

Kantonaler Sozialdienst | Aarau

Tagesverpflegung

29.12.25 to 04.01.2026

For the digital meal plan with further details, scan the QR-Code!



	Monday	Tuesday	Wednesday	Thursday	Friday
Frühstück			Kaffee, Milch, Brot, Konfiture, Butter 5.10	Kaffee, Milch, Brot, Konfiture, Butter 5.10	Kaffee, Milch, Brot, Konfiture, Butter 5.10
Vegi Mittag				Blattsalat, Broccoli Nuggets, Salzkartoffeln, Cremiger Spinat 7.25	Blattsalat, Quorn Geschnitztes Creme Sauce, Trockenreis, Erbsen & Karotten 7.25
Menü Mittag				Blattsalat, Schlemmerfilet Bordelaise, Salzkartoffeln, Cremiger Spinat 7.25	Blattsalat, Geflügel Bratkügel, Creme Sauce, Trockenreis, Erbsen & Karotten 7.25
Abend Vegi				Kabis Salat, Spiralen Pasta, Linsen Bolognaise, Reibkäse 7.25	Blattsalat, Kichererbsen Gemüse Tajine, Bulgur 7.25

Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.



Discover the climate impact of meals...



...and identify balanced nutrition.

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	Saturday	Sunday
Frühstück	Kaffee, Milch, Brot, Konfiture, Butter 5.10 	Kaffee, Milch, Brot, Konfiture, Butter 5.10 
Vegi Mittag	Blattalat, Bulgur Gemüse Patty, Rosmarinsauce, Bratkartoffeln, Broccoli 7.25  	Blattalat, Linsen Gemüse Ragout, Paprikasauce, Trockenreis, Bohnen 7.25   
Menü Mittag	Blattalat, Poulet Ragout, Rosmarinsauce, Bratkartoffeln, Broccoli 7.25   	Tagessuppe, Kalbs Hacksteak, Paprikasauce, Trockenreis, Bohnen 7.25 
Abend Vegi	Tagessuppe, Polenta Gnocchi, mediterranes, Kürbis-gemüse, Reibkäse 7.25  	Gemüse Rösti, Randen Hüttenkäse, Apfel Salat 7.25   

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Discover the climate impact of meals...

Climate Impact

- High
- Medium
- Low



Balance

- Proteins
- Carbohydrates
- Vegetables & Fruits

...and identify balanced nutrition.