

Grosse Schanze | SNVF Generalversammlung

SFNV-Generalversammlung

22. to 28.09.2025

For the digital meal plan with further details, scan the QR-Code!



	Monday	Tuesday	Wednesday	Thursday	Friday
Menu	SFNV-Generalversammlung	SFNV-Generalversammlung	SFNV-Generalversammlung	SFNV-Generalversammlung	SFNV-Generalversammlung
Tarte flambée I Umami Micro-greens (vegan)					
NewRoots Chäsküechli					
Luya Bites I Daikon I NewRoots Cheese Pie (vegan)					
Luya Bites I Daikon I Cauliflower soup (vegan)					
Tzatziki I Fennel I Pinsabread (vegan)					

Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.

Discover the climate impact of meals...

Climate Impact

- High
- Medium
- Low



Balance

- Proteins
- Carbohydrates
- Vegetables & Fruits

...and identify balanced nutrition.

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Saturday		Sunday	
Menu s Tsatziki I Fennel I PinSwiss Miso I Cauliflower soup (vegan) sa bread (vegan) Luya Bites I Daikon I New Roots Cheese Pie (vegan) an) Jalapeno Ketchup I Fer-... cro-greens (vegan) Tarte flambée I Umami Micro-greens (vegan)	SFNV-Generalversammlung	SFNV-Generalversammlung	
			  
	Tarte flambée I Umami Micro-greens (vegan)		  
	NewRoots Chäsküechli		
	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiertes Gemüse		  
	Miso Blumenkohlsuppe (vegan)		  
	Tzatziki, Fenchel, Pinsa Bread (vegan)	Tzatziki, Fenchel, Pinsa Bread (vegan)	  
			  

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	Monday	Tuesday	Wednesday	Thursday	Friday
Sauce Baked potatoes Autumn vegetables... Mixed Salads Plant-based Steak Fusilli Seitangulasch Spätzli Miso-Wirsing Dattel Snicker (vegan) Brownie hemp	Salatvariation High Medium Low Proteins Carbohydrates Vegetables & Fruits	Salatvariation High Medium Low Proteins Carbohydrates Vegetables & Fruits	Salatvariation High Medium Low Proteins Carbohydrates Vegetables & Fruits	Salatvariation High Medium Low Proteins Carbohydrates Vegetables & Fruits	Salatvariation High Medium Low Proteins Carbohydrates Vegetables & Fruits
	Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan) High Medium Low Proteins Carbohydrates Vegetables & Fruits	Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan) High Medium Low Proteins Carbohydrates Vegetables & Fruits	Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan) High Medium Low Proteins Carbohydrates Vegetables & Fruits	Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan) High Medium Low Proteins Carbohydrates Vegetables & Fruits	Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan) High Medium Low Proteins Carbohydrates Vegetables & Fruits
	Fusilli Yumame High Medium Low Proteins Carbohydrates Vegetables & Fruits	Fusilli Yumame High Medium Low Proteins Carbohydrates Vegetables & Fruits	Fusilli Yumame High Medium Low Proteins Carbohydrates Vegetables & Fruits	Fusilli Yumame High Medium Low Proteins Carbohydrates Vegetables & Fruits	Fusilli Yumame High Medium Low Proteins Carbohydrates Vegetables & Fruits
	Seitangulasch Spätzli Miso-Wirsing (vegan) High Medium Low Proteins Carbohydrates Vegetables & Fruits	Seitangulasch Spätzli Miso-Wirsing (vegan) High Medium Low Proteins Carbohydrates Vegetables & Fruits	Seitangulasch Spätzli Miso-Wirsing (vegan) High Medium Low Proteins Carbohydrates Vegetables & Fruits	Seitangulasch Spätzli Miso-Wirsing (vegan) High Medium Low Proteins Carbohydrates Vegetables & Fruits	Seitangulasch Spätzli Miso-Wirsing (vegan) High Medium Low Proteins Carbohydrates Vegetables & Fruits
	Dattel Snicker (vegan) High Medium Low Proteins Carbohydrates Vegetables & Fruits	Dattel Snicker (vegan) High Medium Low Proteins Carbohydrates Vegetables & Fruits	Dattel Snicker (vegan) High Medium Low Proteins Carbohydrates Vegetables & Fruits	Dattel Snicker (vegan) High Medium Low Proteins Carbohydrates Vegetables & Fruits	Dattel Snicker (vegan) High Medium Low Proteins Carbohydrates Vegetables & Fruits
	Hanfsamen Brownie High Medium Low Proteins Carbohydrates Vegetables & Fruits	Hanfsamen Brownie High Medium Low Proteins Carbohydrates Vegetables & Fruits	Hanfsamen Brownie High Medium Low Proteins Carbohydrates Vegetables & Fruits	Hanfsamen Brownie High Medium Low Proteins Carbohydrates Vegetables & Fruits	Hanfsamen Brownie High Medium Low Proteins Carbohydrates Vegetables & Fruits

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Brembeesauce | Mixed Salads | Baked potatoes | Autumn vegetables...
Yumame | Yumame | Kürbis (vegan) | Kürbis (vegan) | Miso-Wirsing
Spätzli | Spätzli | Dattel Snicker (vegan) | Dattel Snicker (vegan) | Hanfsamen Brownie

Saturday

Sunday

Salatvariation



Planted steak | Baked Potatoes | Autumn vegetables | Con-nies Ketchup (vegan)



Fusilli Yumame



Seitangulasch | Spätzli | Miso-Wirsing (vegan)



Dattel Snicker (vegan)



Hanfsamen Brownie



Salatvariation



Planted steak | Baked Potatoes | Autumn vegetables | Con-nies Ketchup (vegan)



Fusilli Yumame



Seitangulasch | Spätzli | Miso-Wirsing (vegan)



Dattel Snicker (vegan)



Hanfsamen Brownie



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New Roots white cheese variations incl. Swiss-Miso +...

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NewRoots Cheese + Swiss Miso (vegan)	NewRoots Cheese + Swiss Miso (vegan)	NewRoots Cheese + Swiss Miso (vegan)	NewRoots Cheese + Swiss Miso (vegan)	NewRoots Cheese + Swiss Miso (vegan)
   	   	   	   	   

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Saturday

Sunday

New Roots white cheese variations incl. Swiss-Miso +...

NewRoots Cheese + Swiss Miso (vegan)



NewRoots Cheese + Swiss Miso (vegan)



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