

Grosse Schanze | SNVF Generalversammlung

SFNV-Generalversammlung

29.10 to 04.11.2046

For the digital meal plan with further details, scan the QR-Code!



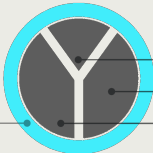
	Monday	Tuesday	Wednesday	Thursday	Friday
Menu	SFNV-Generalversammlung ○ 🌱 🌾 🚫🍷	SFNV-Generalversammlung ○ 🌱 🌾 🚫🍷	SFNV-Generalversammlung ○ 🌱 🌾 🚫🍷	SFNV-Generalversammlung ○ 🌱 🌾 🚫🍷	SFNV-Generalversammlung ○ 🌱 🌾 🚫🍷
Tarte flambée I Umami Micro-greens (vegan)	Tarte flambée I Umami Micro-greens (vegan) ○ 🌱 🌾 🚫🍷	Tarte flambée I Umami Micro-greens (vegan) ○ 🌱 🌾 🚫🍷	Tarte flambée I Umami Micro-greens (vegan) ○ 🌱 🌾 🚫🍷	Tarte flambée I Umami Micro-greens (vegan) ○ 🌱 🌾 🚫🍷	Tarte flambée I Umami Micro-greens (vegan) ○ 🌱 🌾 🚫🍷
NewRoots Chäsküechli	NewRoots Chäsküechli ○	NewRoots Chäsküechli ○	NewRoots Chäsküechli ○	NewRoots Chäsküechli ○	NewRoots Chäsküechli ○
Luya Bites I Daikon I New Roots Cheese Pie (vegan)	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse ○ 🌱 🌾 🚫🍷	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse ○ 🌱 🌾 🚫🍷	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse ○ 🌱 🌾 🚫🍷	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse ○ 🌱 🌾 🚫🍷	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse ○ 🌱 🌾 🚫🍷
Miso soup (vegan)	Miso Blumenkohlsuppe (vegan) ○ 🌱 🌾 🚫🍷	Miso Blumenkohlsuppe (vegan) ○ 🌱 🌾 🚫🍷	Miso Blumenkohlsuppe (vegan) ○ 🌱 🌾 🚫🍷	Miso Blumenkohlsuppe (vegan) ○ 🌱 🌾 🚫🍷	Miso Blumenkohlsuppe (vegan) ○ 🌱 🌾 🚫🍷
Tzatziki I Fennel I Pinsa Bread (vegan)	Tzatziki, Fenchel, Pinsa Bread (vegan) ○ 🌱 🌾 🚫🍷	Tzatziki, Fenchel, Pinsa Bread (vegan) ○ 🌱 🌾 🚫🍷	Tzatziki, Fenchel, Pinsa Bread (vegan) ○ 🌱 🌾 🚫🍷	Tzatziki, Fenchel, Pinsa Bread (vegan) ○ 🌱 🌾 🚫🍷	Tzatziki, Fenchel, Pinsa Bread (vegan) ○ 🌱 🌾 🚫🍷

Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.

Discover the climate impact of meals...

Climate Impact

- High
- Medium
- Low



Balance

- Proteins
- Carbohydrates
- Vegetables & Fruits

...and identify balanced nutrition.

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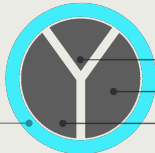
Saturday		Sunday	
Menu SFNV-Generalversammlung Tarte flambée I Umami Micro-greens (vegan) NewRoots Chäsküechli Luya Bites I Daikon I NewRoots Cheese Pie (vegan) Miso soup (vegan) Tzatziki I Fennel I Pinsa Bread (vegan)	SFNV-Generalversammlung	SFNV-Generalversammlung	
	Tarte flambée I Umami Micro-greens (vegan)	Tarte flambée I Umami Micro-greens (vegan)	
	NewRoots Chäsküechli	NewRoots Chäsküechli	
	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiertes Gemüse	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiertes Gemüse	
	Miso Blumenkohlsuppe (vegan)	Miso Blumenkohlsuppe (vegan)	
Menu SFNV-Generalversammlung Tarte flambée I Umami Micro-greens (vegan) NewRoots Chäsküechli Luya Bites I Daikon I NewRoots Cheese Pie (vegan) Miso soup (vegan) Tzatziki I Fennel I Pinsa Bread (vegan)	Tzatziki, Fenchel, Pinsa Bread (vegan)	Tzatziki, Fenchel, Pinsa Bread (vegan)	

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Baked potatoes | Mixed Salads | Breadcrumbs
 Sauce
 Yumame | Knoblauch | Planten Steak | Baked potatoes | Mixed Salads | Breadcrumbs
 sauce | Kürbis (vegan) | Autumn vegetables...
 Miso-Würstchen
 Dattel Snicker (vegan)
 Brownie | hemp

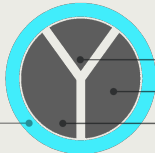
Monday	Tuesday	Wednesday	Thursday	Friday
Salatvariation 	Salatvariation 	Salatvariation 	Salatvariation 	Salatvariation
Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan) 	Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan) 	Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan) 	Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan) 	Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan)
Fusilli Yumame 	Fusilli Yumame 	Fusilli Yumame 	Fusilli Yumame 	Fusilli Yumame
Seitangulasch Spätzli Miso-Würstchen (vegan) 	Seitangulasch Spätzli Miso-Würstchen (vegan) 	Seitangulasch Spätzli Miso-Würstchen (vegan) 	Seitangulasch Spätzli Miso-Würstchen (vegan) 	Seitangulasch Spätzli Miso-Würstchen (vegan)
Dattel Snicker (vegan) 	Dattel Snicker (vegan) 	Dattel Snicker (vegan) 	Dattel Snicker (vegan) 	Dattel Snicker (vegan)
Hanfsamen Brownie 	Hanfsamen Brownie 	Hanfsamen Brownie 	Hanfsamen Brownie 	Hanfsamen Brownie

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Brembeesauce | Mixed Salads | Baked potatoes | Autumn vegetables...
Yumame | Yumame | Kürbis (vegan) | Kürbis (vegan) | Miso-Wirsing
Spätzli | Spätzli | Dattel Snicker (vegan) | Dattel Snicker (vegan) | Hanfsamen Brownie

Saturday

Sunday

Salatvariation



Planted steak | Baked Potatoes | Autumn vegetables | Con-nies Ketchup (vegan)



Fusilli Yumame



Seitangulasch | Spätzli | Miso-Wirsing (vegan)



Dattel Snicker (vegan)



Hanfsamen Brownie



Salatvariation



Planted steak | Baked Potatoes | Autumn vegetables | Con-nies Ketchup (vegan)



Fusilli Yumame



Seitangulasch | Spätzli | Miso-Wirsing (vegan)



Dattel Snicker (vegan)



Hanfsamen Brownie



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New Roots white cheese variations incl. Swiss-Miso +...

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NewRoots Cheese + Swiss Miso (vegan)	NewRoots Cheese + Swiss Miso (vegan)	NewRoots Cheese + Swiss Miso (vegan)	NewRoots Cheese + Swiss Miso (vegan)	NewRoots Cheese + Swiss Miso (vegan)

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Saturday

Sunday

New Roots white cheese variations incl. Swiss-Miso +...

NewRoots Cheese + Swiss Miso (vegan)



NewRoots Cheese + Swiss Miso (vegan)

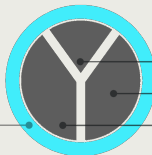


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