

Grosse Schanze | SNVF Generalversammlung

SFNV-Generalversammlung

03. to 09.10.2061

For the digital meal plan with further details, scan the QR-Code!



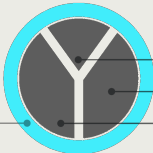
	Monday	Tuesday	Wednesday	Thursday	Friday
Menu	SFNV-Generalversammlung <div> </div>	SFNV-Generalversammlung <div> </div>	SFNV-Generalversammlung <div> </div>	SFNV-Generalversammlung <div> </div>	SFNV-Generalversammlung <div> </div>
Tarte flambée I Umami Micro-greens (vegan)	Tarte flambée I Umami Micro-greens (vegan) <div> </div>	Tarte flambée I Umami Micro-greens (vegan) <div> </div>	Tarte flambée I Umami Micro-greens (vegan) <div> </div>	Tarte flambée I Umami Micro-greens (vegan) <div> </div>	Tarte flambée I Umami Micro-greens (vegan) <div> </div>
NewRoots Chäsküechli	NewRoots Chäsküechli <div> </div>	NewRoots Chäsküechli <div> </div>	NewRoots Chäsküechli <div> </div>	NewRoots Chäsküechli <div> </div>	NewRoots Chäsküechli <div> </div>
Luya Bites I Daikon I NewRoots Cheese Pie (vegan)	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse <div> </div>	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse <div> </div>	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse <div> </div>	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse <div> </div>	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse <div> </div>
Miso Blumensuppe (vegan)	Miso Blumenkohl- suppe (vegan) <div> </div>	Miso Blumenkohl- suppe (vegan) <div> </div>	Miso Blumenkohl- suppe (vegan) <div> </div>	Miso Blumenkohl- suppe (vegan) <div> </div>	Miso Blumenkohl- suppe (vegan) <div> </div>
Tzatziki I Fenchel I Pinsa Bread (vegan)	Tzatziki, Fenchel, Pinsa Bread (vegan) <div> </div>	Tzatziki, Fenchel, Pinsa Bread (vegan) <div> </div>	Tzatziki, Fenchel, Pinsa Bread (vegan) <div> </div>	Tzatziki, Fenchel, Pinsa Bread (vegan) <div> </div>	Tzatziki, Fenchel, Pinsa Bread (vegan) <div> </div>

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Discover the climate impact of meals...

Climate Impact

- High
- Medium
- Low



Balance

- Proteins
- Carbohydrates
- Vegetables & Fruits

...and identify balanced nutrition.

