

# Grosse Schanze | SNVF Generalversammlung

## SFNV-Generalversammlung

### 28.12.54 to 03.01.2055

For the digital meal plan with further details, scan the QR-Code!



|                                                   | Monday                  | Tuesday                 | Wednesday               | Thursday                | Friday                  |
|---------------------------------------------------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|
| Menu                                              | SFNV-Generalversammlung | SFNV-Generalversammlung | SFNV-Generalversammlung | SFNV-Generalversammlung | SFNV-Generalversammlung |
| Tarte flambée I Umami Micro-greens (vegan)        |                         |                         |                         |                         |                         |
| NewRoots Chäsküechli                              |                         |                         |                         |                         |                         |
| Luya Bites I Daikon I NewRoots Cheese Pie (vegan) |                         |                         |                         |                         |                         |
| Jalapeno Ketchup I Fermented Vegetables           |                         |                         |                         |                         |                         |
| Miso Cauliflower soup (vegan)                     |                         |                         |                         |                         |                         |
| Tzatziki I Fennel I Pilsa Bread (vegan)           |                         |                         |                         |                         |                         |

Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.

Discover the climate impact of meals...

Climate Impact

- High
- Medium
- Low



Balance

- Proteins
- Carbohydrates
- Vegetables & Fruits

...and identify balanced nutrition.

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Menu  
Tarte flambée I Umami Micro-greens (vegan)  
NewRoots Chäsküechli  
Luya Bites I Daikon I NewRoots Cheese Pie (vegan)  
Jalapeno Ketchup I Fermented Vegetables  
Miso I Cauliflower soup (vegan)  
Tzatziki I Fennel I Pilsa Bread (vegan)

Saturday

Sunday

|                                                                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                                                                                  |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| SFNV-Generalversammlung                                                                                                                                                                                                                                                                    | SFNV-Generalversammlung                                                                                                                                                                                                                                                                          |
| <div><div></div><div></div></div>       | <div><div></div><div></div></div>       |
| Tarte flambée I Umami Micro-greens (vegan)                                                                                                                                                                                                                                                 | Tarte flambée I Umami Micro-greens (vegan)                                                                                                                                                                                                                                                       |
| <div><div></div><div></div></div>       | <div><div></div><div></div></div>       |
| NewRoots Chäsküechli                                                                                                                                                                                                                                                                       | NewRoots Chäsküechli                                                                                                                                                                                                                                                                             |
| <div><div></div><div></div></div>                                                                                                                                                                                                                                                          | <div><div></div><div></div></div>                                                                                                                                                                                                                                                                |
| Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiertes Gemüse                                                                                                                                                                                                                                 | Luya-Bites, Daikon, Jalapeno-Ketchup, fermentiertes Gemüse                                                                                                                                                                                                                                       |
| <div><div></div><div></div></div> | <div><div></div><div></div></div> |
| Miso Blumenkohlsuppe (vegan)                                                                                                                                                                                                                                                               | Miso Blumenkohlsuppe (vegan)                                                                                                                                                                                                                                                                     |
| <div><div></div><div></div></div> | <div><div></div><div></div></div> |
| Tzatziki, Fenchel, Pinsa Bread (vegan)                                                                                                                                                                                                                                                     | Tzatziki, Fenchel, Pinsa Bread (vegan)                                                                                                                                                                                                                                                           |
| <div><div></div><div></div></div> | <div><div></div><div></div></div> |

