

# Grosse Schanze | SNVF Generalversammlung

## SFNV-Generalversammlung

### 03. to 09.11.2042

For the digital meal plan with further details, scan the QR-Code!



|                                                    | Monday                  | Tuesday                 | Wednesday               | Thursday                | Friday                  |
|----------------------------------------------------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|
| Menu                                               | SFNV-Generalversammlung | SFNV-Generalversammlung | SFNV-Generalversammlung | SFNV-Generalversammlung | SFNV-Generalversammlung |
| Tarte flambée I Umami Micro-greens (vegan)         |                         |                         |                         |                         |                         |
|                                                    |                         |                         |                         |                         |                         |
|                                                    |                         |                         |                         |                         |                         |
|                                                    |                         |                         |                         |                         |                         |
|                                                    |                         |                         |                         |                         |                         |
| NewRoots Chäsküechli                               |                         |                         |                         |                         |                         |
|                                                    |                         |                         |                         |                         |                         |
|                                                    |                         |                         |                         |                         |                         |
|                                                    |                         |                         |                         |                         |                         |
|                                                    |                         |                         |                         |                         |                         |
| Luya Bites I Daikon I New Roots Cheese Pie (vegan) |                         |                         |                         |                         |                         |
|                                                    |                         |                         |                         |                         |                         |
|                                                    |                         |                         |                         |                         |                         |
|                                                    |                         |                         |                         |                         |                         |
|                                                    |                         |                         |                         |                         |                         |
| Miso Bites I Cauliflower soup (vegan)              |                         |                         |                         |                         |                         |
|                                                    |                         |                         |                         |                         |                         |
|                                                    |                         |                         |                         |                         |                         |
|                                                    |                         |                         |                         |                         |                         |
|                                                    |                         |                         |                         |                         |                         |
| Tzatziki I Fennel I Pinsa Bread (vegan)            |                         |                         |                         |                         |                         |
|                                                    |                         |                         |                         |                         |                         |
|                                                    |                         |                         |                         |                         |                         |
|                                                    |                         |                         |                         |                         |                         |
|                                                    |                         |                         |                         |                         |                         |

Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.

Discover the climate impact of meals...

Climate Impact

- High
- Medium
- Low



Balance

- Proteins
- Carbohydrates
- Vegetables & Fruits

...and identify balanced nutrition.

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| Saturday                                                                                                                                                                                                                                                      |                                                                                   | Sunday                  |                                                                                                                                                                                                                                                                                                                                                       |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Menu<br><br>s Tsatziki I Fennel I PinSwiss Miso I Cauliflower soup (vegan)<br>sa bread (vegan)<br>Luya Bites I Daikon I New Roots Cheese Pie (vegan)<br>an)<br>Jalapeno Ketchup I Fer-...<br>cro-greens (vegan)<br>Tarte flambée I Umami Micro-greens (vegan) | SFNV-Generalversammlung                                                           | SFNV-Generalversammlung |                                                                                                                                                                                                                                                                                                                                                       |
|                                                                                                                                                                                                                                                               |  |                         |             |
|                                                                                                                                                                                                                                                               | Tarte flambée I Umami Micro-greens (vegan)                                        |                         |             |
|                                                                                                                                                                                                                                                               | NewRoots Chäsküechli                                                              |                         |                                                                                                                                                                                                                                                                    |
|                                                                                                                                                                                                                                                               | Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiertes Gemüse                        |                         |     |
|                                                                                                                                                                                                                                                               | Miso Blumenkohlsuppe (vegan)                                                      |                         |     |
| Menu<br><br>s Tsatziki I Fennel I PinSwiss Miso I Cauliflower soup (vegan)<br>sa bread (vegan)<br>Luya Bites I Daikon I New Roots Cheese Pie (vegan)<br>an)<br>Jalapeno Ketchup I Fer-...<br>cro-greens (vegan)<br>Tarte flambée I Umami Micro-greens (vegan) | Tzatziki, Fenchel, Pinsa Bread (vegan)                                            |                         |           |
|                                                                                                                                                                                                                                                               |                                                                                   |                         |     |
|                                                                                                                                                                                                                                                               |                                                                                   |                         |                                                                                                                                                                                                                                                                                                                                                       |
|                                                                                                                                                                                                                                                               |                                                                                   |                         |                                                                                                                                                                                                                                                                                                                                                       |
|                                                                                                                                                                                                                                                               |                                                                                   |                         |                                                                                                                                                                                                                                                                                                                                                       |
|                                                                                                                                                                                                                                                               |                                                                                   |                         |                                                                                                                                                                                                                                                                                                                                                       |

