

Kantonaler Sozialdienst | Aarau

Tagesverpflegung

11. to 17.05.2026

For the digital meal plan with further details, scan the QR-Code!



	Monday	Tuesday	Wednesday	Thursday	Friday
Frühstück	Kaffee, Milch, Brot, Konfiture, Butter 5.10	Kaffee, Milch, Brot, Konfiture, Butter 5.10	Kaffee, Milch, Brot, Konfiture, Butter 5.10	Kaffee, Milch, Brot, Konfiture, Butter 5.10	Kaffee, Milch, Brot, Konfiture, Butter 5.10
Vegi Mittag	Blattsalat, Tofu Kräuterpiccata, Tomatensauce, Teigwaren  7.25	Blattsalat, Kichererbsen Gemüse Tajine, Bulgur   7.25	Gurken Salat, Linsen Dal Tarka, Couscous   7.25	Blattsalat, Rösti Taschen, Grillgemüse   7.25	Randensalat, Linsen Tätschli, Paprika Sauce, Trockenreis, Bohnen   7.25
Abend Vegi	Tagesfrucht, Tofu Gyros Style, Ofenkartoffeln, Blumenkohl    7.25	Tagesfrucht, Tomaten Sauce, Teigwaren   7.25	Tagesfrucht, Linsen Tätschli, Paprika Sauce, Trockenreis, Bohnen   7.25	Tagesfrucht, Bulgur Gemüse Patty, Rosmarinsauce, Bratkartoffeln, Broccoli   7.25	Tagesfrucht, Kabis Salat, Gemüse Nuggets, vegan, Trockenreis, Gewürzte Mayon-...   7.25

Updates 4_Baden

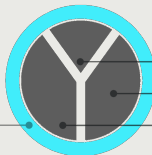
Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.



Discover the climate impact of meals...

Climate Impact

- High
- Medium
- Low



Balance

- Proteins
- Carbohydrates
- Vegetables & Fruits

...and identify balanced nutrition.

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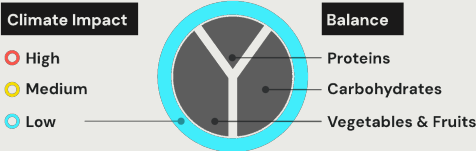
	Saturday	Sunday
Frühstück	Kaffee, Milch, Brot, Konfiture, Butter 5.10	Kaffee, Milch, Brot, Konfiture, Butter 5.10
Vegi Mittag	Kartoffelsalat, Omelettes nature, Blattspinat 7.25 	Gurken Salat, Spätzli Gemüse Pfanne 7.25 
Abend Vegi	Tagesfrucht, Cipollata, vegan, BBQ Sauce, vegan, Bulgur, Karotten Erbsen Gemüse 7.25 	Tagesfrucht, Protaneo Chili, Bohnen, Mais, Trockenreis 7.25 

Updates 4_Baden

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...and identify balanced nutrition.