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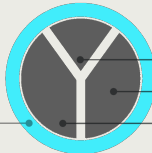
|                                                                                                                                                                                                 | Monday                                                                                                                                          | Tuesday                                                                                                                                         | Wednesday                                                                                                                                       | Thursday                                                                                                                                        | Friday                                                                                                                                          |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|
| Dattel Snicker (vegan)<br>Seitangulasch   Spätzli   Miso-Wirsing<br>Fusilli   Yumame<br>Planted steak   Baked Potatoes   Autumn vegetables   Connies Ketchup (vegan)<br>Salatvariation<br>Sauce | <div>Salatvariation</div> <div><div></div><div></div><div></div><div></div></div>                                                               | <div>Salatvariation</div> <div><div></div><div></div><div></div><div></div></div>                                                               | <div>Salatvariation</div> <div><div></div><div></div><div></div><div></div></div>                                                               | <div>Salatvariation</div> <div><div></div><div></div><div></div><div></div></div>                                                               | <div>Salatvariation</div> <div><div></div><div></div><div></div><div></div></div>                                                               |
|                                                                                                                                                                                                 | <div>Planted steak   Baked Potatoes   Autumn vegetables   Connies Ketchup (vegan)</div> <div><div></div><div></div><div></div><div></div></div> | <div>Planted steak   Baked Potatoes   Autumn vegetables   Connies Ketchup (vegan)</div> <div><div></div><div></div><div></div><div></div></div> | <div>Planted steak   Baked Potatoes   Autumn vegetables   Connies Ketchup (vegan)</div> <div><div></div><div></div><div></div><div></div></div> | <div>Planted steak   Baked Potatoes   Autumn vegetables   Connies Ketchup (vegan)</div> <div><div></div><div></div><div></div><div></div></div> | <div>Planted steak   Baked Potatoes   Autumn vegetables   Connies Ketchup (vegan)</div> <div><div></div><div></div><div></div><div></div></div> |
|                                                                                                                                                                                                 | <div>Fusilli Yumame</div> <div><div></div><div></div><div></div><div></div></div>                                                               | <div>Fusilli Yumame</div> <div><div></div><div></div><div></div><div></div></div>                                                               | <div>Fusilli Yumame</div> <div><div></div><div></div><div></div><div></div></div>                                                               | <div>Fusilli Yumame</div> <div><div></div><div></div><div></div><div></div></div>                                                               | <div>Fusilli Yumame</div> <div><div></div><div></div><div></div><div></div></div>                                                               |
|                                                                                                                                                                                                 | <div>Seitangulasch   Spätzli   Miso-Wirsing (vegan)</div> <div><div></div><div></div><div></div><div></div></div>                               | <div>Seitangulasch   Spätzli   Miso-Wirsing (vegan)</div> <div><div></div><div></div><div></div><div></div></div>                               | <div>Seitangulasch   Spätzli   Miso-Wirsing (vegan)</div> <div><div></div><div></div><div></div><div></div></div>                               | <div>Seitangulasch   Spätzli   Miso-Wirsing (vegan)</div> <div><div></div><div></div><div></div><div></div></div>                               | <div>Seitangulasch   Spätzli   Miso-Wirsing (vegan)</div> <div><div></div><div></div><div></div><div></div></div>                               |
|                                                                                                                                                                                                 | <div>Dattel Snicker (vegan)</div> <div><div></div><div></div><div></div><div></div></div>                                                       | <div>Dattel Snicker (vegan)</div> <div><div></div><div></div><div></div><div></div></div>                                                       | <div>Dattel Snicker (vegan)</div> <div><div></div><div></div><div></div><div></div></div>                                                       | <div>Dattel Snicker (vegan)</div> <div><div></div><div></div><div></div><div></div></div>                                                       | <div>Dattel Snicker (vegan)</div> <div><div></div><div></div><div></div><div></div></div>                                                       |
|                                                                                                                                                                                                 | <div>Hanfsamen Brownie</div> <div><div></div><div></div><div></div><div></div></div>                                                            | <div>Hanfsamen Brownie</div> <div><div></div><div></div><div></div><div></div></div>                                                            | <div>Hanfsamen Brownie</div> <div><div></div><div></div><div></div><div></div></div>                                                            | <div>Hanfsamen Brownie</div> <div><div></div><div></div><div></div><div></div></div>                                                            | <div>Hanfsamen Brownie</div> <div><div></div><div></div><div></div><div></div></div>                                                            |

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Brembeesauce | Mixed Salads | Baked potatoes | Autumn vegetables...  
Yumame | Yumame | Kürbis (vegan) | Kürbis (vegan) | Miso-Wirsing  
Spätzli | Spätzli | Dattel Snicker (vegan) | Dattel Snicker (vegan) | Hanfsamen Brownie

Saturday

Sunday

Salatvariation



Planted steak | Baked Potatoes | Autumn vegetables | Con-nies Ketchup (vegan)



Fusilli Yumame



Seitangulasch | Spätzli | Miso-Wirsing (vegan)



Dattel Snicker (vegan)



Hanfsamen Brownie



Salatvariation



Planted steak | Baked Potatoes | Autumn vegetables | Con-nies Ketchup (vegan)



Fusilli Yumame



Seitangulasch | Spätzli | Miso-Wirsing (vegan)



Dattel Snicker (vegan)



Hanfsamen Brownie



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New Roots white cheese variations incl. Swiss-Miso +...

Monday

NewRoots Cheese + Swiss Miso (vegan)



Tuesday

NewRoots Cheese + Swiss Miso (vegan)



Wednesday

NewRoots Cheese + Swiss Miso (vegan)



Thursday

NewRoots Cheese + Swiss Miso (vegan)



Friday

NewRoots Cheese + Swiss Miso (vegan)



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NewRoots Cheese + Swiss Miso (vegan)



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