



	Monday	Tuesday	Wednesday	Thursday	Friday
Frühstück	Kaffee, Milch, Brot, Konfiture, Butter 5.10	Kaffee, Milch, Brot, Konfiture, Butter 5.10	Kaffee, Milch, Brot, Konfiture, Butter 5.10	Kaffee, Milch, Brot, Konfiture, Butter 5.10	Kaffee, Milch, Brot, Konfiture, Butter 5.10
Vegi Mittag	Blattsalat, Canneloni Gemüsefüllung, Reibkäse Alternative 7.25	Karotten Salat, Tofuwürfel, milde Curry Sauce, Trockenreis 7.25	Tagesfrucht, Pflanzliche Bratwurst, Braten Sauce, Bratkartoffeln, Broccoli 7.25	Blattsalat, Penne Napoli, Tomaten Sauce, Reibkäse 7.25	Tagesfrucht, Fried Rice, Wokgemüse, Tofu 7.25
Menü Mittag	Blattsalat, Lasagne Bolognese, mit Rindfleisch 7.25	Karotten Salat, Pouletwürfel, milde Curry Sauce, Trockenreis 7.25	Tagesfrucht, 100% Kalbs Bratwurst, Braten Sauce, Bratkartoffeln, Broccoli 7.25	Blattsalat, Penne Cinque Pi, mit Trutenschinken, Reibkäse 7.25	Tagesfrucht, Fried Rice, Wokgemüse, kleine Garnelen 7.25
Abend Vegi	Tagesfrucht, Plant based Balls, Preiselbeer Sauce, Kartoffelstock, Rosenkohl 7.25	Tagesfrucht, Farfalle Teigwaren, Grillgemüse Sauce, Reibkäse 7.25	Gurken Salat, Tikka Masala Sauce, Paneer Frischkäse, Trockenreis 7.25	Tagesfrucht, Ebly Gemüse Paella, mit Bohnen und Tofu 7.25	Kabis Salat, Müscheli Teigwaren, Soja Bolognese, Reibkäse 7.25

Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.



Discover the climate impact of meals...

Climate Impact

- High
- Medium
- Low



Balance

- Proteins
- Carbohydrates
- Vegetables & Fruits

...and identify balanced nutrition.

Kantonaler Sozialdienst | Aarau

Tagesverpflegung

19. to 25.01.2026

For the digital meal plan with further details, scan the QR-Code!



Saturday

Sunday

Frühstück

Kaffee, Milch, Brot, Konfiture, Butter

Kaffee, Milch, Brot, Konfiture, Butter

5.10

5.10

Vegi Mittag

Tagesfrucht, Seitan Geschnetztes, Bratkartoffeln, Buntes Gemüse

Tagesfrucht, Luya Geschnetztes, Cremesauce, Farfalle Teigwaren, Karotten & Erbsen

7.25

7.25

Menü Mittag

Tagesfrucht, Rind Hackbraten, Braten Sauce, Bratkartoffeln, Buntes Gemüse

Tagesfrucht, Trutenragout, Crèmesauce, Farfalle Teigwaren, Karotten & Erbsen

7.25

7.25

Abend Vegi

Blattsalat, Linsen Dal Tarka, Trockenreis, Blattspinat

Blattsalat, Gnocchi Pfanne, Lattich, Dörrtomaten, Champignons, Hummus Sauce

7.25

7.25

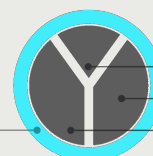
Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.



Discover the climate impact of meals...

Climate Impact

- High
- Medium
- Low



Balance

- Proteins
- Carbohydrates
- Vegetables & Fruits

...and identify balanced nutrition.