

Grosse Schanze | SNVF Generalversammlung

SFNV-Generalversammlung

23. to 29.10.2051

For the digital meal plan with further details, scan the QR-Code!



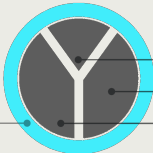
	Monday	Tuesday	Wednesday	Thursday	Friday
Menu	SFNV-Generalversammlung	SFNV-Generalversammlung	SFNV-Generalversammlung	SFNV-Generalversammlung	SFNV-Generalversammlung
Tarte flambée I Umami Micro-greens (vegan)					
NewRoots Chäsküechli					
Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiert					
Gemüse					
Miso Blumenkohlsuppe (vegan)					
Tzatziki, Fenchel, Pinsa Bread (vegan)					

Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.

Discover the climate impact of meals...

Climate Impact

- High
- Medium
- Low



Balance

- Proteins
- Carbohydrates
- Vegetables & Fruits

...and identify balanced nutrition.

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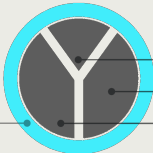
Saturday		Sunday	
Menu	SFNV-Generalversammlung	SFNV-Generalversammlung	
	Tarte flambée I Umami Micro-greens (vegan)		Tarte flambée I Umami Micro-greens (vegan)
	NewRoots Chäsküechli		NewRoots Chäsküechli
Luya Bites I Daikon I New Roots Cheese Pie (vegan) Tarte flambée I Umami Micro-greens (vegan) an) Luya Bites I Daikon I New Roots Cheese Pie (vegan) Jalapeno Ketchup I Fermented Vegetables Cauliflower soup (vegan) Pinsa Bread (vegan)	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiertes Gemüse	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiertes Gemüse	
	Miso Blumenkohlsuppe (vegan)		Miso Blumenkohlsuppe (vegan)
	Tzatziki, Fenchel, Pinsa Bread (vegan)		Tzatziki, Fenchel, Pinsa Bread (vegan)

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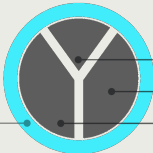
	Monday	Tuesday	Wednesday	Thursday	Friday
Sauce Baked potatoes Mixed Salads I Breunbees	Salatvariation High Medium Low Proteins Carbohydrates Vegetables & Fruits	Salatvariation High Medium Low Proteins Carbohydrates Vegetables & Fruits	Salatvariation High Medium Low Proteins Carbohydrates Vegetables & Fruits	Salatvariation High Medium Low Proteins Carbohydrates Vegetables & Fruits	Salatvariation High Medium Low Proteins Carbohydrates Vegetables & Fruits
	Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan) High Medium Low Proteins Carbohydrates Vegetables & Fruits	Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan) High Medium Low Proteins Carbohydrates Vegetables & Fruits	Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan) High Medium Low Proteins Carbohydrates Vegetables & Fruits	Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan) High Medium Low Proteins Carbohydrates Vegetables & Fruits	Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan) High Medium Low Proteins Carbohydrates Vegetables & Fruits
	Fusilli Yumame High Medium Low Proteins Carbohydrates Vegetables & Fruits	Fusilli Yumame High Medium Low Proteins Carbohydrates Vegetables & Fruits	Fusilli Yumame High Medium Low Proteins Carbohydrates Vegetables & Fruits	Fusilli Yumame High Medium Low Proteins Carbohydrates Vegetables & Fruits	Fusilli Yumame High Medium Low Proteins Carbohydrates Vegetables & Fruits
	Seitangulasch Spätzli Miso-Wirsing (vegan) High Medium Low Proteins Carbohydrates Vegetables & Fruits	Seitangulasch Spätzli Miso-Wirsing (vegan) High Medium Low Proteins Carbohydrates Vegetables & Fruits	Seitangulasch Spätzli Miso-Wirsing (vegan) High Medium Low Proteins Carbohydrates Vegetables & Fruits	Seitangulasch Spätzli Miso-Wirsing (vegan) High Medium Low Proteins Carbohydrates Vegetables & Fruits	Seitangulasch Spätzli Miso-Wirsing (vegan) High Medium Low Proteins Carbohydrates Vegetables & Fruits
	Dattel Snicker (vegan) High Medium Low Proteins Carbohydrates Vegetables & Fruits	Dattel Snicker (vegan) High Medium Low Proteins Carbohydrates Vegetables & Fruits	Dattel Snicker (vegan) High Medium Low Proteins Carbohydrates Vegetables & Fruits	Dattel Snicker (vegan) High Medium Low Proteins Carbohydrates Vegetables & Fruits	Dattel Snicker (vegan) High Medium Low Proteins Carbohydrates Vegetables & Fruits
	Hanfsamen Brownie High Medium Low Proteins Carbohydrates Vegetables & Fruits	Hanfsamen Brownie High Medium Low Proteins Carbohydrates Vegetables & Fruits	Hanfsamen Brownie High Medium Low Proteins Carbohydrates Vegetables & Fruits	Hanfsamen Brownie High Medium Low Proteins Carbohydrates Vegetables & Fruits	Hanfsamen Brownie High Medium Low Proteins Carbohydrates Vegetables & Fruits

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Brembeesauce | Mixed Salads | Baked potatoes | Autumn vegetables...
 Yumame | Yumame | Kürbis (vegan) | Kürbis (vegan) | Miso-Wirsing
 Spätzli | Spätzli | Dattel Snicker (vegan) | Dattel Snicker (vegan) | Hanfsamen Brownie

Saturday

Sunday

Salatvariation



Planted steak | Baked Potatoes | Autumn vegetables | Con-nies Ketchup (vegan)



Fusilli Yumame



Seitangulasch | Spätzli | Miso-Wirsing (vegan)



Dattel Snicker (vegan)



Hanfsamen Brownie



Salatvariation



Planted steak | Baked Potatoes | Autumn vegetables | Con-nies Ketchup (vegan)



Fusilli Yumame



Seitangulasch | Spätzli | Miso-Wirsing (vegan)



Dattel Snicker (vegan)



Hanfsamen Brownie

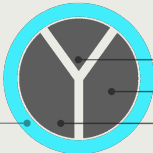


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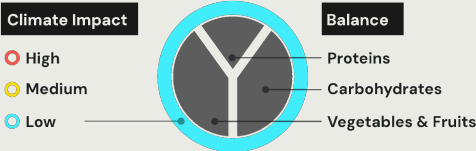


New Roots white cheese variations incl. Swiss-Miso +...

Monday	Tuesday	Wednesday	Thursday	Friday
NewRoots Cheese + Swiss Miso (vegan)	NewRoots Cheese + Swiss Miso (vegan)	NewRoots Cheese + Swiss Miso (vegan)	NewRoots Cheese + Swiss Miso (vegan)	NewRoots Cheese + Swiss Miso (vegan)
   	   	   	   	   

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New Roots white cheese variations incl. Swiss-Miso +...

Saturday

NewRoots Cheese + Swiss Miso (vegan)



Sunday

NewRoots Cheese + Swiss Miso (vegan)

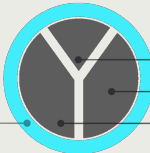


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