

Kantonaler Sozialdienst | Aarau

Tagesverpflegung

27.07 to 02.08.2026

For the digital meal plan with further details, scan the QR-Code!



	Monday	Tuesday	Wednesday	Thursday	Friday
Frühstück Haferflocken	Kaffee, Milch, Brot, Haferflocken, Butter 5.10	Kaffee, Milch, Brot, Haferflocken, Butter 5.10	Kaffee, Milch, Brot, Haferflocken, Butter 5.10	Kaffee, Milch, Brot, Haferflocken, Butter 5.10	Kaffee, Milch, Brot, Haferflocken, Butter 5.10
Frühstück	Kaffee, Milch, Brot, Konfiture, Butter 5.10	Kaffee, Milch, Brot, Konfiture, Butter 5.10	Kaffee, Milch, Brot, Konfiture, Butter 5.10	Kaffee, Milch, Brot, Konfiture, Butter 5.10	Kaffee, Milch, Brot, Konfiture, Butter 5.10
Vegi Mittag	Karotten Salat, LUYA GESCHNETZELTES, Cremesauce, Salzkartoffeln, Karotten & Erbsen 7.25	Blattsalat, PESTOCREME SAUCE, Teigwaren, Reibkäse 7.25	Maissalat, CANNELLONI RICOTTA & SPINAT 7.25	Blattsalat, DAL EINTOPF MIT HÜLSENFRÜCHTEN, Bulgur, Buntes Gemüse 7.25	Gurken Salat, GEMÜSE SCHNITZEL, Bohnen in Tomatensauce, Trockenreis 7.25
Abend Vegi	Tagesfrucht, LINSEN TÄTSCHLI, Braten Sauce, Kurkumareis, Buntes Gemüse 7.25	Tagesfrucht, PATTY VEGAN, BBQ Sauce vegan, Geschälte Bratkartoffeln, Bohnen 7.25	Tagesfrucht, QUORN GESCHNETZELTES CREME SAUCE, Trockenreis, Erbsen & Karotten 7.25	Tagesfrucht, SWEET & SOUR TOFU RAGOUT, Trockenreis, Broccoli 7.25	Tagesfrucht, 5 Stk. GREEN MOUNTAIN BALLS, Curry Sauce vegan, Geschälte Bratkartoffeln,... 7.25

Updates 3_Baden

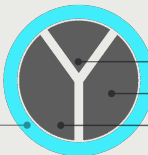
Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.



Discover the climate impact of meals...

Climate Impact

- High
- Medium
- Low



Balance

- Proteins
- Carbohydrates
- Vegetables & Fruits

...and identify balanced nutrition.

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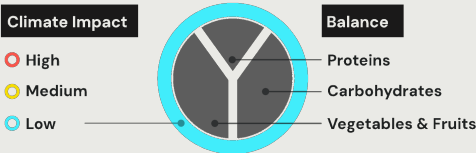
	Saturday	Sunday
Frühstück Haferflocken	Kaffee, Milch, Brot, Haferflocken, Butter 5.10	Kaffee, Milch, Brot, Haferflocken, Butter 5.10
Frühstück	Kaffee, Milch, Brot, Konfiture, Butter 5.10	Kaffee, Milch, Brot, Konfiture, Butter 5.10
Vegi Mittag	Blattsalat, 6 Stk. FALAFEL VEGAN, Trockenreis, Ratatouille 7.25 	Randensalat, LINSEN DAL TARKA, Couscous 7.25 
Abend Vegi	Tagesfrucht, DAL EINTOPF MIT HÜLSENFRÜCHTEN 7.25 	Tagesfrucht, RAVIOLINI VEGAN, Tomatensauce, Reibkäse 7.25 

Updates 3_Baden

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Discover the climate impact of meals...



...and identify balanced nutrition.