

Grosse Schanze | SNVF Generalversammlung

SFNV-Generalversammlung

26.10 to 01.11.2048

For the digital meal plan with further details, scan the QR-Code!



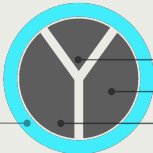
	Monday	Tuesday	Wednesday	Thursday	Friday
Menu	SFNV-Generalversammlung	SFNV-Generalversammlung	SFNV-Generalversammlung	SFNV-Generalversammlung	SFNV-Generalversammlung
Tarte flambée I Umami Micro-greens (vegan)					
NewRoots Chäsküechli					
Luya Bites I Daikon I NewRoots Cheese Pie (vegan)					
Jalapeno Ketchup I Fermented Vegetables					
Miso Cauliflower soup (vegan)					
Tzatziki I Fennel I Pilsa Bread (vegan)					

Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.

Discover the climate impact of meals...

Climate Impact

- High
- Medium
- Low



Balance

- Proteins
- Carbohydrates
- Vegetables & Fruits

...and identify balanced nutrition.

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Menu
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NewRoots Chäsküechli
Luya Bites I Daikon I NewRoots Cheese Pie (vegan)
Jalapeno Ketchup I Fermented Vegetables
Miso I PinSwiss Miso I Cauliflower soup (vegan)
Tzatziki I Fennel I Pinsa Bread (vegan)

Saturday

Sunday

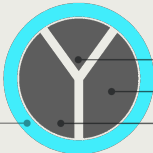
SFNV-Generalversammlung	SFNV-Generalversammlung
	
Tarte flambée I Umami Micro-greens (vegan)	Tarte flambée I Umami Micro-greens (vegan)
	
NewRoots Chäsküechli	NewRoots Chäsküechli
Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiertes Gemüse	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiertes Gemüse
	
Miso Blumenkohlsuppe (vegan)	Miso Blumenkohlsuppe (vegan)
	
Tzatziki, Fenchel, Pinsa Bread (vegan)	Tzatziki, Fenchel, Pinsa Bread (vegan)
	

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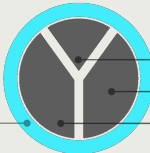
	Monday	Tuesday	Wednesday	Thursday	Friday
Sauce Baked potatoes Mixed Salads I Breunbees Plant-based steak Autumn vegetables Connies Ketchup (vegan) Fusilli Yumame Miso-Wirsing Spätzli Seitangulasch Dattel Snicker (vegan) Hanfsamen Brownie	Salatvariation High Medium Low Proteins Carbohydrates Vegetables & Fruits	Salatvariation High Medium Low Proteins Carbohydrates Vegetables & Fruits	Salatvariation High Medium Low Proteins Carbohydrates Vegetables & Fruits	Salatvariation High Medium Low Proteins Carbohydrates Vegetables & Fruits	Salatvariation High Medium Low Proteins Carbohydrates Vegetables & Fruits
	Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan) High Medium Low Proteins Carbohydrates Vegetables & Fruits	Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan) High Medium Low Proteins Carbohydrates Vegetables & Fruits	Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan) High Medium Low Proteins Carbohydrates Vegetables & Fruits	Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan) High Medium Low Proteins Carbohydrates Vegetables & Fruits	Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan) High Medium Low Proteins Carbohydrates Vegetables & Fruits
	Fusilli Yumame High Medium Low Proteins Carbohydrates Vegetables & Fruits	Fusilli Yumame High Medium Low Proteins Carbohydrates Vegetables & Fruits	Fusilli Yumame High Medium Low Proteins Carbohydrates Vegetables & Fruits	Fusilli Yumame High Medium Low Proteins Carbohydrates Vegetables & Fruits	Fusilli Yumame High Medium Low Proteins Carbohydrates Vegetables & Fruits
	Seitangulasch Spätzli Miso-Wirsing (vegan) High Medium Low Proteins Carbohydrates Vegetables & Fruits	Seitangulasch Spätzli Miso-Wirsing (vegan) High Medium Low Proteins Carbohydrates Vegetables & Fruits	Seitangulasch Spätzli Miso-Wirsing (vegan) High Medium Low Proteins Carbohydrates Vegetables & Fruits	Seitangulasch Spätzli Miso-Wirsing (vegan) High Medium Low Proteins Carbohydrates Vegetables & Fruits	Seitangulasch Spätzli Miso-Wirsing (vegan) High Medium Low Proteins Carbohydrates Vegetables & Fruits
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	Hanfsamen Brownie High Medium Low Proteins Carbohydrates Vegetables & Fruits	Hanfsamen Brownie High Medium Low Proteins Carbohydrates Vegetables & Fruits	Hanfsamen Brownie High Medium Low Proteins Carbohydrates Vegetables & Fruits	Hanfsamen Brownie High Medium Low Proteins Carbohydrates Vegetables & Fruits	Hanfsamen Brownie High Medium Low Proteins Carbohydrates Vegetables & Fruits

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Brembeesauce | Mixed Salads | Baked potatoes | Autumn vegetables...
Yumame | Yumame | Kürbis (vegan) | Kürbis (vegan) | Miso-Wirsing
Spätzli | Spätzli | Dattel Snicker (vegan) | Dattel Snicker (vegan) | Hanfsamen Brownie

Saturday

Sunday

Salatvariation



Planted steak | Baked Potatoes | Autumn vegetables | Con-nies Ketchup (vegan)



Fusilli Yumame



Seitangulasch | Spätzli | Miso-Wirsing (vegan)



Dattel Snicker (vegan)



Hanfsamen Brownie



Salatvariation



Planted steak | Baked Potatoes | Autumn vegetables | Con-nies Ketchup (vegan)



Fusilli Yumame



Seitangulasch | Spätzli | Miso-Wirsing (vegan)



Dattel Snicker (vegan)



Hanfsamen Brownie



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New Roots white cheese variations incl. Swiss-Miso +...

Monday

NewRoots Cheese + Swiss Miso (vegan)



Tuesday

NewRoots Cheese + Swiss Miso (vegan)



Wednesday

NewRoots Cheese + Swiss Miso (vegan)



Thursday

NewRoots Cheese + Swiss Miso (vegan)



Friday

NewRoots Cheese + Swiss Miso (vegan)



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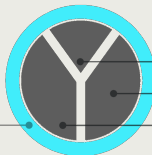
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NewRoots Cheese + Swiss Miso (vegan)



Sunday

NewRoots Cheese + Swiss Miso (vegan)

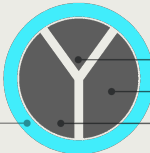


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