

Grosse Schanze | SNVF Generalversammlung SFNV-Generalversammlung 22. to 28.10.2012

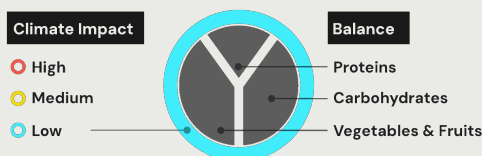
For the digital meal plan with further details, scan the QR-Code!



	Monday	Tuesday	Wednesday	Thursday	Friday
Menu	SFNV-Generalver- sammlung	SFNV-Generalver- sammlung	SFNV-Generalver- sammlung	SFNV-Generalver- sammlung	SFNV-Generalver- sammlung
Tzatziki I Fennel I Pinsa Bread (vegan)					
Miso I Cauliflower soup (vegan)					
Luya Bites I Daikon I New Roots Cheese Pie (vegan)					
Tarte flambée I Umani Micro-greens (vegan)					
NewRoots Chäsküechli					
Luya Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse					
Miso Blumenkohlsuppe (vegan)					
Tzatziki I Fennel I Pinsa Bread (vegan)					

Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.

**Discover the
climate impact
of meals...**



...and
identify
balanced
nutrition.

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SFNV-Generalversammlung

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Menu

Tarte flambée I Umami Micro-greens (vegan)

New Roots Cheese Pie

Luya Bites I Daikon I New Roots Cheese Pie I Fermented Vegetables I Jalapeno Ketchup

Miso I Cauliflower soup (vegan)

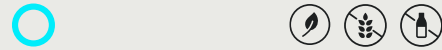
Tzatziki I Fennel I Pilsa Bread (vegan)

Saturday

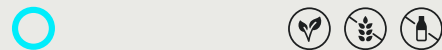
Sunday

Sunday

SFNV-Generalversammlung



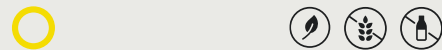
Tarte flambée I Umami Micro-greens (vegan)



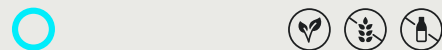
NewRoots Chäsküechli



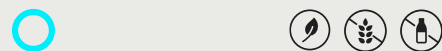
Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse



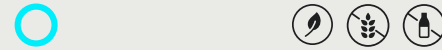
Miso Blumenkohlsuppe (vegan)



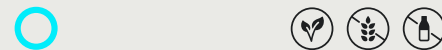
Tzatziki, Fenchel, Pinsa Bread (vegan)



SFNV-Generalversammlung



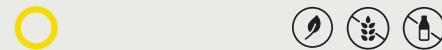
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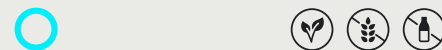
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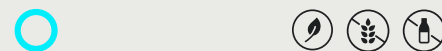
Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse



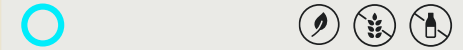
Miso Blumenkohlsuppe (vegan)



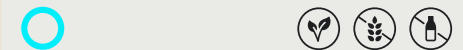
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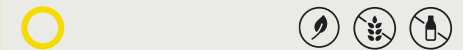
Tarte flambée I Umami Micro-greens (vegan)



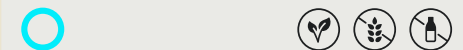
NewRoots Chäsküechli



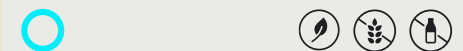
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Miso Blumenkohlsuppe (vegan)



Tzatziki, Fenchel, Pinsa Bread (vegan)

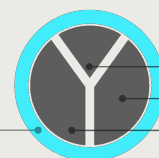


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Discover the climate impact of meals...

Climate Impact

- High
- Medium
- Low



Balance

- Proteins
- Carbohydrates
- Vegetables & Fruits

...and identify balanced nutrition.

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Sauce
Baked potatoes | Mixed Salads | Breadcrumbs
Autumn vegetables...
Yumame | Knoblauch | Spätzli | Miso-Würstchen
Fusilli | Kürbis (vegan) | Sauce | Miso-Würstchen
Dattel Snicker (vegan) | Spätzli | Miso-Würstchen
Brownie | hemp

Monday	Tuesday	Wednesday	Thursday	Friday
Salatvariation 	Salatvariation 	Salatvariation 	Salatvariation 	Salatvariation
Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan) 	Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan) 	Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan) 	Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan) 	Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan)
Fusilli Yumame 	Fusilli Yumame 	Fusilli Yumame 	Fusilli Yumame 	Fusilli Yumame
Seitangulasch Spätzli Miso-Würstchen (vegan) 	Seitangulasch Spätzli Miso-Würstchen (vegan) 	Seitangulasch Spätzli Miso-Würstchen (vegan) 	Seitangulasch Spätzli Miso-Würstchen (vegan) 	Seitangulasch Spätzli Miso-Würstchen (vegan)
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Hanfsamen Brownie 	Hanfsamen Brownie 	Hanfsamen Brownie 	Hanfsamen Brownie 	Hanfsamen Brownie

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Saturday
Sunday
Sunday

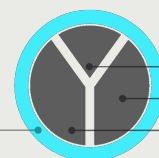
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Seitangulasch Spätzli Miso-Wirsing (vegan)    	Seitangulasch Spätzli Miso-Wirsing (vegan)    	Seitangulasch Spätzli Miso-Wirsing (vegan)    
Dattel Snicker (vegan)    	Dattel Snicker (vegan)    	Dattel Snicker (vegan)    
Hanfsamen Brownie    	Hanfsamen Brownie    	Hanfsamen Brownie    

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New Roots white cheese variations incl. Swiss-Miso +...

Monday

NewRoots Cheese + Swiss Miso (vegan)



Tuesday

NewRoots Cheese + Swiss Miso (vegan)



Wednesday

NewRoots Cheese + Swiss Miso (vegan)



Thursday

NewRoots Cheese + Swiss Miso (vegan)



Friday

NewRoots Cheese + Swiss Miso (vegan)



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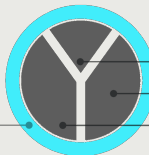
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NewRoots Cheese + Swiss Miso (vegan)



Sunday

NewRoots Cheese + Swiss Miso (vegan)



Sunday

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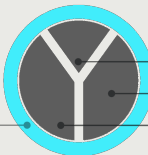


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