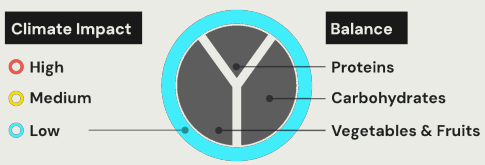
# Grosse Schanze | SNVF Generalversammlung
# SFNV-Generalversammlung
# 26.12.89 to 01.01.2090

For the digital meal plan with further details, scan the QR-Code!

| Menu | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|---|
| SFNV-Generalver-sammlung | SFNV-Generalver-sammlung | SFNV-Generalver-sammlung | SFNV-Generalver-sammlung | SFNV-Generalver-sammlung | SFNV-Generalver-sammlung |
| Tarte flambée I Umami Micro-greens (vegan) | Tarte flambée I Umami Micro-greens (vegan) | Tarte flambée I Umami Micro-greens (vegan) | Tarte flambée I Umami Micro-greens (vegan) | Tarte flambée I Umami Micro-greens (vegan) | Tarte flambée I Umami Micro-greens (vegan) |
| NewRoots Cheese Pie (vegan) | NewRoots Chäsküechli | NewRoots Chäsküechli | NewRoots Chäsküechli | NewRoots Chäsküechli | NewRoots Chäsküechli |
| Luya Bites I Daikon I Jalapeno Ketchup I Fer-... | Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiertes Gemüse | Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiertes Gemüse | Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiertes Gemüse | Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiertes Gemüse | Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiertes Gemüse |
| Swiss Miso \| Cauliflower soup (vegan) | Miso Blumenkohlsuppe (vegan) | Miso Blumenkohlsuppe (vegan) | Miso Blumenkohlsuppe (vegan) | Miso Blumenkohlsuppe (vegan) | Miso Blumenkohlsuppe (vegan) |
| s Tsatziki I Fennel I Pinsa bread (vegan) | Tzatziki, Fenchel, Pinsa Bread (vegan) | Tzatziki, Fenchel, Pinsa Bread (vegan) | Tzatziki, Fenchel, Pinsa Bread (vegan) | Tzatziki, Fenchel, Pinsa Bread (vegan) | Tzatziki, Fenchel, Pinsa Bread (vegan) |

Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.

Discover the climate impact of meals...




...and identify balanced nutrition.

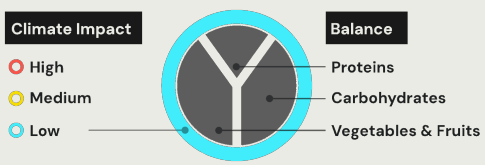
# Grosse Schanze | SNVF Generalversammlung
# SFNV-Generalversammlung
# 26.12.89 to 01.01.2090

For the digital meal plan with further details, scan the QR-Code!

| Menu | Saturday | Sunday |
|---|---|---|
| SFNV-Generalversammlung | SFNV-Generalversammlung | SFNV-Generalversammlung |
| Tarte flambée I Umami Micro-greens (vegan) | Tarte flambée I Umami Micro-greens (vegan) | Tarte flambée I Umami Micro-greens (vegan) |
| NewRoots Chäsküechli | NewRoots Chäsküechli | NewRoots Chäsküechli |
| Luya Bites I Daikon I Jalapeno Ketchup I Fer-... | Luya-Bites, Daikon, Jalapeno-Ketchup, fermentierts Gemüse | Luya-Bites, Daikon, Jalapeno-Ketchup, fermentierts Gemüse |
| Swiss Miso \| Cauliflower soup (vegan) | Miso Blumenkohlsuppe (vegan) | Miso Blumenkohlsuppe (vegan) |
| s Tsatziki I Fennel I Pin- sa bread (vegan) | Tzatziki, Fenchel, Pinsa Bread (vegan) | Tzatziki, Fenchel, Pinsa Bread (vegan) |

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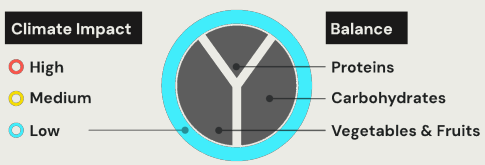
# Grosse Schanze | SNVF Generalversammlung
# SFNV-Generalversammlung
# 26.12.89 to 01.01.2090

For the digital meal plan with further details, scan the QR-Code!