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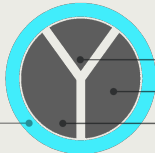
Saturday		Sunday	
Menu s Tsatziki I Fennel I PinSwiss Miso I Cauliflower soup (vegan) sa bread (vegan) Luya Bites I Daikon I New Roots Cheese Pie (vegan) an) cro-greens (vegan) Tarte flambée I Umami Micro-greens (vegan)	SFNV-Generalversammlung	SFNV-Generalversammlung	
	<div><div></div><div></div></div>		<div><div></div><div></div></div>
	Tarte flambée I Umami Micro-greens (vegan)		
	<div><div></div><div></div></div>		<div><div></div><div></div></div>
	NewRoots Chäsküechli		
	<div><div></div><div></div></div>		<div><div></div><div></div></div>
Luya Bites I Daikon I New Roots Cheese Pie (vegan) an) cro-greens (vegan) Tarte flambée I Umami Micro-greens (vegan)	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiertes Gemüse	Luya Bites, Daikon, Jalapeno-Ketchup, fermentiertes Gemüse	
	<div><div></div><div></div></div>		<div><div></div><div></div></div>
	Miso Blumenkohlsuppe (vegan)		
	<div><div></div><div></div></div>		<div><div></div><div></div></div>
Luya Bites I Daikon I New Roots Cheese Pie (vegan) an) cro-greens (vegan) Tarte flambée I Umami Micro-greens (vegan)	Tzatziki, Fenchel, Pinsa Bread (vegan)	Tzatziki, Fenchel, Pinsa Bread (vegan)	
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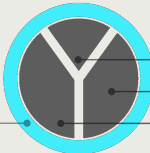
	Monday	Tuesday	Wednesday	Thursday	Friday
<div> <div>Sauce</div> <div> <div>Baked potatoes</div> <div>Mixed Salads</div> <div>I Breunbees</div> </div> <div> <div>Planting</div> <div>vegetables...</div> <div>Autumn</div> </div> <div> <div>Spätzli</div> <div>Miso-Würstchen</div> </div> <div> <div>Dattel Snicker</div> <div>(vegan)</div> </div> <div> <div>Brownie</div> <div> hemp</div> </div> </div>	<div>Salatvariation</div> <div> <div> <div></div> <div></div> <div></div> <div></div> </div> </div> <div> <div>Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan)</div> <div> <div></div> <div></div> <div></div> <div></div> </div> </div> <div> <div>Fusilli Yumame</div> <div> <div></div> <div></div> <div></div> <div></div> </div> </div> <div> <div>Seitangulasch Spätzli Miso-Würstchen (vegan)</div> <div> <div></div> <div></div> <div></div> <div></div> </div> </div> <div> <div>Dattel Snicker (vegan)</div> <div> <div></div> <div></div> <div></div> <div></div> </div> </div> <div> <div>Hanfsamen Brownie</div> <div> <div></div> <div></div> <div></div> <div></div> </div> </div>	<div>Salatvariation</div> <div> <div> <div></div> <div></div> <div></div> <div></div> </div> </div> <div> <div>Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan)</div> <div> <div></div> <div></div> <div></div> <div></div> </div> </div> <div> <div>Fusilli Yumame</div> <div> <div></div> <div></div> <div></div> <div></div> </div> </div> <div> <div>Seitangulasch Spätzli Miso-Würstchen (vegan)</div> <div> <div></div> <div></div> <div></div> <div></div> </div> </div> <div> <div>Dattel Snicker (vegan)</div> <div> <div></div> <div></div> <div></div> <div></div> </div> </div> <div> <div>Hanfsamen Brownie</div> <div> <div></div> <div></div> <div></div> <div></div> </div> </div>	<div>Salatvariation</div> <div> <div> <div></div> <div></div> <div></div> <div></div> </div> </div> <div> <div>Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan)</div> <div> <div></div> <div></div> <div></div> <div></div> </div> </div> <div> <div>Fusilli Yumame</div> <div> <div></div> <div></div> <div></div> <div></div> </div> </div> <div> <div>Seitangulasch Spätzli Miso-Würstchen (vegan)</div> <div> <div></div> <div></div> <div></div> <div></div> </div> </div> <div> <div>Dattel Snicker (vegan)</div> <div> <div></div> <div></div> <div></div> <div></div> </div> </div> <div> <div>Hanfsamen Brownie</div> <div> <div></div> <div></div> <div></div> <div></div> </div> </div>	<div>Salatvariation</div> <div> <div> <div></div> <div></div> <div></div> <div></div> </div> </div> <div> <div>Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan)</div> <div> <div></div> <div></div> <div></div> <div></div> </div> </div> <div> <div>Fusilli Yumame</div> <div> <div></div> <div></div> <div></div> <div></div> </div> </div> <div> <div>Seitangulasch Spätzli Miso-Würstchen (vegan)</div> <div> <div></div> <div></div> <div></div> <div></div> </div> </div> <div> <div>Dattel Snicker (vegan)</div> <div> <div></div> <div></div> <div></div> <div></div> </div> </div> <div> <div>Hanfsamen Brownie</div> <div> <div></div> <div></div> <div></div> <div></div> </div> </div>	<div>Salatvariation</div> <div> <div> <div></div> <div></div> <div></div> <div></div> </div> </div> <div> <div>Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan)</div> <div> <div></div> <div></div> <div></div> <div></div> </div> </div> <div> <div>Fusilli Yumame</div> <div> <div></div> <div></div> <div></div> <div></div> </div> </div> <div> <div>Seitangulasch Spätzli Miso-Würstchen (vegan)</div> <div> <div></div> <div></div> <div></div> <div></div> </div> </div> <div> <div>Dattel Snicker (vegan)</div> <div> <div></div> <div></div> <div></div> <div></div> </div> </div> <div> <div>Hanfsamen Brownie</div> <div> <div></div> <div></div> <div></div> <div></div> </div> </div>

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Brembeesauce | Mixed Salads | Baked potatoes | Autumn vegetables...
Yumame | Yumame | Kürbis (vegan) | Kürbis (vegan) | Miso-Wirsing
Dattel Snicker (vegan) | Dattel Snicker (vegan) | Hanfsamen Brownie | Hanfsamen Brownie

Saturday

Sunday

Salatvariation



Planted steak | Baked Potatoes | Autumn vegetables | Con-nies Ketchup (vegan)



Fusilli Yumame



Seitangulasch | Spätzli | Miso-Wirsing (vegan)



Dattel Snicker (vegan)



Hanfsamen Brownie



Salatvariation



Planted steak | Baked Potatoes | Autumn vegetables | Con-nies Ketchup (vegan)



Fusilli Yumame



Seitangulasch | Spätzli | Miso-Wirsing (vegan)



Dattel Snicker (vegan)



Hanfsamen Brownie



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New Roots white cheese variations incl. Swiss-Miso +...

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<div><div></div><div></div><div></div><div></div></div>	<div><div></div><div></div><div></div><div></div></div>	<div><div></div><div></div><div></div><div></div></div>	<div><div></div><div></div><div></div><div></div></div>	<div><div></div><div></div><div></div><div></div></div>

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New Roots white cheese variations incl. Swiss-Miso +...

Saturday

NewRoots Cheese + Swiss Miso (vegan)



Sunday

NewRoots Cheese + Swiss Miso (vegan)

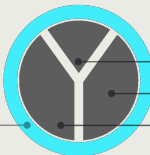


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