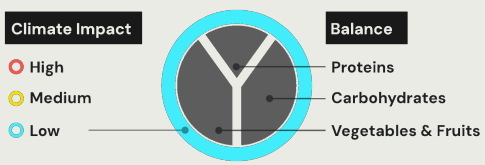
Grosse Schanze | SNVF Generalversammlung
SFNV-Generalversammlung
28.12.65 to 03.01.2066

For the digital meal planwithfurtherdetails, scan the QR-Code!

	Monday	Tuesday	Wednesday	Thursday	Friday
Menu	SFNV-Generalver-sammlung	SFNV-Generalver-sammlung	SFNV-Generalver-sammlung	SFNV-Generalver-sammlung	SFNV-Generalver-sammlung
Tarte flambée I Umami Micro-greens (vegan)	Tarte flambée I Uma-mi Micro-greens (ve-gan)	Tarte flambée I Uma-mi Micro-greens (ve-gan)	Tarte flambée I Uma-mi Micro-greens (ve-gan)	Tarte flambée I Uma-mi Micro-greens (ve-gan)	Tarte flambée I Uma-mi Micro-greens (ve-gan)
NewRoots Cheese Pie (vegan)	NewRoots Chäsküechli	NewRoots Chäsküechli	NewRoots Chäsküechli	NewRoots Chäsküechli	NewRoots Chäsküechli
Luya Bites I Daikon I Jalapeno Ketchup I Fer-...	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentierts Gemüse	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentierts Gemüse	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentierts Gemüse	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentierts Gemüse	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentierts Gemüse
Swiss Miso | Cauliflower soup (vegan)	Miso Blu-menkohlsuppe (veg-an)	Miso Blu-menkohlsuppe (veg-an)	Miso Blu-menkohlsuppe (veg-an)	Miso Blu-menkohlsuppe (veg-an)	Miso Blu-menkohlsuppe (veg-an)
s Tsatziki I Fennel I Pinsa bread (vegan)	Tzatziki, Fenchel, Pinsa Bread (vegan)	Tzatziki, Fenchel, Pinsa Bread (vegan)	Tzatziki, Fenchel, Pinsa Bread (vegan)	Tzatziki, Fenchel, Pinsa Bread (vegan)	Tzatziki, Fenchel, Pinsa Bread (vegan)

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Discover the climate impact of meals...



...and identify balanced nutrition.

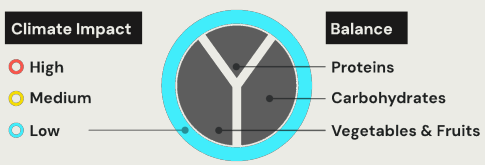
Grosse Schanze | SNVF Generalversammlung
SFNV-Generalversammlung
28.12.65 to 03.01.2066

For the digital meal plan with further details, scan the QR-Code!

Menu	Saturday	Sunday
SFNV-Generalversammlung	SFNV-Generalversammlung	SFNV-Generalversammlung
Tarte flambée I Umami Micro-greens (vegan)	Tarte flambée I Umami Micro-greens (vegan)	Tarte flambée I Umami Micro-greens (vegan)
NewRoots Chäsküechli	NewRoots Chäsküechli	NewRoots Chäsküechli
Luya Bites I Daikon I Jalapeno Ketchup I Fer-...	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentierts Gemüse	Luya-Bites, Daikon, Jalapeno-Ketchup, fermentierts Gemüse
Swiss Miso | Cauliflower soup (vegan)	Miso Blumenkohlsuppe (vegan)	Miso Blumenkohlsuppe (vegan)
s Tsatziki I Fennel I Pins sa bread (vegan)	Tzatziki, Fenchel, Pinsa Bread (vegan)	Tzatziki, Fenchel, Pinsa Bread (vegan)

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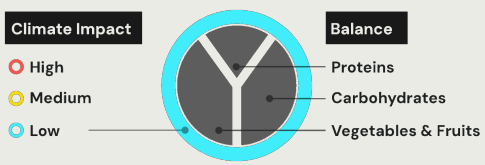
Grosse Schanze | SNVF Generalversammlung
SFNV-Generalversammlung
28.12.65 to 03.01.2066

For the digital meal plan with further details, scan the QR-Code!

