

Kantonaler Sozialdienst | Aarau

Tagesverpflegung

05. to 11.01.2026

For the digital meal plan with further details, scan the QR-Code!



	Monday	Tuesday	Wednesday	Thursday	Friday
Frühstück	Kaffee, Milch, Brot, Konfiture, Butter  5.10	Kaffee, Milch, Brot, Konfiture, Butter  5.10	Kaffee, Milch, Brot, Konfiture, Butter  5.10	Kaffee, Milch, Brot, Konfiture, Butter  5.10	Kaffee, Milch, Brot, Konfiture, Butter  5.10
Vegi Mittag	Blattsalat, Pflanzliche Wurst, Braten Sauce, Ofenkartoffeln, Karotten     7.25	Tagessuppe, Pflanzliche Cevapcici, Ratatouille, Trockenreis   7.25	Blattsalat, Protaneo Streifen, Paprikasauce, Salzkartoffeln, Broccoli     7.25	Karotten Salat, Soja Gemüse Gehacktes, Hörnli Teigwaren, Reibkäse   7.25	Blattsalat, Kichererbsen Gemüse, Tikka Masala, Trockenreis, Blattspinat     7.25
Menü Mittag	Blattsalat, Geflügel Fleischkäse, Braten Sauce, Ofenkartoffeln, Karotten   7.25	Tagessuppe, Lamm & Rindfleisch, Cevapcici, Ratatouille, Trockenreis  7.25	Blattsalat, Trutenragout, Paprikasauce, Salzkartoffeln, Broccoli    7.25	Karotten Salat, Rinds Gehacktes, Hörnli Teigwaren, Reibkäse  7.25	Blattsalat, Poulet Schenkel, Tikka Masala, Trockenreis, Blattspinat    7.25
Abend Vegi	Bohnen Salat, Gebackene Gnocchi, Tomaten, Mozzarella, Hartkäse   7.25	Blattsalat, Shepherd's Pie, Linsen Gemüse, Ragout, Kartoffeln, Cheddar Käse    7.25	Blattsalat, Aloo Gobi, Kichererbsen, Gemüse Eintopf, Trockenreis     7.25	Tagessuppe, Gemüse, Kräuter, Kartoffel Frittata   7.25	Gurken Salat, Bami Goreng, Nudeln, Tofu, Wokgemüse    7.25

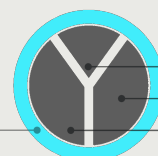
Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.



Discover the climate impact of meals...

Climate Impact

- High
- Medium
- Low



Balance

- Proteins
- Carbohydrates
- Vegetables & Fruits

...and identify balanced nutrition.

Kantonaler Sozialdienst | Aarau

Tagesverpflegung

05. to 11.01.2026

For the digital meal plan with further details, scan the QR-Code!



	Saturday	Sunday
Frühstück	Kaffee, Milch, Brot, Konfiture, Butter 5.10 	Kaffee, Milch, Brot, Konfiture, Butter 5.10 
Vegi Mittag	Tagessuppe, Veganes Burger Patty, Senfsauce, Kartoffelstock, Rotkraut 7.25  	Blattsalat, Tofu Ragout, milde Curry Sauce, Trockenreis, Bohnen Gemüse 7.25   
Menü Mittag	Tagessuppe, Geflügel Bratwurst, Senfsauce, Kartoffelstock, Rotkraut 7.25 	Blattsalat, Pangasius Ragout, milde Curry Sauce, Trockenreis, Bohnen Gemüse 7.25   
Abend Vegi	Blattsalat, Gemüse Kichererbsen Ragout, Bulgur 7.25   	Blattsalat, Farfalle Gemüse Gratin 7.25  

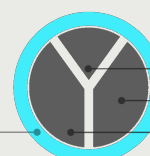
Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.



Discover the climate impact of meals...

Climate Impact

- High
- Medium
- Low



Balance

- Proteins
- Carbohydrates
- Vegetables & Fruits

...and identify balanced nutrition.