planted steak | Baked Potatoes | Autumn vegetables | Connies Ketchup (vegan)



Fusilli Yumame



Seitangulasch | Spätzli | Miso-Würstchen (vegan)



Dattel Snicker (vegan)



Hanfsamen Brownie

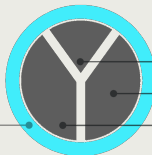


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Brembeesauce | Mixed Salads | Baked potatoes | Autumn vegetables...  
 Yumame | Planting | Spätzli | Miso-Wirsing | Dattel Snicker (vegan) | Hanfsamen Brownie

Saturday

Sunday

Salatvariation



Planted steak | Baked Potatoes | Autumn vegetables | Con-nies Ketchup (vegan)



Fusilli Yumame



Seitangulasch | Spätzli | Miso-Wirsing (vegan)



Dattel Snicker (vegan)



Hanfsamen Brownie



Salatvariation



Planted steak | Baked Potatoes | Autumn vegetables | Con-nies Ketchup (vegan)



Fusilli Yumame



Seitangulasch | Spätzli | Miso-Wirsing (vegan)



Dattel Snicker (vegan)



Hanfsamen Brownie



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New Roots white cheese variations incl. Swiss-Miso +...

| Monday                                                       | Tuesday                                                      | Wednesday                                                    | Thursday                                                     | Friday                                                       |
|--------------------------------------------------------------|--------------------------------------------------------------|--------------------------------------------------------------|--------------------------------------------------------------|--------------------------------------------------------------|
| NewRoots Cheese + Swiss Miso (vegan)                         | NewRoots Cheese + Swiss Miso (vegan)                         | NewRoots Cheese + Swiss Miso (vegan)                         | NewRoots Cheese + Swiss Miso (vegan)                         | NewRoots Cheese + Swiss Miso (vegan)                         |
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Saturday

NewRoots Cheese + Swiss Miso (vegan)



Sunday

NewRoots Cheese + Swiss Miso (vegan)

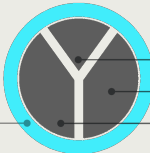


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