	Monday	Tuesday	Wednesday	Thursday	Friday
Mixed Salads I Brewbee Sauce	Salatvariation	Salatvariation	Salatvariation	Salatvariation	Salatvariation
Planted Steak | Baked potatoes I Autumn vegetables...	Planted steak | Baked Potatoes | Autumn vegetables | Connies Ketchup (vegan)	Planted steak | Baked Potatoes | Autumn vegetables | Connies Ketchup (vegan)	Planted steak | Baked Potatoes | Autumn vegetables | Connies Ketchup (vegan)	Planted steak | Baked Potatoes | Autumn vegetables | Connies Ketchup (vegan)	Planted steak | Baked Potatoes | Autumn vegetables | Connies Ketchup (vegan)
Fusilli | Yumame | Knoblauch sauce | Kürbis (vegan)	Fusilli Yumame	Fusilli Yumame	Fusilli Yumame	Fusilli Yumame	Fusilli Yumame
Seitangulasch | Spätzli | Miso-Wirsing	Seitangulasch | Spätzli| Miso-Wirsing (vegan)	Seitangulasch | Spätzli| Miso-Wirsing (vegan)	Seitangulasch | Spätzli| Miso-Wirsing (vegan)	Seitangulasch | Spätzli| Miso-Wirsing (vegan)	Seitangulasch | Spätzli| Miso-Wirsing (vegan)
Dattel Snicker (vegan)	Dattel Snicker (vegan)	Dattel Snicker (vegan)	Dattel Snicker (vegan)	Dattel Snicker (vegan)	Dattel Snicker (vegan)
Brownie | hemp	Hanfsamen Brownie	Hanfsamen Brownie	Hanfsamen Brownie	Hanfsamen Brownie	Hanfsamen Brownie

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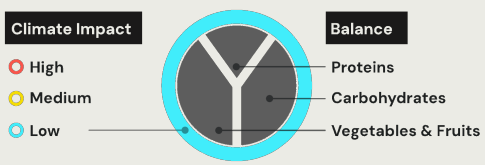
Grosse Schanze | SNVF Generalversammlung
SFNV-Generalversammlung
28.12.65 to 03.01.2066

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	Saturday	Sunday
Mixed Salads I Brewbee Sauce	Salatvariation	Salatvariation
Planted Steak | Baked potatoes I Autumn vegetables...	Planted steak | Baked Potatoes | Autumn vegetables | Connies Ketchup (vegan)	Planted steak | Baked Potatoes | Autumn vegetables | Connies Ketchup (vegan)
Fusilli | Yumame | Knoblauch sauce | Kürbis (vegan)	Fusilli Yumame	Fusilli Yumame
Seitangulasch | Spätzli | Miso-Wirsing	Seitangulasch | Spätzli| Miso-Wirsing (vegan)	Seitangulasch | Spätzli| Miso-Wirsing (vegan)
Dattel Snicker (vegan)	Dattel Snicker (vegan)	Dattel Snicker (vegan)
Brownie | hemp	Hanfsamen Brownie	Hanfsamen Brownie

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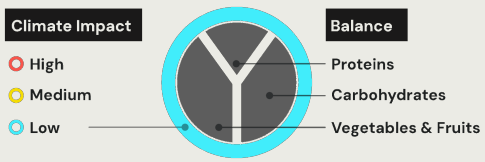
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SFNV-Generalversammlung
28.12.65 to 03.01.2066

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	Monday	Tuesday	Wednesday	Thursday	Friday
New Roots white cheese variations incl. Swiss-Miso+...	NewRoots Cheese + Swiss Miso (vegan)	NewRoots Cheese + Swiss Miso (vegan)	NewRoots Cheese + Swiss Miso (vegan)	NewRoots Cheese + Swiss Miso (vegan)	NewRoots Cheese + Swiss Miso (vegan)

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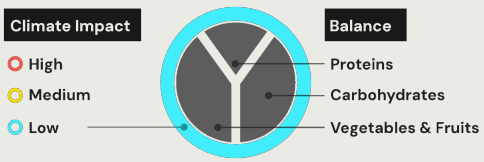
Grosse Schanze | SNVF Generalversammlung
SFNV-Generalversammlung
28.12.65 to 03.01.2066

For the digital meal plan with further details, scan the QR-Code!

	Saturday	Sunday
New Roots white cheese variations incl. Swiss-Miso+...	NewRoots Cheese + Swiss Miso (vegan)	NewRoots Cheese + Swiss Miso (vegan)

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