

# HSLU Arkade | Restaurant

## HSLU Eröffnungsanlass

### 04. to 10.11.2019

For the digital meal plan with further details, scan the QR-Code!



|                                                           | Monday                                                                                                                                                                                 | Tuesday                                                                                                                                                                                | Wednesday                                                                                                                                                                              | Thursday                                                                                                                                                                                   | Friday                                                                                                                                                                                     |
|-----------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Pinsa Muhammara Bimi  <br>Randen charcuterie, Lin-...     | Vorspeisen<br><br>   | Vorspeisen<br><br>   | Vorspeisen<br><br>   | Vorspeisen<br><br>   | Vorspeisen<br><br>   |
| Korean Luya Bao Bun  <br>Spargel/risotto, Radleschen  ... | Hauptgang<br><br>                                                                                     | Hauptgang<br><br>                                                                                     | Hauptgang<br><br>                                                                                     | Hauptgang<br><br>                                                                                       | Hauptgang<br><br>                                                                                       |
| Heidelbeer Cake   Dattel<br>Snickers, Fleur de Sel        | Dessert<br><br>  | Dessert<br><br>  | Dessert<br><br>  | Dessert<br><br>  | Dessert<br><br>  |
| Nachhaltiger Genuss mit Ve-<br>rantwortung                | Flying Dinner<br><br>                                                                               | Flying Dinner<br><br>                                                                               | Flying Dinner<br><br>                                                                               | Flying Dinner<br><br>                                                                                 | Flying Dinner<br><br>                                                                                 |

Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.



Discover the climate impact of meals...



...and identify balanced nutrition.

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|                                                           | Saturday                            | Sunday                              |
|-----------------------------------------------------------|-------------------------------------|-------------------------------------|
| Pinsa Muhammara Bimi  <br>Randan charcuterie, Lin-...     | <p>Vorspeisen</p> <p>○</p> <p>🚫</p> | <p>Vorspeisen</p> <p>○</p> <p>🚫</p> |
| Korean Luya Bao Bun  <br>Spargel/risotto, Radleschen  ... | <p>Hauptgang</p> <p>○</p>           | <p>Hauptgang</p> <p>○</p>           |
| Heidelbeer Cake   Dattel<br>Snickers, Fleur de Sel        | <p>Dessert</p> <p>○</p> <p>🚫</p>    | <p>Dessert</p> <p>○</p> <p>🚫</p>    |
| Nachhaltiger Genuss mit Ve-<br>rantwortung                | <p>Flying Dinner</p> <p>○</p>       | <p>Flying Dinner</p> <p>○</p>       |

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Discover the climate impact of meals...

#### Climate Impact

- High
- Medium
- Low



#### Balance

- Proteins
- Carbohydrates
- Vegetables & Fruits

...and identify balanced nutrition.