

Grosse Schanze | SNVF Generalversammlung

SFNV-Generalversammlung

09. to 15.12.1991

For the digital meal plan with further details, scan the QR-Code!



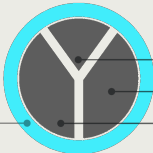
	Monday	Tuesday	Wednesday	Thursday	Friday
Menu	SFNV-Generalversammlung	SFNV-Generalversammlung	SFNV-Generalversammlung	SFNV-Generalversammlung	SFNV-Generalversammlung
	<div><div></div><div></div><div></div><div></div></div>	<div><div></div><div></div><div></div><div></div></div>	<div><div></div><div></div><div></div><div></div></div>	<div><div></div><div></div><div></div><div></div></div>	<div><div></div><div></div><div></div><div></div></div>
Tarte flambée I Umami Micro-greens (vegan)	Tarte flambée I Umami Micro-greens (vegan)	Tarte flambée I Umami Micro-greens (vegan)	Tarte flambée I Umami Micro-greens (vegan)	Tarte flambée I Umami Micro-greens (vegan)	Tarte flambée I Umami Micro-greens (vegan)
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NewRoots Chäsküechli	NewRoots Chäsküechli	NewRoots Chäsküechli	NewRoots Chäsküechli	NewRoots Chäsküechli	NewRoots Chäsküechli
	<div><div></div></div>	<div><div></div></div>	<div><div></div></div>	<div><div></div></div>	<div><div></div></div>
Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiert Gemüse
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Miso Blumenkohlsuppe (vegan)	Miso Blumenkohlsuppe (vegan)	Miso Blumenkohlsuppe (vegan)	Miso Blumenkohlsuppe (vegan)	Miso Blumenkohlsuppe (vegan)	Miso Blumenkohlsuppe (vegan)
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Tzatziki, Fenchel, Pinsa Bread (vegan)	Tzatziki, Fenchel, Pinsa Bread (vegan)	Tzatziki, Fenchel, Pinsa Bread (vegan)	Tzatziki, Fenchel, Pinsa Bread (vegan)	Tzatziki, Fenchel, Pinsa Bread (vegan)	Tzatziki, Fenchel, Pinsa Bread (vegan)
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Discover the climate impact of meals...

Climate Impact

- High
- Medium
- Low



Balance

- Proteins
- Carbohydrates
- Vegetables & Fruits

...and identify balanced nutrition.

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Menu
Tarte flambée I Umami Micro-greens (vegan)
NewRoots Chäsküechli
Luya Bites I Daikon I NewRoots Cheese Pie (vegan)
Jalapeno Ketchup I Fermented Vegetables
Miso I Cauliflower soup (vegan)
Tzatziki I Fennel I Pinsa Bread (vegan)

Saturday

Sunday

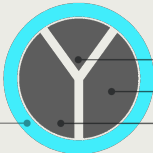
SFNV-Generalversammlung	SFNV-Generalversammlung
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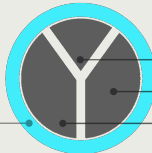
	Monday	Tuesday	Wednesday	Thursday	Friday
Dattel Snicker (vegan) Seitangulasch Spätzli Miso-Wirsing Brownie hemp	<div>Salatvariation</div> <div><div>High</div><div>Medium</div><div>Low</div></div>	<div>Salatvariation</div> <div><div>High</div><div>Medium</div><div>Low</div></div>	<div>Salatvariation</div> <div><div>High</div><div>Medium</div><div>Low</div></div>	<div>Salatvariation</div> <div><div>High</div><div>Medium</div><div>Low</div></div>	<div>Salatvariation</div> <div><div>High</div><div>Medium</div><div>Low</div></div>
	<div>Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan)</div> <div><div>High</div><div>Medium</div><div>Low</div></div>	<div>Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan)</div> <div><div>High</div><div>Medium</div><div>Low</div></div>	<div>Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan)</div> <div><div>High</div><div>Medium</div><div>Low</div></div>	<div>Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan)</div> <div><div>High</div><div>Medium</div><div>Low</div></div>	<div>Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan)</div> <div><div>High</div><div>Medium</div><div>Low</div></div>
	<div>Fusilli Yumame</div> <div><div>High</div><div>Medium</div><div>Low</div></div>	<div>Fusilli Yumame</div> <div><div>High</div><div>Medium</div><div>Low</div></div>	<div>Fusilli Yumame</div> <div><div>High</div><div>Medium</div><div>Low</div></div>	<div>Fusilli Yumame</div> <div><div>High</div><div>Medium</div><div>Low</div></div>	<div>Fusilli Yumame</div> <div><div>High</div><div>Medium</div><div>Low</div></div>
	<div>Seitangulasch Spätzli Miso-Wirsing (vegan)</div> <div><div>High</div><div>Medium</div><div>Low</div></div>	<div>Seitangulasch Spätzli Miso-Wirsing (vegan)</div> <div><div>High</div><div>Medium</div><div>Low</div></div>	<div>Seitangulasch Spätzli Miso-Wirsing (vegan)</div> <div><div>High</div><div>Medium</div><div>Low</div></div>	<div>Seitangulasch Spätzli Miso-Wirsing (vegan)</div> <div><div>High</div><div>Medium</div><div>Low</div></div>	<div>Seitangulasch Spätzli Miso-Wirsing (vegan)</div> <div><div>High</div><div>Medium</div><div>Low</div></div>
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	<div>Hanfsamen Brownie</div> <div><div>High</div><div>Medium</div><div>Low</div></div>	<div>Hanfsamen Brownie</div> <div><div>High</div><div>Medium</div><div>Low</div></div>	<div>Hanfsamen Brownie</div> <div><div>High</div><div>Medium</div><div>Low</div></div>	<div>Hanfsamen Brownie</div> <div><div>High</div><div>Medium</div><div>Low</div></div>	<div>Hanfsamen Brownie</div> <div><div>High</div><div>Medium</div><div>Low</div></div>

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Brembeesauce | Mixed Salads | Baked potatoes | Autumn vegetables...
Yumame | Yumame | Kürbis (vegan) | Kürbis (vegan) | Miso-Wirsing
Spätzli | Spätzli | Dattel Snicker (vegan) | Dattel Snicker (vegan) | Hanfsamen Brownie

Saturday

Sunday

Salatvariation



Planted steak | Baked Potatoes | Autumn vegetables | Con-nies Ketchup (vegan)



Fusilli Yumame



Seitangulasch | Spätzli | Miso-Wirsing (vegan)



Dattel Snicker (vegan)



Hanfsamen Brownie



Salatvariation



Planted steak | Baked Potatoes | Autumn vegetables | Con-nies Ketchup (vegan)



Fusilli Yumame



Seitangulasch | Spätzli | Miso-Wirsing (vegan)



Dattel Snicker (vegan)



Hanfsamen Brownie

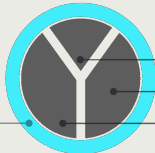


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New Roots white cheese variations incl. Swiss-Miso +...

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<div><div></div><div></div><div></div><div></div></div>	<div><div></div><div></div><div></div><div></div></div>	<div><div></div><div></div><div></div><div></div></div>	<div><div></div><div></div><div></div><div></div></div>	<div><div></div><div></div><div></div><div></div></div>

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Saturday

Sunday

New Roots white cheese variations incl. Swiss-Miso +...

NewRoots Cheese + Swiss Miso (vegan)



NewRoots Cheese + Swiss Miso (vegan)

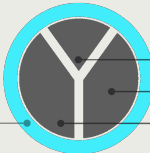


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