

Grosse Schanze | SNVF Generalversammlung

SFNV-Generalversammlung

11. to 17.12.2028

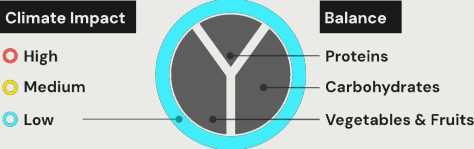
For the digital meal plan with further details, scan the QR-Code!



	Monday	Tuesday	Wednesday	Thursday	Friday
Menu	SFNV-Generalversammlung	SFNV-Generalversammlung	SFNV-Generalversammlung	SFNV-Generalversammlung	SFNV-Generalversammlung
Tarte flambée I Umami Micro-greens (vegan)					
NewRoots Chäsküechli					
Luya Bites I Daikon I NewRoots Cheese Pie (vegan)					
Miso Cauliflower soup (vegan)					
Tzatziki I Fennel I Pinsabrot (vegan)					

Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.

Discover the climate impact of meals...



...and identify balanced nutrition.

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Saturday		Sunday	
Menu SFNV-Generalversammlung Tarte flambée I Umami Micro-greens (vegan) NewRoots Chäsküechli Luya Bites I Daikon I New Roots Cheese Pie (vegan) Jalapeno Ketchup I Fermented Vegetables Miso Blumenkohlsuppe (vegan) Tzatziki I Fennel I PinSwiss Miso I Cauliflower soup (vegan) Tzatziki I Fennel I PinSwiss Miso I Cauliflower soup (vegan)	SFNV-Generalversammlung	SFNV-Generalversammlung	
	Tarte flambée I Umami Micro-greens (vegan)	Tarte flambée I Umami Micro-greens (vegan)	
	NewRoots Chäsküechli	NewRoots Chäsküechli	
	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiertes Gemüse	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiertes Gemüse	
	Miso Blumenkohlsuppe (vegan)	Miso Blumenkohlsuppe (vegan)	
	Tzatziki, Fenchel, Pinsa Bread (vegan)	Tzatziki, Fenchel, Pinsa Bread (vegan)	

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Discover the climate impact of meals...

Climate Impact

- High
- Medium
- Low



Balance

- Proteins
- Carbohydrates
- Vegetables & Fruits

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	Monday	Tuesday	Wednesday	Thursday	Friday
Sauce Knoblauch Mixed Salads Baked potatoes Autumn vegetables... Miso-Würsing Dattel Snicker (vegan) Brownie hemp	Salatvariation High Medium Low Proteins Carbohydrates Vegetables & Fruits	Salatvariation High Medium Low Proteins Carbohydrates Vegetables & Fruits	Salatvariation High Medium Low Proteins Carbohydrates Vegetables & Fruits	Salatvariation High Medium Low Proteins Carbohydrates Vegetables & Fruits	Salatvariation High Medium Low Proteins Carbohydrates Vegetables & Fruits
	Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan) High Medium Low Proteins Carbohydrates Vegetables & Fruits	Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan) High Medium Low Proteins Carbohydrates Vegetables & Fruits	Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan) High Medium Low Proteins Carbohydrates Vegetables & Fruits	Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan) High Medium Low Proteins Carbohydrates Vegetables & Fruits	Planted steak Baked Potatoes Autumn vegetables Connies Ketchup (vegan) High Medium Low Proteins Carbohydrates Vegetables & Fruits
	Fusilli Yumame High Medium Low Proteins Carbohydrates Vegetables & Fruits	Fusilli Yumame High Medium Low Proteins Carbohydrates Vegetables & Fruits	Fusilli Yumame High Medium Low Proteins Carbohydrates Vegetables & Fruits	Fusilli Yumame High Medium Low Proteins Carbohydrates Vegetables & Fruits	Fusilli Yumame High Medium Low Proteins Carbohydrates Vegetables & Fruits
	Seitangulasch Spätzli Miso-Würsing (vegan) High Medium Low Proteins Carbohydrates Vegetables & Fruits	Seitangulasch Spätzli Miso-Würsing (vegan) High Medium Low Proteins Carbohydrates Vegetables & Fruits	Seitangulasch Spätzli Miso-Würsing (vegan) High Medium Low Proteins Carbohydrates Vegetables & Fruits	Seitangulasch Spätzli Miso-Würsing (vegan) High Medium Low Proteins Carbohydrates Vegetables & Fruits	Seitangulasch Spätzli Miso-Würsing (vegan) High Medium Low Proteins Carbohydrates Vegetables & Fruits
	Dattel Snicker (vegan) High Medium Low Proteins Carbohydrates Vegetables & Fruits	Dattel Snicker (vegan) High Medium Low Proteins Carbohydrates Vegetables & Fruits	Dattel Snicker (vegan) High Medium Low Proteins Carbohydrates Vegetables & Fruits	Dattel Snicker (vegan) High Medium Low Proteins Carbohydrates Vegetables & Fruits	Dattel Snicker (vegan) High Medium Low Proteins Carbohydrates Vegetables & Fruits
	Hanfsamen Brownie High Medium Low Proteins Carbohydrates Vegetables & Fruits	Hanfsamen Brownie High Medium Low Proteins Carbohydrates Vegetables & Fruits	Hanfsamen Brownie High Medium Low Proteins Carbohydrates Vegetables & Fruits	Hanfsamen Brownie High Medium Low Proteins Carbohydrates Vegetables & Fruits	Hanfsamen Brownie High Medium Low Proteins Carbohydrates Vegetables & Fruits

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Brembeesauce | Mixed Salads | Baked potatoes | Autumn vegetables...
Yumame | Yumame | Kürbis (vegan) | Kürbis (vegan) | Miso-Wirsing
Spätzli | Spätzli | Dattel Snicker (vegan) | Dattel Snicker (vegan) | Hanfsamen Brownie

Saturday

Sunday

Salatvariation



Planted steak | Baked Potatoes | Autumn vegetables | Con-nies Ketchup (vegan)



Fusilli Yumame



Seitangulasch | Spätzli | Miso-Wirsing (vegan)



Dattel Snicker (vegan)



Hanfsamen Brownie



Salatvariation



Planted steak | Baked Potatoes | Autumn vegetables | Con-nies Ketchup (vegan)



Fusilli Yumame



Seitangulasch | Spätzli | Miso-Wirsing (vegan)



Dattel Snicker (vegan)



Hanfsamen Brownie



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New Roots white cheese variations incl. Swiss-Miso +...

Monday

NewRoots Cheese + Swiss Miso (vegan)



Tuesday

NewRoots Cheese + Swiss Miso (vegan)



Wednesday

NewRoots Cheese + Swiss Miso (vegan)



Thursday

NewRoots Cheese + Swiss Miso (vegan)



Friday

NewRoots Cheese + Swiss Miso (vegan)



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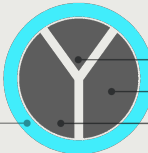


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