

# Grosse Schanze | SNVF Generalversammlung

## SFNV-Generalversammlung

### 10. to 16.02.2042

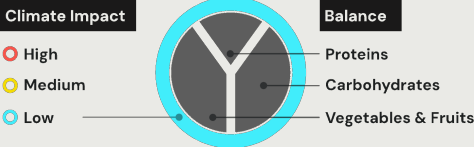
For the digital meal plan with further details, scan the QR-Code!



|                                                   | Monday                  | Tuesday                 | Wednesday               | Thursday                | Friday                  |
|---------------------------------------------------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|
| Menu                                              | SFNV-Generalversammlung | SFNV-Generalversammlung | SFNV-Generalversammlung | SFNV-Generalversammlung | SFNV-Generalversammlung |
| Tarte flambée I Umami Micro-greens (vegan)        |                         |                         |                         |                         |                         |
| NewRoots Chäsküechli                              |                         |                         |                         |                         |                         |
| Luya Bites I Daikon I NewRoots Cheese Pie (vegan) |                         |                         |                         |                         |                         |
| Jalapeno Ketchup I Fermented Vegetables           |                         |                         |                         |                         |                         |
| Miso Cauliflower soup (vegan)                     |                         |                         |                         |                         |                         |
| Tzatziki I Fennel I Pilsa Bread (vegan)           |                         |                         |                         |                         |                         |

Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.

Discover the climate impact of meals...



...and identify balanced nutrition.

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| Saturday                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                           | Sunday                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                           |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Menu<br>SFNV-Generalversammlung<br>Tarte flambée I Umami Micro-greens (vegan)<br>NewRoots Chäsküechli<br>Luya Bites I Daikon I New Roots Cheese Pie (vegan)<br>Miso I Cauliflower soup (vegan)<br>Tzatziki I Fennel I Pinsa Bread (vegan) | Menu<br>SFNV-Generalversammlung<br>Tarte flambée I Umami Micro-greens (vegan)<br>NewRoots Chäsküechli<br>Luya Bites I Daikon I New Roots Cheese Pie (vegan)<br>Miso I Cauliflower soup (vegan)<br>Tzatziki I Fennel I Pinsa Bread (vegan) | Menu<br>SFNV-Generalversammlung<br>Tarte flambée I Umami Micro-greens (vegan)<br>NewRoots Chäsküechli<br>Luya Bites I Daikon I New Roots Cheese Pie (vegan)<br>Miso I Cauliflower soup (vegan)<br>Tzatziki I Fennel I Pinsa Bread (vegan) | Menu<br>SFNV-Generalversammlung<br>Tarte flambée I Umami Micro-greens (vegan)<br>NewRoots Chäsküechli<br>Luya Bites I Daikon I New Roots Cheese Pie (vegan)<br>Miso I Cauliflower soup (vegan)<br>Tzatziki I Fennel I Pinsa Bread (vegan) |
|                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                           |
|                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                           |
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|                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                           |

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Discover the climate impact of meals...

Climate Impact

- High
- Medium
- Low



Balance

- Proteins
- Carbohydrates
- Vegetables & Fruits

...and identify balanced nutrition.

