

# Kantonaler Sozialdienst | Aarau

## Tagesverpflegung

31.08 to 06.09.2026

For the digital meal plan with further details, scan the QR-Code!



|                        | Monday                                                                                                                                                                 | Tuesday                                                                                                                                                                                    | Wednesday                                                                                                                                                                             | Thursday                                                                                                                                                       | Friday                                                                                                                                                                         |
|------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Frühstück Haferflocken | <div>Kaffee, Milch<br/>Brot, Haferflocken,<br/>Butter</div> <div>5.10</div>                                                                                            | <div>Kaffee, Milch<br/>Brot, Haferflocken,<br/>Butter</div> <div>5.10</div>                                                                                                                | <div>Kaffee, Milch<br/>Brot, Haferflocken,<br/>Butter</div> <div>5.10</div>                                                                                                           | <div>Kaffee, Milch<br/>Brot, Haferflocken,<br/>Butter</div> <div>5.10</div>                                                                                    | <div>Kaffee, Milch<br/>Brot, Haferflocken,<br/>Butter</div> <div>5.10</div>                                                                                                    |
| Frühstück              | <div>Kaffee, Milch<br/>Brot, Konfiture, Butter</div> <div>5.10</div>                                                                                                   | <div>Kaffee, Milch<br/>Brot, Konfiture, Butter</div> <div>5.10</div>                                                                                                                       | <div>Kaffee, Milch<br/>Brot, Konfiture, Butter</div> <div>5.10</div>                                                                                                                  | <div>Kaffee, Milch<br/>Brot, Konfiture, Butter</div> <div>5.10</div>                                                                                           | <div>Kaffee, Milch<br/>Brot, Konfiture, Butter</div> <div>5.10</div>                                                                                                           |
| Vegi Mittag            | <div>DAL EINTOPF MIT<br/>HÜLSENFRÜCHTEN<br/>Bulgur, Buntes<br/>Gemüse, Maissalat</div> <div><div><div></div></div><div></div><div></div></div> <div>7.25</div>         | <div>SOJA GEHACKTES<br/>MIT GEMÜSE<br/>Teigwaren, Reibkäse,<br/>Blattsalat</div> <div><div></div><div></div><div></div></div> <div>7.25</div>                                              | <div>CANNELLONI RICOT-<br/>TA &amp; SPINAT<br/>Blattsalat</div> <div><div></div><div></div><div></div></div> <div>7.25</div>                                                          | <div>LUYA GESCHNET-<br/>ZELTES<br/>Cremesauce,<br/>Salzkartoffeln,<br/>Schonkostgemüse,...</div> <div><div></div><div></div><div></div></div> <div>7.25</div>  | <div>GEMÜSE SCHNITZEL<br/>Bohnen in Tomaten-<br/>sauce, Trockenreis,<br/>Blattsalat</div> <div><div></div><div></div><div></div></div> <div>7.25</div>                         |
| Abend Vegi             | <div>LINSEN TÄTSCHLI<br/>Braten Sauce, Kurku-<br/>mareis, Buntes<br/>Gemüse, Tagesfrucht</div> <div><div></div><div></div><div></div><div></div></div> <div>7.25</div> | <div>PATTY VEGAN<br/>Senfsauce, Trocken-<br/>reis, Karotten Erb-<br/>sen Gemüse gedün-<br/>stet, Tagesfrucht</div> <div><div></div><div></div><div></div><div></div></div> <div>7.25</div> | <div>QUORN GESCHNET-<br/>ZELTES CREME<br/>SAUCE<br/>Trockenreis, Erbsen &amp;<br/>Karotten, Tagesfrucht</div> <div><div></div><div></div><div></div><div></div></div> <div>7.25</div> | <div>SWEET &amp; SOUR TOFU<br/>RAGOUT<br/>Trockenreis, Broccoli,<br/>Tagesfrucht</div> <div><div></div><div></div><div></div><div></div></div> <div>7.25</div> | <div>5 Stk. GREEN MOUN-<br/>TAIN BALLS<br/>Curry Sauce veg-<br/>an, Teigwaren, Tages-<br/>frucht</div> <div><div></div><div></div><div></div><div></div></div> <div>7.25</div> |

Updates 3\_Baden

Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.



Discover the climate impact of meals...



...and identify balanced nutrition.

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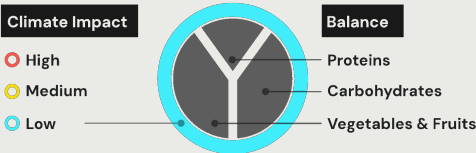
|                        | Saturday                                                                                                                                                                                      | Sunday                                                                                                                                                                                     |
|------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Frühstück Haferflocken | <div><div>Kaffee, Milch</div><div>Brot, Haferflocken, Butter</div><div>5.10</div></div>                                                                                                       | <div><div>Kaffee, Milch</div><div>Brot, Haferflocken, Butter</div><div>5.10</div></div>                                                                                                    |
| Frühstück              | <div><div>Kaffee, Milch</div><div>Brot, Konfiture, Butter</div><div>5.10</div></div>                                                                                                          | <div><div>Kaffee, Milch</div><div>Brot, Konfiture, Butter</div><div>5.10</div></div>                                                                                                       |
| Vegi Mittag            | <div><div>BRATWURST, VEGI</div><div>Trockenreis, Ratatouille, Gurken Salat</div><div><div>7.25</div><div><div><div></div></div><div><div></div></div><div><div></div></div></div></div></div> | <div><div>LINSEN DAL TARKA</div><div>Trockenreis, Randensalat</div><div><div>7.25</div><div><div><div></div></div><div><div></div></div><div><div></div></div></div></div></div>           |
| Abend Vegi             | <div><div>DAL EINTOPF MIT HÜLSENFRÜCHTEN</div><div>Tagesfrucht</div><div><div>7.25</div><div><div><div></div></div><div><div></div></div><div><div></div></div></div></div></div>             | <div><div>RAVIOLINI VEGAN</div><div>Tomatensauce, Reibkäse, Tagesfrucht</div><div><div>7.25</div><div><div><div></div></div><div><div></div></div><div><div></div></div></div></div></div> |

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