

Grosse Schanze | SNVF Generalversammlung

SFNV-Generalversammlung

05. to 11.11.2057

For the digital meal plan with further details, scan the QR-Code!



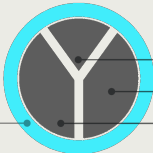
	Monday	Tuesday	Wednesday	Thursday	Friday
Menu	SFNV-Generalversammlung	SFNV-Generalversammlung	SFNV-Generalversammlung	SFNV-Generalversammlung	SFNV-Generalversammlung
Tarte flambée I Umami Micro-greens (vegan)	Tarte flambée I Umami Micro-greens (vegan)	Tarte flambée I Umami Micro-greens (vegan)	Tarte flambée I Umami Micro-greens (vegan)	Tarte flambée I Umami Micro-greens (vegan)	Tarte flambée I Umami Micro-greens (vegan)
NewRoots Chäsküechli	NewRoots Chäsküechli	NewRoots Chäsküechli	NewRoots Chäsküechli	NewRoots Chäsküechli	NewRoots Chäsküechli
Luya Bites I Daikon I New Roots Cheese Pie (vegan)	Luya Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse	Luya Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse	Luya Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse	Luya Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse	Luya Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse
Miso soup (vegan)	Miso Blumenkohlsuppe (vegan)	Miso Blumenkohlsuppe (vegan)	Miso Blumenkohlsuppe (vegan)	Miso Blumenkohlsuppe (vegan)	Miso Blumenkohlsuppe (vegan)
Tzatziki I Fennel I Pinsa Bread (vegan)	Tzatziki, Fenchel, Pinsa Bread (vegan)	Tzatziki, Fenchel, Pinsa Bread (vegan)	Tzatziki, Fenchel, Pinsa Bread (vegan)	Tzatziki, Fenchel, Pinsa Bread (vegan)	Tzatziki, Fenchel, Pinsa Bread (vegan)

Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.

Discover the climate impact of meals...

Climate Impact

- High
- Medium
- Low



Balance

- Proteins
- Carbohydrates
- Vegetables & Fruits

...and identify balanced nutrition.

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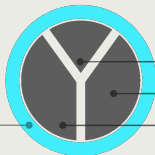
Saturday		Sunday	
Menu s Tsatziki I Fennel I PinSwiss Miso I Cauliflower soup (vegan) sa bread (vegan) Luya Bites I Daikon I New Roots Cheese Pie (vegan) an) Jalapeno Ketchup I Fer-... cro-greens (vegan) Tarte flambée I Umami Micro-greens (vegan)	SFNV-Generalversammlung	SFNV-Generalversammlung	
			
	Tarte flambée I Umami Micro-greens (vegan)		Tarte flambée I Umami Micro-greens (vegan)
			
	NewRoots Chäsküechli		NewRoots Chäsküechli
	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiertes Gemüse		Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiertes Gemüse
			
	Miso Blumenkohlsuppe (vegan)		Miso Blumenkohlsuppe (vegan)
			
	Tzatziki, Fenchel, Pinsa Bread (vegan)		Tzatziki, Fenchel, Pinsa Bread (vegan)
			

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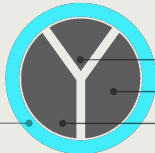
	Monday	Tuesday	Wednesday	Thursday	Friday
Sauce Baked potatoes Mixed Salads I Breunbees Plant-based steak vegan Autumn vegetables Connies Ketchup Yumame Spätzli Miso-Wirsing Dattel Snicker vegan Brownie hemp	Salatvariation High Medium Low	Salatvariation High Medium Low	Salatvariation High Medium Low	Salatvariation High Medium Low	Salatvariation High Medium Low
	Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan) High Medium Low	Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan) High Medium Low	Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan) High Medium Low	Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan) High Medium Low	Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan) High Medium Low
	Fusilli Yumame High Medium Low	Fusilli Yumame High Medium Low	Fusilli Yumame High Medium Low	Fusilli Yumame High Medium Low	Fusilli Yumame High Medium Low
	Seitangulasch Spätzli Miso-Wirsing (vegan) High Medium Low	Seitangulasch Spätzli Miso-Wirsing (vegan) High Medium Low	Seitangulasch Spätzli Miso-Wirsing (vegan) High Medium Low	Seitangulasch Spätzli Miso-Wirsing (vegan) High Medium Low	Seitangulasch Spätzli Miso-Wirsing (vegan) High Medium Low
	Dattel Snicker (vegan) High Medium Low	Dattel Snicker (vegan) High Medium Low	Dattel Snicker (vegan) High Medium Low	Dattel Snicker (vegan) High Medium Low	Dattel Snicker (vegan) High Medium Low
	Hanfsamen Brownie High Medium Low	Hanfsamen Brownie High Medium Low	Hanfsamen Brownie High Medium Low	Hanfsamen Brownie High Medium Low	Hanfsamen Brownie High Medium Low

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Brembeesauce | Mixed Salads | Baked potatoes | Autumn vegetables...
Yumame | Yumame | Kürbis (vegan) | Kürbis (vegan) | Miso-Wirsing
Spätzli | Spätzli | Dattel Snicker (vegan) | Dattel Snicker (vegan) | Hanfsamen Brownie

Saturday

Sunday

Salatvariation



Planted steak | Baked Potatoes | Autumn vegetables | Con-nies Ketchup (vegan)



Fusilli Yumame



Seitangulasch | Spätzli | Miso-Wirsing (vegan)



Dattel Snicker (vegan)



Hanfsamen Brownie



Salatvariation



Planted steak | Baked Potatoes | Autumn vegetables | Con-nies Ketchup (vegan)



Fusilli Yumame



Seitangulasch | Spätzli | Miso-Wirsing (vegan)



Dattel Snicker (vegan)



Hanfsamen Brownie



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New Roots white cheese variations incl. Swiss-Miso +...

Monday

NewRoots Cheese + Swiss Miso (vegan)



Tuesday

NewRoots Cheese + Swiss Miso (vegan)



Wednesday

NewRoots Cheese + Swiss Miso (vegan)



Thursday

NewRoots Cheese + Swiss Miso (vegan)



Friday

NewRoots Cheese + Swiss Miso (vegan)



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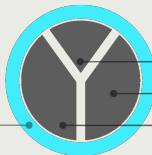
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NewRoots Cheese + Swiss Miso (vegan)



Sunday

NewRoots Cheese + Swiss Miso (vegan)

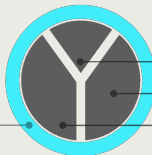


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