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|                                                                                                                                                                                                                                                                                            | Monday                                                                                                                                                                                                                                                                                     | Tuesday                                                                                                                                                                                                                                                                                    | Wednesday                                                                                                                                                                                                                                                                                        | Thursday                                                                                                                                                                                                                                                                                         | Friday                                                                                                                                                                                                                                                                                           |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Dattel Snicker (vegan)<br>Hanfsamen Brownie   hemp                                                                                                                                                                                                                                         | Salatvariation                                                                                                                                                                                                                                                                             | Salatvariation                                                                                                                                                                                                                                                                             | Salatvariation                                                                                                                                                                                                                                                                                   | Salatvariation                                                                                                                                                                                                                                                                                   | Salatvariation                                                                                                                                                                                                                                                                                   |
|                                                                                                                                                                                                                                                                                            | <div><div></div><div></div></div>       | <div><div></div><div></div></div>       | <div><div></div><div></div></div>             | <div><div></div><div></div></div>       | <div><div></div><div></div></div>       |
|                                                                                                                                                                                                                                                                                            | Planted steak   Baked Potatoes   Autumn vegetables   Connies Ketchup (vegan)                                                                                                                                                                                                               | Planted steak   Baked Potatoes   Autumn vegetables   Connies Ketchup (vegan)                                                                                                                                                                                                               | Planted steak   Baked Potatoes   Autumn vegetables   Connies Ketchup (vegan)                                                                                                                                                                                                                     | Planted steak   Baked Potatoes   Autumn vegetables   Connies Ketchup (vegan)                                                                                                                                                                                                                     | Planted steak   Baked Potatoes   Autumn vegetables   Connies Ketchup (vegan)                                                                                                                                                                                                                     |
|                                                                                                                                                                                                                                                                                            | <div><div></div><div></div></div>       | <div><div></div><div></div></div>       | <div><div></div><div></div></div>             | <div><div></div><div></div></div>       | <div><div></div><div></div></div>       |
|                                                                                                                                                                                                                                                                                            | Fusilli Yumame                                                                                                                                                                                                                                                                             | Fusilli Yumame                                                                                                                                                                                                                                                                             | Fusilli Yumame                                                                                                                                                                                                                                                                                   | Fusilli Yumame                                                                                                                                                                                                                                                                                   | Fusilli Yumame                                                                                                                                                                                                                                                                                   |
|                                                                                                                                                                                                                                                                                            | <div><div></div><div></div></div> | <div><div></div><div></div></div> | <div><div></div><div></div></div>       | <div><div></div><div></div></div> | <div><div></div><div></div></div> |
| Seitangulasch   Spätzli   Miso-Wirsing (vegan)                                                                                                                                                                                                                                             | Seitangulasch   Spätzli   Miso-Wirsing (vegan)                                                                                                                                                                                                                                             | Seitangulasch   Spätzli   Miso-Wirsing (vegan)                                                                                                                                                                                                                                             | Seitangulasch   Spätzli   Miso-Wirsing (vegan)                                                                                                                                                                                                                                                   | Seitangulasch   Spätzli   Miso-Wirsing (vegan)                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                                                  |
| <div><div></div><div></div></div> | <div><div></div><div></div></div> | <div><div></div><div></div></div> | <div><div></div><div></div></div> | <div><div></div><div></div></div> |                                                                                                                                                                                                                                                                                                  |
| Dattel Snicker (vegan)                                                                                                                                                                                                                                                                     | Dattel Snicker (vegan)                                                                                                                                                                                                                                                                     | Dattel Snicker (vegan)                                                                                                                                                                                                                                                                     | Dattel Snicker (vegan)                                                                                                                                                                                                                                                                           | Dattel Snicker (vegan)                                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                  |
| <div><div></div><div></div></div> | <div><div></div><div></div></div> | <div><div></div><div></div></div> | <div><div></div><div></div></div> | <div><div></div><div></div></div> |                                                                                                                                                                                                                                                                                                  |
| Hanfsamen Brownie                                                                                                                                                                                                                                                                          | Hanfsamen Brownie                                                                                                                                                                                                                                                                          | Hanfsamen Brownie                                                                                                                                                                                                                                                                          | Hanfsamen Brownie                                                                                                                                                                                                                                                                                | Hanfsamen Brownie                                                                                                                                                                                                                                                                                |                                                                                                                                                                                                                                                                                                  |
| <div><div></div><div></div></div> | <div><div></div><div></div></div> | <div><div></div><div></div></div> | <div><div></div><div></div></div> | <div><div></div><div></div></div> |                                                                                                                                                                                                                                                                                                  |

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- High
- Medium
- Low



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Brembeesauce | Mixed Salads | Baked potatoes | Autumn vegetables...  
 Yumame | Knoblau | Fusilli | Miso-Wirsing | Seitangulasch | Spätzli | Dattel Snicker (vegan) | Hanfsamen Brownie |

Saturday

Sunday

Salatvariation



Planted steak | Baked Potatoes | Autumn vegetables | Con-nies Ketchup (vegan)



Fusilli Yumame



Seitangulasch | Spätzli | Miso-Wirsing (vegan)



Dattel Snicker (vegan)



Hanfsamen Brownie



Salatvariation



Planted steak | Baked Potatoes | Autumn vegetables | Con-nies Ketchup (vegan)



Fusilli Yumame



Seitangulasch | Spätzli | Miso-Wirsing (vegan)



Dattel Snicker (vegan)



Hanfsamen Brownie



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New Roots white cheese variations incl. Swiss-Miso +...

| Monday                                                                                                                                                                                                                                                                                                                                  | Tuesday                                                                                                                                                                                                                                                                                                                                 | Wednesday                                                                                                                                                                                                                                                                                                                               | Thursday                                                                                                                                                                                                                                                                                                                                        | Friday                                                                                                                                                                                                                                                                                                                                          |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| NewRoots Cheese + Swiss Miso (vegan)                                                                                                                                                                                                                                                                                                    | NewRoots Cheese + Swiss Miso (vegan)                                                                                                                                                                                                                                                                                                    | NewRoots Cheese + Swiss Miso (vegan)                                                                                                                                                                                                                                                                                                    | NewRoots Cheese + Swiss Miso (vegan)                                                                                                                                                                                                                                                                                                            | NewRoots Cheese + Swiss Miso (vegan)                                                                                                                                                                                                                                                                                                            |
|     |     |     |     |     |

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New Roots white cheese variations incl. Swiss-Miso +...

Saturday

NewRoots Cheese + Swiss Miso (vegan)



Sunday

NewRoots Cheese + Swiss Miso (vegan)



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