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|---|
| Mixed Salads I Brewbee Sauce | Salatvariation | Salatvariation | Salatvariation | Salatvariation | Salatvariation |
| Planted Steak \| Baked potatoes I Autumn vegetables... | Planted steak \| Baked Potatoes \| Autumn vegetables \| Connies Ketchup (vegan) | Planted steak \| Baked Potatoes \| Autumn vegetables \| Connies Ketchup (vegan) | Planted steak \| Baked Potatoes \| Autumn vegetables \| Connies Ketchup (vegan) | Planted steak \| Baked Potatoes \| Autumn vegetables \| Connies Ketchup (vegan) | Planted steak \| Baked Potatoes \| Autumn vegetables \| Connies Ketchup (vegan) |
| Fusilli \| Yumame \| Knoblauch sauce \| Kürbis (vegan) | Fusilli Yumame | Fusilli Yumame | Fusilli Yumame | Fusilli Yumame | Fusilli Yumame |
| Seitangulasch \| Spätzli \| Miso-Wirsing | Seitangulasch \| Spätzli\| Miso-Wirsing (vegan) | Seitangulasch \| Spätzli\| Miso-Wirsing (vegan) | Seitangulasch \| Spätzli\| Miso-Wirsing (vegan) | Seitangulasch \| Spätzli\| Miso-Wirsing (vegan) | Seitangulasch \| Spätzli\| Miso-Wirsing (vegan) |
| Dattel Snicker (vegan) | Dattel Snicker (vegan) | Dattel Snicker (vegan) | Dattel Snicker (vegan) | Dattel Snicker (vegan) | Dattel Snicker (vegan) |
| Brownie \| hemp | Hanfsamen Brownie | Hanfsamen Brownie | Hanfsamen Brownie | Hanfsamen Brownie | Hanfsamen Brownie |

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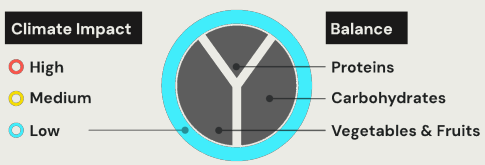
# Grosse Schanze | SNVF Generalversammlung
# SFNV-Generalversammlung
# 26.12.89 to 01.01.2090

For the digital meal plan with further details, scan the QR-Code!

| | Saturday | Sunday |
|---|---|---|
| Mixed Salads I Brewbee Sauce | Salatvariation | Salatvariation |
| Planted Steak \| Baked potatoes I Autumn vegetables... | Planted steak \| Baked Potatoes \| Autumn vegetables \| Connies Ketchup (vegan) | Planted steak \| Baked Potatoes \| Autumn vegetables \| Connies Ketchup (vegan) |
| Fusilli \| Yumame \| Knoblauch sauce \| Kürbis (vegan) | Fusilli Yumame | Fusilli Yumame |
| Seitangulasch \| Spätzli \| Miso-Wirsing | Seitangulasch \| Spätzli\| Miso-Wirsing (vegan) | Seitangulasch \| Spätzli\| Miso-Wirsing (vegan) |
| Dattel Snicker (vegan) | Dattel Snicker (vegan) | Dattel Snicker (vegan) |
| Brownie \| hemp | Hanfsamen Brownie | Hanfsamen Brownie |

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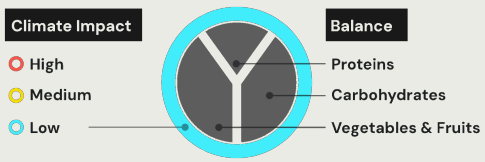
# Grosse Schanze | SNVF Generalversammlung
# SFNV-Generalversammlung
# 26.12.89 to 01.01.2090

For the digital meal plan with further details, scan the QR-Code!

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|---|
| New Roots white cheese variations incl. Swiss-Miso+... | NewRoots Cheese + Swiss Miso (vegan) | NewRoots Cheese + Swiss Miso (vegan) | NewRoots Cheese + Swiss Miso (vegan) | NewRoots Cheese + Swiss Miso (vegan) | NewRoots Cheese + Swiss Miso (vegan) |

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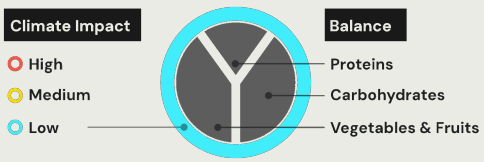
For the digital meal plan with further details, scan the QR-Code!

New Roots white cheese variations incl. Swiss-Miso+...

| Saturday | Sunday |
| --- | --- |
| NewRoots Cheese + Swiss Miso (vegan) | NewRoots Cheese + Swiss Miso (vegan) |

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