

# Grosse Schanze | SNVF Generalversammlung

## SFNV-Generalversammlung

### 06. to 12.10.2014

For the digital meal plan with further details, scan the QR-Code!



Menu

Tarte flambée I Umami Micro-greens (vegan)

New Roots Cheese Pie (vegan)

Miso soup (vegan)

Tzatziki I Fennel I Pina Bread (vegan)

Monday

Tuesday

Wednesday

Thursday

Friday

SFNV-Generalversammlung



SFNV-Generalversammlung



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Tarte flambée I Umami Micro-greens (vegan)



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Tarte flambée I Umami Micro-greens (vegan)



NewRoots Chäsküechli



NewRoots Chäsküechli



NewRoots Chäsküechli



NewRoots Chäsküechli



NewRoots Chäsküechli



Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse



Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse



Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse



Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse



Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse



Miso Blumenkohlsuppe (vegan)



Miso Blumenkohlsuppe (vegan)



Miso Blumenkohlsuppe (vegan)



Miso Blumenkohlsuppe (vegan)



Miso Blumenkohlsuppe (vegan)



Tzatziki, Fenchel, Pinsa Bread (vegan)



Tzatziki, Fenchel, Pinsa Bread (vegan)



Tzatziki, Fenchel, Pinsa Bread (vegan)



Tzatziki, Fenchel, Pinsa Bread (vegan)



Tzatziki, Fenchel, Pinsa Bread (vegan)

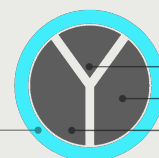


Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.

Discover the climate impact of meals...

Climate Impact

- High
- Medium
- Low



Balance

- Proteins
- Carbohydrates
- Vegetables & Fruits

...and identify balanced nutrition.

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| Saturday                                                                                                                                                                                                             |                                          | Sunday                  |                                            |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------|-------------------------|--------------------------------------------|
| Menu<br><br>Tarte flambée I Umami Micro-greens (vegan)<br><br>NewRoots Chäsküechli<br><br>Luya Bites I Daikon I New Roots Cheese Pie (vegan)<br><br>Miso soup (vegan)<br><br>Tzatziki I Fennel I Pinsa Bread (vegan) | SFNV-Generalversammlung                  | SFNV-Generalversammlung | Tarte flambée I Umami Micro-greens (vegan) |
|                                                                                                                                                                                                                      | Low Climate Impact, No Dairy, No Eggs    |                         | Low Climate Impact, No Dairy, No Eggs      |
|                                                                                                                                                                                                                      | Low Climate Impact, No Dairy, No Eggs    |                         | Low Climate Impact, No Dairy, No Eggs      |
|                                                                                                                                                                                                                      | Medium Climate Impact, No Dairy, No Eggs |                         | Medium Climate Impact, No Dairy, No Eggs   |
|                                                                                                                                                                                                                      | Low Climate Impact, No Dairy, No Eggs    |                         | Low Climate Impact, No Dairy, No Eggs      |
|                                                                                                                                                                                                                      | Low Climate Impact, No Dairy, No Eggs    |                         | Low Climate Impact, No Dairy, No Eggs      |

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Sauce  
Baked potatoes | Mixed Salads | Breadcrumbs  
Autumn vegetables...  
Yumame | Knoblauch | Spätzli | Miso-Würstchen  
Fusilli | Miso-Würstchen  
Dattel Snicker (vegan)  
Brownie | hemp

| Monday                                                                                                                                                                                                                                                                                                                                                                                                                  | Tuesday                                                                                                                                                                                                                                                                                                                                                                                                                 | Wednesday                                                                                                                                                                                                                                                                                                                                                                                                               | Thursday                                                                                                                                                                                                                                                                                                                                                                                                                        | Friday                                                                                                                                                                                                                                                                                                                                                                                                                          |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Salatvariation<br>                                                                  | Salatvariation<br>                                                                  | Salatvariation<br>                                                                  | Salatvariation<br>                                                                  | Salatvariation<br>                                                                  |
| Planted steak   Baked Potatoes   Autumn vegetables   Connies Ketchup (vegan)<br>    | Planted steak   Baked Potatoes   Autumn vegetables   Connies Ketchup (vegan)<br>    | Planted steak   Baked Potatoes   Autumn vegetables   Connies Ketchup (vegan)<br>    | Planted steak   Baked Potatoes   Autumn vegetables   Connies Ketchup (vegan)<br>    | Planted steak   Baked Potatoes   Autumn vegetables   Connies Ketchup (vegan)<br>    |
| Fusilli Yumame<br>                                                          | Fusilli Yumame<br>                                                          | Fusilli Yumame<br>                                                          | Fusilli Yumame<br>                                                          | Fusilli Yumame<br>                                                          |
| Seitangulasch   Spätzli   Miso-Würstchen (vegan)<br>                        | Seitangulasch   Spätzli   Miso-Würstchen (vegan)<br>                        | Seitangulasch   Spätzli   Miso-Würstchen (vegan)<br>                        | Seitangulasch   Spätzli   Miso-Würstchen (vegan)<br>                        | Seitangulasch   Spätzli   Miso-Würstchen (vegan)<br>                        |
| Dattel Snicker (vegan)<br>                                                  | Dattel Snicker (vegan)<br>                                                  | Dattel Snicker (vegan)<br>                                                  | Dattel Snicker (vegan)<br>                                                  | Dattel Snicker (vegan)<br>                                                  |
| Hanfsamen Brownie<br>                                                       | Hanfsamen Brownie<br>                                                       | Hanfsamen Brownie<br>                                                       | Hanfsamen Brownie<br>                                                       | Hanfsamen Brownie<br>                                                       |

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Brembeesauce | Mixed Salads | Baked potatoes | Autumn vegetables...  
Yumame | Yumame | Kürbis (vegan) | Kürbis (vegan) | Miso-Wirsing  
Spätzli | Spätzli | Dattel Snicker (vegan) | Dattel Snicker (vegan) | Hanfsamen Brownie

Saturday

Sunday

Salatvariation



Planted steak | Baked Potatoes | Autumn vegetables | Con-nies Ketchup (vegan)



Fusilli Yumame



Seitangulasch | Spätzli | Miso-Wirsing (vegan)



Dattel Snicker (vegan)



Hanfsamen Brownie



Salatvariation



Planted steak | Baked Potatoes | Autumn vegetables | Con-nies Ketchup (vegan)



Fusilli Yumame



Seitangulasch | Spätzli | Miso-Wirsing (vegan)



Dattel Snicker (vegan)



Hanfsamen Brownie



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New Roots white cheese variations incl. Swiss-Miso +...

| Monday                                                       | Tuesday                                                      | Wednesday                                                    | Thursday                                                     | Friday                                                       |
|--------------------------------------------------------------|--------------------------------------------------------------|--------------------------------------------------------------|--------------------------------------------------------------|--------------------------------------------------------------|
| NewRoots Cheese + Swiss Miso (vegan)                         | NewRoots Cheese + Swiss Miso (vegan)                         | NewRoots Cheese + Swiss Miso (vegan)                         | NewRoots Cheese + Swiss Miso (vegan)                         | NewRoots Cheese + Swiss Miso (vegan)                         |
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Saturday

Sunday

New Roots white cheese variations incl. Swiss-Miso +...

NewRoots Cheese + Swiss Miso (vegan)



NewRoots Cheese + Swiss Miso (vegan)



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