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|                                                                                                                                                                                                 | Monday                                                                                                                                          | Tuesday                                                                                                                                         | Wednesday                                                                                                                                       | Thursday                                                                                                                                        | Friday                                                                                                                                          |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|
| Dattel Snicker (vegan)<br>Seitangulasch   Spätzli   Miso-Wirsing<br>Fusilli   Yumame<br>Planted steak   Baked Potatoes   Autumn vegetables   Connies Ketchup (vegan)<br>Salatvariation<br>Sauce | <div>Salatvariation</div> <div><div></div><div></div><div></div><div></div></div>                                                               | <div>Salatvariation</div> <div><div></div><div></div><div></div><div></div></div>                                                               | <div>Salatvariation</div> <div><div></div><div></div><div></div><div></div></div>                                                               | <div>Salatvariation</div> <div><div></div><div></div><div></div><div></div></div>                                                               | <div>Salatvariation</div> <div><div></div><div></div><div></div><div></div></div>                                                               |
|                                                                                                                                                                                                 | <div>Planted steak   Baked Potatoes   Autumn vegetables   Connies Ketchup (vegan)</div> <div><div></div><div></div><div></div><div></div></div> | <div>Planted steak   Baked Potatoes   Autumn vegetables   Connies Ketchup (vegan)</div> <div><div></div><div></div><div></div><div></div></div> | <div>Planted steak   Baked Potatoes   Autumn vegetables   Connies Ketchup (vegan)</div> <div><div></div><div></div><div></div><div></div></div> | <div>Planted steak   Baked Potatoes   Autumn vegetables   Connies Ketchup (vegan)</div> <div><div></div><div></div><div></div><div></div></div> | <div>Planted steak   Baked Potatoes   Autumn vegetables   Connies Ketchup (vegan)</div> <div><div></div><div></div><div></div><div></div></div> |
|                                                                                                                                                                                                 | <div>Fusilli Yumame</div> <div><div></div><div></div><div></div><div></div></div>                                                               | <div>Fusilli Yumame</div> <div><div></div><div></div><div></div><div></div></div>                                                               | <div>Fusilli Yumame</div> <div><div></div><div></div><div></div><div></div></div>                                                               | <div>Fusilli Yumame</div> <div><div></div><div></div><div></div><div></div></div>                                                               | <div>Fusilli Yumame</div> <div><div></div><div></div><div></div><div></div></div>                                                               |
|                                                                                                                                                                                                 | <div>Seitangulasch   Spätzli   Miso-Wirsing (vegan)</div> <div><div></div><div></div><div></div><div></div></div>                               | <div>Seitangulasch   Spätzli   Miso-Wirsing (vegan)</div> <div><div></div><div></div><div></div><div></div></div>                               | <div>Seitangulasch   Spätzli   Miso-Wirsing (vegan)</div> <div><div></div><div></div><div></div><div></div></div>                               | <div>Seitangulasch   Spätzli   Miso-Wirsing (vegan)</div> <div><div></div><div></div><div></div><div></div></div>                               | <div>Seitangulasch   Spätzli   Miso-Wirsing (vegan)</div> <div><div></div><div></div><div></div><div></div></div>                               |
|                                                                                                                                                                                                 | <div>Dattel Snicker (vegan)</div> <div><div></div><div></div><div></div><div></div></div>                                                       | <div>Dattel Snicker (vegan)</div> <div><div></div><div></div><div></div><div></div></div>                                                       | <div>Dattel Snicker (vegan)</div> <div><div></div><div></div><div></div><div></div></div>                                                       | <div>Dattel Snicker (vegan)</div> <div><div></div><div></div><div></div><div></div></div>                                                       | <div>Dattel Snicker (vegan)</div> <div><div></div><div></div><div></div><div></div></div>                                                       |
|                                                                                                                                                                                                 | <div>Hanfsamen Brownie</div> <div><div></div><div></div><div></div><div></div></div>                                                            | <div>Hanfsamen Brownie</div> <div><div></div><div></div><div></div><div></div></div>                                                            | <div>Hanfsamen Brownie</div> <div><div></div><div></div><div></div><div></div></div>                                                            | <div>Hanfsamen Brownie</div> <div><div></div><div></div><div></div><div></div></div>                                                            | <div>Hanfsamen Brownie</div> <div><div></div><div></div><div></div><div></div></div>                                                            |

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Brembeesauce | Mixed Salads | Baked potatoes | Autumn vegetables...  
Yumame | Knoblau | Fusilli | Spätzli | Miso-Wirsing  
Dattel Snicker (vegan) | Hanfsamen Brownie

Saturday

Salatvariation



Planted steak | Baked Potatoes | Autumn vegetables | Con-nies Ketchup (vegan)



Fusilli Yumame



Seitangulasch | Spätzli | Miso-Wirsing (vegan)



Dattel Snicker (vegan)



Hanfsamen Brownie



Sunday

Salatvariation



Planted steak | Baked Potatoes | Autumn vegetables | Con-nies Ketchup (vegan)



Fusilli Yumame



Seitangulasch | Spätzli | Miso-Wirsing (vegan)



Dattel Snicker (vegan)



Hanfsamen Brownie



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New Roots white cheese variations incl. Swiss-Miso +...

| Monday                                                  | Tuesday                                                 | Wednesday                                               | Thursday                                                | Friday                                                  |
|---------------------------------------------------------|---------------------------------------------------------|---------------------------------------------------------|---------------------------------------------------------|---------------------------------------------------------|
| NewRoots Cheese + Swiss Miso (vegan)                    | NewRoots Cheese + Swiss Miso (vegan)                    | NewRoots Cheese + Swiss Miso (vegan)                    | NewRoots Cheese + Swiss Miso (vegan)                    | NewRoots Cheese + Swiss Miso (vegan)                    |
| <div><div></div><div></div><div></div><div></div></div> | <div><div></div><div></div><div></div><div></div></div> | <div><div></div><div></div><div></div><div></div></div> | <div><div></div><div></div><div></div><div></div></div> | <div><div></div><div></div><div></div><div></div></div> |

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New Roots white cheese variations incl. Swiss-Miso +...

Saturday

NewRoots Cheese + Swiss Miso (vegan)



Sunday

NewRoots Cheese + Swiss Miso (vegan)



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