

Kantonaler Sozialdienst | Aarau

Tagesverpflegung

16. to 22.02.2026

For the digital meal plan with further details, scan the QR-Code!



	Monday	Tuesday	Wednesday	Thursday	Friday
Frühstück	Kaffee, Milch, Brot, Konfiture, Butter  5.10	Kaffee, Milch, Brot, Konfiture, Butter  5.10	Kaffee, Milch, Brot, Konfiture, Butter  5.10	Kaffee, Milch, Brot, Konfiture, Butter  5.10	Kaffee, Milch, Brot, Konfiture, Butter  5.10
Vegi Mittag	Tagesfrucht, Tikka Masala Sauce, Falafel Vegan, Trockenreis     7.25	Tagesfrucht, Nordafrikanischer Eintopf, Pita Brot    7.25	Blattsalat, Teigwaren, Grillgemüse Sauce, Reibkäse   7.25	Tagesfrucht, Linsen Dal Tarka, Trockenreis, Blattspinat     7.25	Tagesfrucht, Plant based Balls, Preiselbeer Sauce, Kartoffelstock, Rosenkohl    7.25
Abend Vegi	Gurken Salat, Cannelloni Gemüsefüllung, Reibkäse Alternative    7.25	Karotten Salat, Tofuwürfel, milde Curry Sauce, Trockenreis     7.25	Tagesfrucht, Pflanzliche Bratwurst, Braten Sauce, Bratkartoffeln, Broccoli     7.25	Blattsalat, Pasta Napoli, Tomaten Sauce, Reibkäse   7.25	Blattsalat, Fried Rice, Wokgemüse, Tofu    7.25

Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.



Discover the climate impact of meals...

Climate Impact

- High
- Medium
- Low



Balance

- Proteins
- Carbohydrates
- Vegetables & Fruits

...and identify balanced nutrition.

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	Saturday	Sunday
Frühstück	Kaffee, Milch, Brot, Konfiture, Butter 5.10	Kaffee, Milch, Brot, Konfiture, Butter 5.10
Vegi Mittag	Kabis Salat, Teigwaren, Soja Bolognaise, Reibkäse 7.25	Blattsalat, Ebly Gemüse Paella, mit Bohnen und Tofu 7.25
Abend Vegi	Tagesfrucht, Seitan Geschnetzelt, Bratkartoffeln, Buntes Gemüse 7.25	Tagesfrucht, Luya Geschnetzelt, Cremesauce, Farfalle Teigwaren, Karotten & Erbsen 7.25

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...and identify balanced nutrition.